



2004-05

# MEN'S & WOMEN'S SWIMMING

# A Look at Kutztown University of Pennsylvania



## **History:**

Kutztown University of Pennsylvania, a member of the Pennsylvania State System of Higher Education, was founded in 1866 as Keystone Normal School. It became Kutztown State Teachers College in 1928, Kutztown State College in 1960, and achieved university status in 1983. Today, Kutztown University is a modern, comprehensive institution and is accredited by the Middle States Association of Colleges and Secondary Schools.

## **Location:**

Kutztown University's picturesque 325-acre campus is located in a Pennsylvania Dutch community mid-way between Allentown and Reading. Several large cities are easily accessible, including Philadelphia and New York.

## **Enrollment:**

Approximately 9,400 full- and part-time undergraduate and graduate students. Most are Pennsylvania residents, but students from 19 states and 39 nations are represented in the student body: 62% women, 38% men.

## **Academic Year:**

Consists of two 15-week terms. The university also offers classes during two five-week summer sessions.

## **Faculty:**

Teaching-focused with scholarly expertise; many are engaged in research, student/faculty research, writing and consulting. There is a 19:1 student/faculty ratio.

## **Majors/Degrees:**

KU has nearly 60 undergraduate majors in the Colleges of Liberal Arts and Sciences, Visual and Performing Arts, Business, and Education. There are 19 graduate degree programs within the College of Graduate Studies and Extended Learning. Degrees at Kutztown include the B.A., B.F.A., B.S.B.A., B.S.N., B.S.W., B.S.Ed.; M.A., M.B.A., M.P.A., M.L.S., M.S., and M.Ed.

## **Special Academic Programs:**

There are honors programs throughout the undergraduate curriculum, Phi Kappa Phi and Alpha Epsilon Lambda national honor societies, 17 international exchange and study abroad programs, freshmen seminars, independent study, internships, four MBA locations, and diversified and intensive academic support services.

## **Library:**

Modern, spacious facility; 492,000 bound volumes, as well as thousands of maps, periodicals and microforms; Endeavor integrated library system; numerous Web databases; Internet; electronic full-text periodical databases; 191 computers, including laptops; 527 network connections; seating for 800 patrons.

## **Special Facilities:**

Gallery, planetarium, observatory, TV production facilities, 15 student-accessible computer labs containing nearly 500 PCs/Macs, cartography lab, early learning center, curriculum materials center and Pennsylvania German Heritage Center.

## **Student Life:**

Approximately 150 student organizations include: advisory councils, academic, campus media (including a fully-equipped radio station), diversified interest, Greek, performing arts, public service, special interest, sports (club and recreation) and visual arts affiliates. Entertainment options include concerts, dances, lectures, comedy, excursions and cultural events. The Student Union houses the bookstore, movie theater, game room, snack bar, TV lounge, coffeehouse, financial center and cyberlounge.

## **Residence Halls:**

Ten residence halls (6 coed, 2 single gender, 2 modified single gender), two apartment-style complexes and one residence house and two apartment-style complexes accommodate 4,100 students. All residence halls are wired for cable TV, telephone and Internet and campus network access.

---

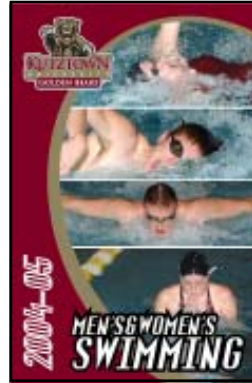
In accordance with the Equity in Athletics Disclosure Act of 1994 (section 360B of Pub. L. 130-382), the Kutztown University Athletic Department has made information concerning its intercollegiate athletics programs available to the public. This information is on file at Rohrbach Library and the athletic department main office. Questions can be directed to the athletics office, (610) 683-4094. Kutztown University is committed to Affirmative Action, equal employment and educational opportunity in compliance with Title VI and VII of the Civil Rights Act of 1964, Executive Order 11246, the Educational Amendments under Title IX of 1972, Sections 503/504 of the Rehabilitation Act of 1973, and the Americans with Disabilities Act of 1990.



## Table of Contents

A look at KU ..... Inside Front Cover  
 Head Coach Tim Flannery ..... 2  
 Asst. Coach Cindy Zack ..... 2  
 Season Outlook ..... 3  
 Golden Bear Profiles ..... 4-7  
 Facilities ..... 8  
 2004-05 Rosters ..... 9  
 Golden Bear Records ..... 10  
 History ..... 11  
 Academics & Athletics ..... 12-13  
 Schedule ..... Back Cover

## On the Cover



On the cover of the 2004-05 Swimming Media Guide are (from top): Colleen Brady, Greg Fulkerson, Dan Pfoff, and Meghan Fenningham.

*For additional information, contact:*

**KU Sports Information Office:**

(610) 683-4182

**KU Athletics Department:**

(610) 683-4094

**Email:** athletics@kutztown.edu

**Golden Bear Hotline:**

(610) 683-1515

*Kutztown University of Pennsylvania is a member of the State System of Higher Education.*

## The 2004-05

## Kutztown University Swimming Media Guide

is a production of the Kutztown University Sports Information Office. It was written, produced and edited by Geoff Goyne, Sports Information Graduate Assistant and Josh Leiboff, Coordinator of Sports Information. Photography by Jeff Unger, Unger Studios (unless noted).

