



2004-05

# MEN'S & WOMEN'S TRACK & FIELD

## **History:**

Kutztown University of Pennsylvania, a member of the Pennsylvania State System of Higher Education, was founded in 1866 as Keystone Normal School. It became Kutztown State Teachers College in 1928, Kutztown State College in 1960, and achieved university status in 1983. Today, Kutztown University is a modern, comprehensive institution and is accredited by the Middle States Association of Colleges and Secondary Schools.

## **Location:**

Kutztown University's picturesque 325-acre campus is located in a Pennsylvania Dutch community mid-way between Allentown and Reading. Several large cities are easily accessible, including Philadelphia and New York.

## **Enrollment:**

Approximately 9,400 full- and part-time undergraduate and graduate students. Most are Pennsylvania residents, but students from 19 states and 39 nations are represented in the student body: 62% women, 38% men.

## **Academic Year:**

Consists of two 15-week terms. The university also offers classes during two five-week summer sessions.

## **Faculty:**

Teaching-focused with scholarly expertise; many are engaged in research, student/faculty research, writing and consulting. There is a 19:1 student/faculty ratio.

## **Majors/Degrees:**

KU has nearly 60 undergraduate majors in the Colleges of Liberal Arts and Sciences, Visual and Performing Arts, Business, and Education. There are 19 graduate degree programs within the College of Graduate Studies and Extended Learning. Degrees at Kutztown include the B.A., B.F.A., B.S.B.A., B.S.N., B.S.W., B.S.Ed.; M.A., M.B.A., M.P.A., M.L.S., M.S., and M.Ed.

## **Special Academic Programs:**

There are honors programs throughout the undergraduate curriculum, Phi Kappa Phi and Alpha Epsilon Lambda national honor societies, 17 international exchange and study abroad programs, freshmen seminars, independent study, internships, four MBA locations, and diversified and intensive academic support services.

## **Library:**

Modern, spacious facility; 492,000 bound volumes, as well as thousands of maps, periodicals and microforms; Endeavor integrated library system; numerous Web databases; Internet; electronic full-text periodical databases; 191 computers, including laptops; 527 network connections; seating for 800 patrons.

## **Special Facilities:**

Gallery, planetarium, observatory, TV production facilities, 15 student-accessible computer labs containing nearly 500 PCs/Macs, cartography lab, early learning center, curriculum materials center and Pennsylvania German Heritage Center.

## **Student Life:**

Approximately 150 student organizations include: advisory councils, academic, campus media (including a fully-equipped radio station), diversified interest, Greek, performing arts, public service, special interest, sports (club and recreation) and visual arts affiliates. Entertainment options include concerts, dances, lectures, comedy, excursions and cultural events. The Student Union houses the bookstore, movie theater, game room, snack bar, TV lounge, coffeehouse, financial center and cyberlounge.

## **Residence Halls:**

Ten residence halls (6 coed, 2 single gender, 2 modified single gender), two apartment-style complexes and one residence house and two apartment-style complexes accommodate 4,100 students. All residence halls are wired for cable TV, telephone and Internet and campus network access.

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In accordance with the Equity in Athletics Disclosure Act of 1994 (section 360B of Pub. L. 130-382), the Kutztown University Athletic Department has made information concerning its intercollegiate athletics programs available to the public. This information is on file at Rohrbach Library and the athletic department main office. Questions can be directed to the athletics office, (610) 683-4094. Kutztown University is committed to Affirmative Action, equal employment and educational opportunity in compliance with Title VI and VII of the Civil Rights Act of 1964, Executive Order 11246, the Educational Amendments under Title IX of 1972, Sections 503/504 of the Rehabilitation Act of 1973, and the Americans with Disabilities Act of 1990.





### **Head Coach Brian Mondschein**

Brian Mondschein enters his 13th year as head coach of the men's and women's track & field program at Kutztown University.

The 2002 Pennsylvania State Athletic Conference (PSAC) men's track & field coach of the year and 2004 PSAC women's indoor track & field coach of the year, Mondschein has built the Kutztown track & field program into one of the elite in NCAA Division II. His teams have won 15 conference championships, while he has trained 73 PSAC and numerous Eastern College Athletic Conference (ECAC) champions, 33 All-Americans, two Academic All-Americans, a PSAC Scholar Athlete of the Year, two PSAC Rookies of the Year and a national champion.

From 1997 through 2001, Mondschein guided the men's team to five straight ECAC titles and the women's squad to a first-ever championship in 2001. His men's teams won three straight PSAC outdoor titles from 2000 to 2002. Most recently, his women's team

won the 2004 PSAC indoor title.

Mondschein's first title, and the school's first title of any kind since 1988, was achieved in March of 1995, when his men's squad won the ECAC indoor championships. Kutztown's first PSAC championship since 1983 came the next year when the men won the outdoor title. In 1997, the men began their unprecedented run of five-straight ECAC titles, while the women won their first-ever PSAC crown. Tara Crozier went on to become KU's initial women's track and field national champion, winning the hammer. The next year, Mondschein's men won the ECAC and PSAC championships, completing Kutztown's first-ever sweep of the events in the same year. In 2000, the men repeated the sweep and the women won the PSAC.