## University Quick Facts

**Location** ..... Kutztown, PA 19530  
**Enrollment** ..... 9,400  
**President** ..... Dr. F. Javier Cevallos  
**Interim Athletics Dir.** ..... Jack Entriken  
**Associate AD** ..... Lauri Mondschein  
**Athletics Phone** ..... (610) 683-4094  
**Nickname** ..... Golden Bears  
**Colors** ..... Maroon & Gold  
**Affiliation** ..... NCAA Division II  
**Conferences** ..... PA State Athletic (PSAC)  
**Sports Medicine** ... Rennie Sacco (Coord.)  
**Sports Information** ..... Josh Leiboff  
**Phone** ..... (610) 683-4182  
**Email** ..... leiboff@kutztown.edu  
**Graduate Assistant** ..... Geoff Goyne

## Swimming Facts

**Head Coach** ..... Tim Flannery  
**Alma Mater** ..... Springfield '86  
**Career Record (Yrs) ..** M: 61-49-1 (11th)  
 W: 71-68 (11th)  
**Record At KU (Yrs) .....** M: 42-36-1 (8th)  
 W: 50-53 (8th)  
**Phone** ..... (610) 683-4359  
**Email** ..... flannery@kutztown.edu  
**Assistant Coach** ..... Cindy Zack  
**2003-04 Overall Record** ..... M: 6-4,  
 W: 6-7  
**PSAC Finish** ..... M: 3rd/8, W: 8th/13  
**NCAAFinish** ..... M: 24th/26  
**Home Pool** ..... Keystone Natatorium  
**Letterwinners Returning/Lost ..** M: 10/2,  
 W: 14/2



## **Head Coach Tim Flannery**

Tim Flannery begins his ninth season as head swimming coach at Kutztown University.

Last year, Flannery was named the Pennsylvania State Athletic Conference (PSAC) men's swimming coach of the year after leading the men to a school record third-place finish at the conference championships. His women's team placed eighth, a one place improvement over the previous year. KU had two PSAC Champions, one of which advanced to the NCAA Championships, marking the ninth straight year KU has been represented at nationals.

Over his first eight seasons at Kutztown, Flannery's swimmers have set school records 91 times, earned 23 All-America honors, 15 All-America honorable mentions, two individual NCAA Championships and nine PSAC individual and relay titles. The women's swimming team has been honored by the College Swimming Coaches Association as an All-Academic Team from 1999-2004. Twenty-one swimmers have also been named PSAC scholar-athletes under Flannery.

The Golden Bears had at least one All-American in each of Flannery's first six seasons, including Liz Thoryk, the only athlete at Kutztown, in any sport, to earn All-America honors in each of her four seasons of competition. The women's team finished in the top 10 at NCAA's in 1997 (eighth) and 1998 (10th). They have also had NCAA finishes of 24th in 1999 and 27th in 2000. The men's team finished in the top 20 at NCAA's in 1998 (15th) and 2002 (20th) and have recorded finishes of 25th in 2001, 29th in 2003 and 24th in 2004.

Prior to KU, Flannery was head coach at the U.S. Merchant Marine Academy from 1993-96. During his tenure, his teams amassed a 40-28 overall record. He guided the men's squad to second place finishes at Metropolitan Conference Championships in 1995 and 1996. The women's team finished fourth in 1995 and third in 1996. He was named 1996 Metropolitan Swim Conference Men's Coach of the Year.

Flannery was assistant men's swimming coach at the U.S. Naval Academy from 1989-1993. He coached the stroke group to six academy records and acted as the recruiting coordinator. He also served as a commissioned officer in the Naval Reserve achieving the rank of Lieutenant.

In addition Flannery was assistant men's coach at Springfield College from 1987-89 and head coach at the Manchester (NH) Swim Club in 1986-87.

A 1986 graduate of Springfield College, Flannery holds a B.S. degree in health fitness. While a swimmer at Springfield, Flannery was a seven-time NCAA Division II All-American. He also received a MEd. in athletic administration from Springfield. He is a member of the College Swimming Coaches Association and American Swimming Coaches Association (Level 4 certified).

Flannery resides in Blandon, PA with his wife, Barbara, and their five children: Megan, 11, Molly, 10, Kyle, 8, Abby, 5, and Amy, 2.

## **Assistant Coach Cindy Zack**

Cindy Zack is in her third season as assistant coach at KU.

Prior to KU, Zack, a native of Wood-Ridge, NJ, spent three years at Montclair State University in Upper Montclair, NJ, as the assistant swim coach for the Red Hawks. In addition, she received her master's degree in Physical Education with a concentration in Coaching and Sports Administration in May of 2002. She earned a bachelor's degree in Computer Science and Mathematics from Montclair State.

A four-year member of the swimming team at Montclair State, Zack was an All-New Jersey Athletic Conference (NJAC) selection in the 100- and 200-yard butterfly, winning the Metropolitan Conference title in the 200 fly in 1997. She was also named the New Jersey Association of Intercollegiate Athletics for Women (NJIAIW) Woman of the Year in 2000.

She is a member of the College Swim Coaches Association of America and the American Swim Coaches Association (Level 2 certified).





### 2004-05 KU Men Look to Join PSAC's Elite

In 2003-04, the Golden Bears swam to a 6-4 dual meet record, won the Golden Bear Invitational, established four school records, finished third at the Pennsylvania State Athletic Conference (PSAC) Championships and made their fourth straight appearance at the NCAA Swimming Championships. At the NCAA's Matt Rowan was named honorable mention All-American in the 50 Free and 100 Back. The third-place finish at PSACs was the highest finish in the 34-year history of the KU men's team. This year's meet schedule will include two conference champions and the always competitive PSAC Championship in February.

The team this year will be led by seniors **Brad Borek**, **Greg Fulkerson**, **Ed Keglovits** and **Justin Piosa**. Borek owns the school records in both breaststrokes and is the defending PSAC Champion in the 100 Breast. "Brad had a very impressive year," head coach **Tim Flannery** said. "His win in the 100 Breast was a great finish to the season."

The distance events will be anchored by Fulkerson and Piosa, with Fulkerson seeing additional action in the middle distance events. Keglovits will help lead a very young sprint corps this year.

### Women Hope to Turn Corner in 2004-05

The KU women's swimming team continued to improve over the course of the 2003-04 season. It finished with a 6-7 record (one win more than 2002-03) and moved up one spot to eighth at the PSAC Championships.

This season the team is looking to continue its march through the dual meet season and up the PSAC ladder. "I am confident that this team is going to be one of the strongest in the short history of the KU women's program" stated ninth-year head coach **Tim Flannery**. "We have a great mix of veteran upperclassmen and a strong group of newcomers, it's going to be exciting in Keystone this season."

Leading the charge for the Golden Bears will be the Tri-Captains: senior **Melissa Porter** along with juniors **Colleen Brady** and **Beth Reasoner**. Porter has been a mainstay in the freestyle events while Brady and Reasoner have been steadfast competitors in the distance events. Seniors **Jennifer Steider** and **Dyanne Jahelka** will be counted on for additional leadership and experience.

The junior class started turning things around for the program two years ago and will be heavily relied upon to keep things going in the right direction. **Meghan Fenningham** was

The junior class is paced by All-PSAC swimmer **Dan Pfost**, with additional help from all around freestyler **Chris Becker**. "Dan has a lot on his shoulders this season," Flannery said. "We are going to need him to come up big this season, if we are to duplicate what we did last year." Becker has competed in every freestyle distance event over the past two years.

**Aaron Clark**, **Steve McNeely** and **Rich Reshetar** lead the sophomores. Clark swam the backstroke leadoff on the 200 Medley Relay last year that became an All-PSAC selection. McNeely has emerged as a tremendous talent in the breaststroke and is poised for a breakout year. Reshetar, another All-PSAC selection, will anchor the 50, 100 and 200 Free this season.

The freshman class will consist of **Greg Fournier** (Warrington/Central Bucks East), **Dan Schoor** (Warminster/Central Bucks East), **Scott Arnold** (York/Northeastern), **Sean Bonifas** (Lancaster/Hempfield), **Will Huber** (Mechanicsville/Central Bucks East), **Billy Dentler** (Chambersburg/Chambersburg) and **David Thomas** (Philadelphia/Central).

the team MVP and an All-PSAC selection the past two years. She owns both school records in the breaststroke events. **DeLorean Reese** was one of the teams top middle distance freestylers, while **Carrie Lum** became a reliable performer in the distance events. **Becca Chubb** and **Chrissy Kolenut** will add some much needed depth.

The sophomores will be lead by **Kelly Rowan**, **Michele Ellis**, **Kati Hoover** and **Kelsey Wiley**. Rowan was the team's top sprinter last season, as well as a great asset in the 100 breaststroke. Ellis came on strong last year in the sprints, while Hoover and Wiley added strength to the middle distance events.

The newcomers to follow this season are **Ashley Singer** (Lititz/Warwick), **Staci McGinty** (Jamison/Central Bucks East), **Jill Pantelides** (Lansdowne/Archbishop Prendergast), **Katie Hinershitz** (Temple/Muhlenberg), **Jennifer Houck** (Mount Joy/Donegal), **Nikki Cattell** (Warminster/William Tennent), **Brooke Sharp** (Breingsville/Parkland), **Lindsay Maher** (Macungie/Emmaus), **Kristi Acquarola** (Folcroft/Archbishop Prendergast).



## Brad Borek

**SENIOR**

**Southampton/William Tenent**

**Major:** Electronic Media

**Honors:** *2002-03* All-PSAC (400 medley relay); *2003-04* All-PSAC (200 medley relay, 400 medley relay, 200 free relay, 100 breast, 200 breast), PSAC Champion 100 breast

**Notes:** School record holder in the 100 and 200 breaststroke and was a member of the 400 medley relay team that established the school record in 2003. A very capable swimmer who could see action in the 200 IM and the 50 and 100 free. **Coach Flannery says:** "Brad once again exceeded expectations by winning the 100 breast at the PSAC Championship last season. He's a strong finisher and should once again challenge for titles in the breast."