Mondschein came to Kutztown from the University of Virginia, where he was an assistant beginning in 1987. Prior to Virginia, he spent four years as an assistant coach at Rice and was previously track coach at Orange Coast College. He competed nationally and internationally in track & field from 1973-83. In 1977, Mondschein was an All-America decathlete for the University of Washington. He was an Academic All-American. He earned his bachelor's degree in English and broadcast journalism from Washington in 1977.

### **Assistant Coach Ray Hoffman**

Ray Hoffman enters his seventh season as assistant track and field coach and head cross country coach at Kutztown.

In cross country, Hoffman was named the 2000 PSAC Women's Coach of the Year. He was also named KU's Dr. Dorothy Moyer/Nike Women's Athletics Coach of the Year in 2000-01 and 2001-02.

On the track, Hoffman's distance runners have set records in 14 events during the indoor and outdoor track & field seasons. He has coached 13 PSAC Champions, 49 All-PSAC performers and six ECAC Champions. Hoffman guided nine athletes to ECAC titles.

On the national level, Hoffman has had 22 NCAA provisional qualifiers, highlighted by Eunice Chege's 11th-place finish in the 3,000-meter run at the 1999 NCAA Championships.

Hoffman previously coached at Clemson, where he had two junior national qualifiers, while his 4x800 and 4x1500 relays set school records.

Prior to Clemson, Hoffman was assistant women's cross country and track & field coach at East Stroudsburg. He was named 1995 ECAC Women's Cross Country Coach of the Year. During his tenure, he coached a four-time All-American and an eight-time national qualifier. Hoffman's runners captured 18 ECAC and three PSAC titles in track & field. He also coached the top NCAA Division II American miler in 1997.

A 1994 graduate of East Stroudsburg, Hoffman served as captain of the Warriors' cross country team as a senior. He was a three-time All-ECAC performer in the 3000 and DMR. In addition, he was an All-PSAC performer in the steeplechase. He holds a bachelor's degree in psychology and earned his teacher certification in health and physical education from East Stroudsburg in 1997.





## Season Outlook

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### Men's Squad Seeks Return to Top of PSAC

The 2004-2005 Golden Bear men are still young and will have to rely on depth rather than experience to bring home a top three finish in this year's Pennsylvania State Athletic Conference (PSAC) Championships. With double conference champion and All-American Justin Collins graduated, only two PSAC champions return: indoor 400-meter champion **Dave Bartolomucci** and sophomore pole vaulter **Sean Loomis**.

Bartolomucci is one of five seniors on a men's squad composed mostly of sophomores and freshmen. He should lead a strong 4x400 relay back into the thick of the PSAC medal hunt. **Tony Hegedus**, an NCAA provisional qualifier in the 400 hurdles last year, will be a key figure in KU's 4x400 and individual 400 hopes. Junior **Matt Carroll** and sophomore **Billy Boorse** should round out the 4x400 and also lead the middle distance group, along with **Dave Tidey**. Tidey, Boorse and one of several freshman could strengthen the 4x800 indoors.

Senior **De'Andre Pearson** and sophomore **Kareef Wallace** will lead a pack of young sprinters. The Golden Bears should post some quick times in the 4x100.

### KU Women Hope to Contend for PSAC Crowns

The Golden Bear women's track and field team lost five of last year's conference point scorers to graduation, but has the ability to repeat the great success of teams past. The defending PSAC Indoor Championship team has some depth in the middle distances and throws, but may once again struggle in the short sprints and jumps.

The one-two punch for the throws comes from returning 20-lb. weight throw champion junior **Alison Maurer**, and runner-up junior **Chrissy Procopio**. Maurer was also the discus champion outdoors and placed ninth at outdoor nationals in the hammer throw. **Kaleena Lockard** could once again be a factor in the conference shot put if she's able to overcome various injuries.

**Laura Kline** will lead a strong 4x400-meter relay again, along with **Sara Otis**, an NCAA provisional qualifier in the 400 hurdles, **Janelle Kostishion** and **Madonna Patterson**. Patterson will lead the middle distance women. She should step up to fill the shoes of Niya Adams, leading senior **Danielle Mousley** and sophomore surprise **Chelsea Thomas** in the

An area of depth and strength is the pole vault. The trio of Loomis, **Mike Provezano**, and **Mike Zebert** should challenge for the top of the conference, with an NCAA qualifying height attainable for any of the three.

**Cornel Crawford** and **Matt Reffie** will lead the jumpers group, which lacks the big scoring threat of past years.

A group of young throwers could be pivotal in re-establishing KU as a conference power. Only NCAA provisional qualifier **Dan Wilson's** performance in the javelin scored points in the conference. For Kutztown to step up, **Jim Dart**, **Chris Feighner** and company will need to put up some big efforts at PSACs.