## Aaron Clark

**SOPHOMORE**

**Chestertown, MD/Kent County**

**Major:** Criminal Justice

**Honors:** *2003-04* All-PSAC (400 medley relay)

**Notes:** Competed in the 100 and 200 backstroke and the 200 and 400 IM in 2003-04. Was a Consolation finalist in the 100 and 200 backstroke at the PSAC Championship and led off the 400 medley relay. **Coach Flannery says:** "Aaron overcame some early season injuries and finished strong at PSACs. He came up with some big finishes in the backstroke that we will need once again this season."



## Greg Fulkerson (Co-Captain)

**SENIOR**

**Towanda/Towanda**

**Major:** Elementary Education/Social Studies

**Notes:** Competed in the 200, 500, 1000 and 1650 free over the past three seasons. Consolation finalist at the 2003 and 2004 PSAC Championships in the 200 Free and a member of the 400 free relay the past two seasons. A tremendous student in the classroom, Fulkerson has been a PSAC Scholar Athlete for the past three season and currently has a GPA of 3.91. **Coach Flannery says:** "Greg came on very strong in the 200 free last season and will be stronger this year. He has the potential to be a finalist in the 200 free at PSACs in February."



## Eddie Keglovits (Co-Captain)

**SENIOR**

**Kutztown/Kutztown**

**Major:** Political Science

**Honors:** *2003-04* All-PSAC (200 Medley Relay)

**Notes:** One of the most versatile swimmers for KU during the past three years. Has seen action in the 50 and 100 Free, 100 and 200 Back and the 100 Fly and 200 IM. A great student, Keglovits has been the recipient of the Fools' Run academic scholarship award for the past three years. **Coach Flannery says:** "Ed is a great team leader with an incredible work ethic. He will play a major role in any success that we have this season."



### Steve McNeely

**SOPHOMORE**

**Glenolden/Monsignor Bonner**

**Major:** Undelcared

**Notes:** Coming off a strong freshman year. A consolation finalist at the PSAC Championship in both the 100 and 200 breast. **Coach**

**Flannery says:** "Steve made the greatest improvement of anyone on the men's team last season. He had a tremendous PSAC Championship and will be an even better swimmer in the years to come."



### Dan Pfof

**JUNIOR**

**Kutztown/Kutztown Area**

**Major:** Political Science

**Honors:** *2002-03* All-PSAC (200 fly, 400 medley relay); *2003-04*

All-PSAC (100 Fly, 200, 400 Medley Relay)

**Notes:** A five-time all PSAC selection coming off another impressive year. One of the strongest finishing swimmers in the PSAC. Helped

400 medley relay team set school record in 2003. Also competes in the 200 and 400 IM. **Coach Flannery says:** "Dan is an incredible swimmer with tremendous endurance. You can never count him out of a race; he is that strong of a finisher."



### Justin Piosa

**SENIOR**

**Lancaster/Hempfield**

**Major:** Business

**Notes:** Has been team's top distance swimmer the past three years.

Has competed in the 500, 1000 and 1650 free along with the 400 IM.

Has been a consolation finalist in the 1650 the past three seasons.

**Coach Flannery says:** "Justin has the potential to be a PSAC finalist this season in the distance events. He'll need to step it up this season."



### Rich Reshetar

**SOPHOMORE**

**Doylestown/Central Bucks East**

**Major:** Business

**Honors:** *2003-04* All-PSAC (200 Free Relay)

**Notes:** A PSAC qualifier in both the 50 and 100 free last season.

Was a valuable member of all KU relays. Competes in the 200 free as well as the sprints. **Coach Flannery says:** "Rich has great

potential in the sprints. He improved a lot over the course of the season and I'm looking for greater things from him this year".



### Colleen Brady (Tri-Captain)

**JUNIOR**

**Skippack/St. Pius X**

**Major:** Elementary Education

**Notes:** Brady will once again anchor the distance events as well as see action in the backstroke. A multiple event qualifier for the PSAC Championships and scored individual points in the 1000, 1650 free and the 400 IM. Also swam the leadoff on the 400 medley relay.

**Coach Flannery says:** "Colleen made an easy transition to the distance events for us last season and also did a great job in the 400 IM at PSACs. I'm looking for her to challenge school records in the 1000 and 1650 this year."



### Meghan Fenningham

**JUNIOR**

**Philadelphia/Nazareth Academy**

**Major:** Speech Pathology

**Honors:** 2003 Team MVP, All-PSAC 2003 (100 breast), All-PSAC 2004 (200 breast)

**Notes:** Fenningham has emerged as one of the top breaststrokes in the PSAC. Has been an All-PSAC the past two years and has broken the school records in the 100 and 200 breast each season. Will also compete in the 50 free. **Coach Flannery says:** "Meghan has gotten stronger each season and barely missed the NCAA cut times in 2004. She is due for a breakout season this year".



### Carrie Lum

**JUNIOR**

**Mercersburg/James Buchanan**

**Major:** Elementary Education

**Notes:** Has made dramatic improvements since first arriving at KU. Has competed in the 200, 500 and 1000 free. Narrowly missed the cut times for the PSAC Championship in the 1000. PSAC Scholar-Athlete in 2004 and made the Dean's List. **Coach Flannery says:**

"Carrie has been a tremendous asset both in and out of the water. She has stepped up in the distance events for us and I'm confident she'll continue to improve".



### Melissa Porter (Tri-Captain)

**SENIOR**

**Wallingford/Strath Haven**

**Major:** Sociology

**Honors:** School record (800 free relay)

**Notes:** Porter has been a solid mid-distance freestyler for the Golden Bears the last three seasons. A three-time PSAC qualifier in the 200 free. Helped establish a school record in the 800 free relay and scored individually at PSACs. Selected as tri-captain for second year in a row. **Coach Flannery says:** "Melissa has been a rock; she continues to improve each year and has set a tremendous example through her hard work and dedication to the program."



### **Beth Reasoner (Tri-Captain)**

**JUNIOR**

**Chalfont/Central Bucks West**

**Major:** Business

**Notes:** Has been a solid performer in the distance events for KU the past two seasons. Two-time PSAC qualifier in both the 1000 and 1650 Free and individual scorer in the 500 at the 2004 PSACs. Will also see action in the 400 IM. **Coach Flannery says:** Beth has been a great competitor over the past two years. She's a hard worker and is capable of doing some great things for us this season. I'm looking forward to seeing her progress this year."



### **DeLorean Reese**

**JUNIOR**

**Hanover/Southwestern**

**Major:** Psychology

**Honors:** School record (800 free relay)

**Notes:** PSAC qualifier in the 200 and 500 free last season. Won the consolation final in the 200 at PSACs. Helped establish new school record in the 800 free relay. Will also see action in the fly and IM this year. **Coach Flannery says:** "DeLorean has a lot of potential in the middle distance events. She came up with some big wins for us last season and will be counted on heavily this season".



### **Kelly Rowan**

**SOPHOMORE**

**Clifton Heights/Upper Darby**

**Major:** Special Education

**Honors:** School record (800 free relay)

**Notes:** Multiple PSAC event qualifier in 2004. Helped establish school record in the 800 free relay and competed in the 50 and 100 free as well as the 100 breast. Won the consolation final at PSACs in the 100 breast. **Coach Flannery says:** "Kelly solidified the sprint events for us last season and we will be looking for her do this once again. I think that she will make great improvements this year."



### **Ashley Singer**

**FRESHMAN**

**Lititz/Warwick**

**Major:** Undeclared

**Notes:** Comes to KU from Warwick High School where she was a two year PIAA State qualifier. Will compete in multiple events and is expected to compete strongly on the conference level. **Coach Flannery says:** "Ashley comes from a strong program and will make an immediate impact. She gives us a solid foundation for the future."

Kutztown University is blessed with some of the top athletic facilities among Division II colleges and universities in the eastern United States. Twenty of KU's 21 teams have their home venues on campus.

### Keystone Hall

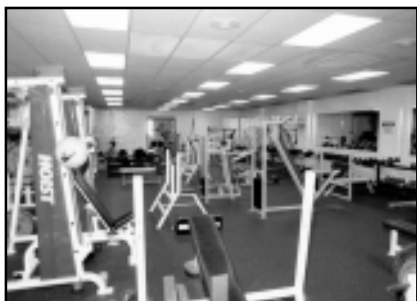
The headquarters of the KU athletic department, Keystone Hall is the mecca of indoor athletic activity on campus. The 4,000-seat arena in Keystone also served as a site of a town meeting by President George W. Bush in 2004.

#### Keystone Natatorium

The home of Golden Bear aquatics is Keystone Natatorium. The six-lane, 25-yard competition pool, which features a separate dive well, is located in Keystone Hall. The facility features a state-of-the-art public address system, Colorado System V timing equipment with aqua grip touchpads and a six-lane mercury display scoreboard. The filter system was replaced in 1997.



Keystone Hall also houses the Sports Medicine department, Keystone Arena, locker rooms for all intercollegiate athletic teams, and a state-of-the-art fitness room.



#### Risley Weight Room

Athletes get extensive use out of the free-weight room, located on the ground floor of Risley Hall, the original gym. The weight room was recently renovated and expanded.

#### Keystone Fieldhouse

Keystone Fieldhouse is home to the KU men's and women's indoor track teams, and has been the site of major eastern championships in recent years. The fieldhouse is used by all teams for indoor practice and overflow athletic events and many camps and clinics throughout the year. It is also used for non-athletic events, such as President Clinton's address during his visit in 1994.



## 2004-05 Rosters



### Men's Roster

Name	Yr	Event	Hometown/High School
Scott Arnold	FR	FL	York, PA/Northeastern
Chris Becker	JR	FR	Reading, PA/Schuylkill Valley
Sean Bonifas	FR	BR	Lancaster, PA/Hempfield
Brad Borek	SR	BR	Southampton, PA/William Tennent
Aaron Clark	SO	BK	Galena, MD/Kent County
Billy Dentler	FR	FL	Chambersburg, PA/Chambersburg
Greg Fournier	FR	DIST	Warrington, PA/Central Bucks East
Greg Fulkerson*	SR	DIST	Towanda, PA/Towanda Area
Will Huber	FR	FR	Mechanicsville, PA/Central Bucks East
Eddie Keglovits*	SR	FR	Kutztown, PA/Kutztown Area
Steve McNeely	SO	BR	Glenoldnen, PA/Monsignor Bonner
Daniel Pfost	JR	FL/IM	Kutztown, PA/Kutztown Area
Justin Piosa	SR	DIST	Lancaster, PA/Hempfield
Rich Reshetar	SO	FR	Point Pleasant, PA/Central Bucks East
Dan Schoor	FR	BK	Warminster, PA/Central Bucks East
Brian Thomas	FR	BR	Sinking Spring, PA/Wilson
David Thomas	FR	BK	Philadelphia, PA/Central

### Women's Roster

Name	Yr	Event	Hometown/High School
Kristi Acquarola	FR	IM	Folcroft, PA/Archbishop Prendergast
Colleen Brady*	JR	DIST/BK	Harleysville PA/St. Pius X
Nikki Cattell	FR	BK	Warminster, PA/William Tennent
Rebecca Chubb	JR	BK	Hershey, PA/Hershey
Michele Ellis	SO	FR	Downingtown, PA/Downingtown
Meghan Fenningham	JR	BR	Philadelphia, PA/Nazareth Academy
Katie Hinnershitz	FR	FR	Temple, PA/Muhlenberg
Kati Hoover	SO	FR	Hershey, PA/Hershey
Jennifer Houck	FR	BR	Lancaster, PA/Donegal
Dyanne Jahelka	SR	BK	Palmerton, PA/Palmerton
Christine Kolenut	JR	BR	Westfield, NJ/Westfield
Carrie Lum	JR	FR	Mercersburg, PA/James Buchanan
Lindsey Maher	FR	FL	Macungie, PA/Emmaus
Staci McGinty	FR	FR	Jamison, PA/Central Bucks East
Jill Pantelides	FR	FR	Landsdown, PA/Arch Prendergast
Melissa Porter*	SR	FR	Wallingford, PA/Strath Haven
Beth Reasoner*	JR	DIST/IM	Chalfont, PA/Central Bucks West
DeLorean Reese	JR	FR	Glenville, PA/South Western
Kelly Rowan	SO	BR/FR	Clifton Heights, PA/Upper Darby
Brooke Sharp	FR	DIST/FL	Breinigsville, PA/Parkland
Ashley Singer	FR	FL	Lititz, PA/Warwick
Jennifer Steider	SR	FR/BK	Brick, NJ/Brick Twp. Memorial
Kelsey Wiley	SO	FR	Chalfont, PA/Central Bucks West

**Head Coach:** Tim Flannery (9th season)

**Assistant Coach:** Cindy Zack

\*Captains

# Golden Bear Team Records



## MEN

<i>Event Name</i>	<i>Time</i>	<i>Year</i>
<b>Freestyle</b>		
50 Matt Rowan	20.84	2004
100 Eric Hillbish	45.55	2002
200 Eric Hillbish	1:39.72	2002
500 Ed Flory	4:34.54	1978
1000 Ed Flory	9:39.70	1978
1650 Ed Flory	16:16.22	1978
<b>Backstroke</b>		
100 Eric Hillbish	51.19	2002
200 Bill Rinnier	1:54.82	2003
<b>Breaststroke</b>		
100 Brad Borek	59.28	2004
200 Brad Borek	2:11.35	2003
<b>Butterfly</b>		
100 Kurt Degenhardt	51.11	1986
200 Ed Flory	1:54.11	1978
<b>Individual Medley</b>		
200 Eric Hillbish	1:53.48	2002
400 Morgan Wager	4:12.05	2001
<b>Diving</b>		
1 M Michael Saylor	281.40	1985
3 M John Muchorski	277.70	1976
<b>Medley Relays</b>		
200 Sloan, Snook, Atwell, Jefferis	1:35.88	1998
400 Rowan, Rinnier, Borek, Pfost	3:31.34	2003
<b>Free Relays</b>		
200 Jefferis, Sloan, Atwell, Snook	1:24.28	1998
400 Jefferis, Lubas, Sloan, Atwell	3:08.08	1996
800 Hillbish, Rinnier, Kannengieszer, Neumann	7:04.88	2002

## WOMEN

<i>Event Name</i>	<i>Time</i>	<i>Year</i>
<b>Freestyle</b>		
50 Elizabeth Thoryk	24.25	1996
100 Claudine Gruver	52.74	1997
200 Claudine Gruver	1:57.81	1996
500 Claudine Gruver	5:19.54	1997
1000 Christina Weber	10:57.50	1996
1650 Christina Weber	18:12.35	1996
<b>Backstroke</b>		
100 Claudine Gruver	57.21	1997
200 Claudine Gruver	2:03.54	1997
<b>Breaststroke</b>		
100 Meg. Fenningham	1:07.22	2003
200 Meg. Fenningham	2:26.05	2004
<b>Butterfly</b>		
100 Elizabeth Thoryk	58.62	1996
200 Sharon Marchitell	2:14.31	1989
<b>Individual Medley</b>		
200 Claudine Gruver	2:08.43	1997
400 Allison Puskas	4:47.94	2001
<b>Diving</b>		
1 M Shayn Mosley	260.60	1992
3 M Shayn Mosley	274.95	1991
<b>Medley Relays</b>		
200 Gruver, Taber, Thoryk, Sullivan	1:48.91	1997
400 Gruver, Ross, Thoryk, Powell	3:59.77	1998
<b>Free Relays</b>		
200 Thoryk, Gruver, Ziegler, Sullivan	1:37.17	1997
400 Thoryk, Facciolo, Sullivan, Gruver	3:34.96	1996
800 Rowan, Reese, Ravel, Porter	8:05.38	2004



# History



## Ed Flory

1974-78

Hall of Fame,  
NCAA Champion,  
All-America,  
School-Record Holder,  
One of Kutztown's Top  
30 Athletes of the 20th  
Century



## Brian Sloan

1995-99

All-America,  
School-Record Holder



## Eric Snook

1995-99

All-America,  
School-Record Holder,  
Academic All-America



## Elizabeth Thoryk

1995-99

All-America,  
School-Record Holder,  
One of Kutztown's  
Top 30 Athletes of  
the 20th Century



## Shayn Mosley

1988-92

Hall of Fame diver,  
All-America,  
School-Record Holder,  
'90s All-Decade Team



## Claudine Gruver

1995-98

NCAA Champion,  
All-America,  
School-Record Holder,  
'90s All-Decade Team

## Year-by-Year Records

<i>Men</i>		<i>Overall</i>	
<u>Year</u>	<u>Coach</u>	<u>W-L</u>	<u>PSAC*</u>
2003-04	Flannery	6-4	3rd
2002-03	Flannery	7-4-1	4th
2001-02	Flannery	5-6	5th
2000-01	Flannery	5-4	5th
1999-00	Flannery	3-7	4th
1998-99	Flannery	6-4	6th
1997-98	Flannery	6-3	4th
1996-97	Flannery	4-4	5th
1995-96	Ralph	8-2	5th
1994-95	Ralph	5-4	7th
1993-94	Holt	5-6	8th
1992-93	Holt	4-7	8th
1991-92	Holt	3-7	8th
1990-91	Holt	3-7	8th
1989-90	Holt	4-4	5th
1988-89	Holt	3-5	5th
1987-88	Fernandez	4-4	6th
1986-87	Fernandez	6-3	7th
1985-86	Fernandez	7-8	5th
1984-85	Fernandez	7-2	7th
1983-84	Imschweiler	5-3	7th
1982-83	Imschweiler	7-4	5th
1981-82	Imschweiler	7-4	5th
1980-81	Imschweiler	9-3	dnc
1979-80	Imschweiler	8-3	7th
1978-79	Imschweiler	11-4	8th
1977-78	Imschweiler	9-4	7th
1976-77	Imschweiler	11-2	7th
1975-76	Imschweiler	9-4	t-7th
1974-75	Imschweiler	7-6	t-8th
1973-74	Imschweiler	6-7	11th
1972-73	Imschweiler	7-7	9th
1971-72	Imschweiler		8th
1970-71	Imschweiler		9th

## *Women*

<i>Women</i>		<i>Overall</i>	
<u>Year</u>	<u>Coach</u>	<u>W-L</u>	<u>PSAC*</u>
2003-04	Flannery	6-7	8th
2002-03	Flannery	5-9	9th
2001-02	Flannery	3-11	9th
2000-01	Flannery	6-7	7th
1999-00	Flannery	5-8	6th
1998-99	Flannery	7-6	6th
1997-98	Flannery	9-3	5th
1996-97	Flannery	9-2	6th
1995-96	Ralph	8-4	6th
1994-95	Ralph	5-6	8th
1993-94	Holt	2-11	9th
1992-93	Dmytrush	2-12	9th
1991-92	Dmytrush	3-8	7th
1990-91	Holt	2-10	8th
1989-90	Holt	5-4	8th
1988-89	Holt	5-4	8th
1987-88	Fernandez	9-1	7th
1986-87	Fernandez	5-5	8th
1985-86	Fernandez	5-4	10th
1984-85	Fernandez	2-5	

## Career Coaching Records

<i>Men</i>	<i>Overall</i>	<i>Women</i>	<i>Overall</i>
<u>Coach</u>	<u>W-L</u>	<u>Coach</u>	<u>W-L</u>
Tim Flannery	42-36-1	Tim Flannery	50-53
Ken Ralph	13-6	Ken Ralph	13-10
Walter Holt	22-36	Walter Holt	14-29
Ken Fernandez	24-17	Lori Dmytrush	5-20
Bill Imschweiler	96-51	Ken Fernandez	21-15

\*PSAC Championship finish

The **KU Academic Success Initiative**, when fully implemented by the coaching staff, provides the appropriate support, incentive, and opportunity for students to make a similar effort toward their academic success as made toward their athletic performance. The Initiative is based on the expectation that both individual and team academic performance will be at or above the level of the overall student body. This expectation is built into the evaluation of coaches and is an integral part of the process of awarding athletic scholarships. KU provides athletic scholarships to support the academic pursuits of its student-athletes. Student-athletes are expected to participate in sports because they love to do so.

Continuing indications reveal that the Initiative works and is having a profound and measurable effect on both academic and athletic performance. Over the past nine years, KU's freshman class of student-athletes has had a significantly higher grade-point average than the overall freshman class, while the 2003-04 school year saw all student-athletes achieve a highest-ever GPA of 2.86. Also last year, 87 student-athletes garnered Pennsylvania State Athletic Conference (PSAC) Scholar-Athlete honors. During the same period, the athletic success of KU's teams reached all-time records.

The **KU Academic Success Initiative** contains the following components:

**The Monitoring of Progress:** The academic progress of student-athletes is continually tracked and monitored. This includes: GPA reports, persistence rate reports, close monitoring of first-time students, and NCAA eligibility compliance reports.

**Course Selection and Registration:** In order to avoid unnecessary conflicts between athletic events and classes, student-athletes are provided a registration date earlier than the rest of the campus student population. Registration is now done online via the Internet. Students can go online at any time to view their schedule, grades, transcript, financial aid, payments, charges and restrictions on their account.

**Academic Coaching:** This year-long program is based on one-on-one personal contacts between the coach and the student-athlete. The meetings are held more frequently in the fall in recognition of the benefits of establishing good habits early. During these meetings, the following topics may be addressed: seminar follow-up, class attendance, parental intervention and involvement, and information about

advising and registration. These meetings can also serve to address any other academic and/or personal matters of concern to the student-athlete.

**Faculty Advising:** This is an essential part of the college experience and is often a major factor in the ultimate academic success of students. Advisor meetings are required in order to register for classes.

**Awards and Honors:** KU has developed or participates in a number of programs to provide the incentive for and acknowledgment of academic achievement. KU offers specific academic scholarships available only to student-athletes. KU student-athletes are nominated for all available NCAA, PSAC and CoSIDA awards.

**Pre-Season Academic Seminars:** During pre-season camps and the first week of classes, athletes may participate in seminars addressing topics such as time management, study skills, class participation, student/faculty relationships, and graduation planning. Materials are provided and used as a reference throughout the semester.

*(continued on next page)*



## Academics & Athletics at KU

---

**Career Services Visit For Undeclared Majors:** Incoming students who have not yet declared a major or who may be unsure of their chosen major are required to visit the Career Services Office. They will be tested to measure their interests and help them select a major.

**Referrals For Services to the Department of Developmental Studies:** Student-athletes are strongly encouraged to make use of this department's services in regard to tutoring or other needs for specialized instruction.

**Referrals For Services to the Counseling and Advisement Center:** Trained counselors/faculty advisors are available to help with psychological/academic counseling/advisement issues. Such referrals are available to all student-athletes.

**Mentoring:** Student-athletes can be referred by their coach to either the formal University mentoring program or to faculty and professional staff volunteers for more informal mentoring.

**Financial Aid Liaison:** The financial aid liaison provides information to prospects and student-athletes concerning policies and guidelines of the financial aid office. Through the early version process, the liaison provides prospects with an estimate of potential funding sources. The liaison provides student-athletes with information concerning deadlines and regulations for continued financial aid, and is available to help families learn more about the financial aid process.

**Library Tour:** A library tour is required of all incoming student-athletes.

**Personal Computer:** Each student-athlete is strongly encouraged to have access to a networked personal computer.

**Graduation Reception:** The athletic department hosts a reception for graduating student-athletes and their families at the winter and spring commencement ceremonies to recognize the culmination of student-athletes' education at Kutztown University.

## Kutztown University Vision Statement

---

Kutztown University will serve the Commonwealth as a dynamic, technologically-advanced, collaborative, learning-centered public university. Kutztown University will be accessible to Pennsylvanians and others, sensitive to the need for diverse backgrounds in its faculty, staff, students and community, accountable to its many constituencies, and actively engaged in the continuous improvement of its programs and services. Above all, Kutztown University will prepare graduates to succeed in a global economy, to contribute to the economic and social well-being of the state and nation, to assume active roles in their communities and to lead productive and meaningful lives.

# Kutztown University

## Swimming

### 2004-05 Schedule

#### OCTOBER

SAT 9 at West Chester Sprint Meet 10:00 AM  
FRI 29 **MONTCLAIR STATE** 6:30 PM

#### NOVEMBER

SAT 6 **PSU-ALTOONA** 1:00 PM  
SAT 13 at East Stroudsburg (W) 1:00 PM  
FRI 19 **GOLDEN BEAR INVITATIONAL** noon/7:00PM  
-SAT 20 (trials/finals) 9:00 AM/4:00  
PM

#### DECEMBER

FRI 3 at Indiana (PA) Invitational TBA  
-SUN 5

#### JANUARY

TUE 4 at Bob Mowerson Sprint Meet TBA  
(at Ft. Lauderdale, FL)  
SAT 8 **MANSFIELD (W)/EDINBORO** 1:00 PM  
FRI 14 **ALBRIGHT** 6:00 PM  
WED 19 at Bloomsburg 6:00 PM  
SAT 22 **ROWAN** 1:00 PM  
SAT 29 at Millersville (W) with Lock Haven (W) 1:00 PM  
SUN 30 at Shippensburg noon

#### FEBRUARY

WED 16 at PSAC Championships TBA  
-SAT 19 (at West Chester) TBA

#### MARCH

WED 9 +at NCAA Championships TBA  
-SAT 12 (at Orlando, FL)