In one of the premier distance conferences in the country, KU's young runners will have its work cut out to break into the medals. **Keith Gruchacz**, **Dan Wilde**, **Gerard Ganey**, **Pat Coyne** and **Joe Haughey** will bring one more year's experience to the table.

"The young men's team is a year away from being a conference contender," KU head coach **Brian Mondschein** said. "This is still a formidable group, headed in the right direction."

always strong 4x800 relay.

**Amie Bennett** and **Jaci Pfeiffer** placed both indoors and outdoors last season in the 55 and 100 hurdles. Continued improvement could move these two up the medal stand.

**Molly Lare** had a stellar freshman year and her second season promises even more exciting results. She is a threat to score in the 1500, 3000 or 5000 meters.

Heptathlete **Renee Marchand** remains KU's top returning long jumper, while **Amy Schaeffer** should lead the triple jumpers. Marchand and returning conference indoor champion **Candice Bullard** could score big in the high jump. **Steph Sukal** looks to cap her senior season with another great showing in the pole vault.

"The women have a team which is capable of winning the PSAC indoor and outdoor titles," KU head coach **Brian Mondschein** said. "These women have come up big in the past and with a little luck could be back in the winner's circle."



**David Bartolomucci**

**SENIOR**

**Reading/Exeter**

**Major:** Secondary

Education-Political Science

**2004 Highlights:** *Indoor* - PSAC 400-meter dash Champion (49.92). Second at PSACs in 200 (22.39). *Outdoor* - Second at PSAC Championships in 400 (48.43). Member of third place 4x400 Relay (3:22.21). Part of sixth place 4x100 Relay (42.36). **Career Championships:** 2003 PSAC Indoor & Outdoor 4x400 Relay. **2004 PSAC Indoor-400.** **Coach's Comments:** Dave is KU's top 400 runner and returning PSAC champ indoors. He will be shooting to make NCAAs this season.



**Billy Boorse**

**SOPHOMORE**

**Collegeville/**

**Perkiomen Valley**

**Major:** Marketing

**2004 Highlights:** *Outdoor* - Part of third place 4x400 relay (3:22.21). **Coach's Comments:** Billy was a PSAC finalist indoors as a freshman and a key part of relays. He will impact the conference in the 800 this season.



**Matt Carroll**

**JUNIOR**

**Schwenksville/**

**Perkiomen Valley**

**Major:** History

**2004 Highlights:** *Outdoor* - Third at PSACs in 400 (48.87). Part of third place 4x400 relay (3:22.21). **Career Championships:** 2003 PSAC Indoor & Outdoor 4x400 relay. **Coach's Comments:** Matt made the move from relay performer to third place in the outdoor 400 last season. Early indications are that he will be tough to beat this year.



**Cornel Crawford**

**JUNIOR**

**Wilkes-Barre/Myers**

**Major:** Business-Marketing

**2004 Highlights:** *Indoor* - Placed sixth at PSACs in triple jump (42-11 1/2). **Coach's Comments:** Cornel placed in the conference triple the last three years and looks to finish strong.



**Tony Hegedus**

**SOPHOMORE**

**Coopersburg/**

**Southern Lehigh**

**Major:** Computer Science

**2004 Highlights:** *Indoor* - Third at PSAC Championships in 400 hurdles (50.96). *Outdoor* - Fourth at PSACs in 400m hurdles (54.50). Member of third place 4x400 Relay (3:22.21). **Coach's Comments:** Tony made a big adjustment to 400 hurdles as a freshman last season with an NCAA Provisional mark. He should make it to Abilene, Texas for the NCAAs this year.



**Sean Loomis**

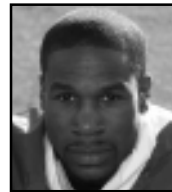
**SOPHOMORE**

**Havertown/Haverford**

**Major:** Elementary

Education

**2004 Highlights:** *Indoor* - Third at PSACs in Pole Vault (14-9); *Outdoor* - PSAC Pole Vault Champion (14-11). **Career Championships:** 2004 PSAC Outdoor-Pole Vault. **Coach's Comments:** Sean surprised many with an outdoor conference victory in the vault. One of our hardest workers.



**De'Andre Pearson**

**SENIOR**

**Norristown/Norristown**

**Major:** Criminal Justice

**2004 Highlights:** *Outdoor* - Part of sixth place 4x100 Relay at PSACs (42.36). **Coach's Comments:** De'Andre has had two seasons interrupted by military service obligations, but should finish his career with a strong sprint showing.



**Michael Provenzano**

**JUNIOR**

**Carlisle/Carlisle**

**Major:** Business

**2004 Highlights:** *Indoor* - Fourth at PSACs in Pole Vault (14-9); *Outdoor* - Fifth at PSACs in Pole Vault (14-5). **Coach's Comments:** Mike scored both indoors and outdoors last season and should keep improving.



**Dave Tidey**  
**SENIOR**  
**Bridgewater, NJ/**  
**Bridgewater-Raritan**  
**Major:** Secondary Ed./  
English  
**Coach's Comments:** Dave  
is a strong runner whose time  
to shine has come. Look for big things from the 4x800  
relay he leads. One of our team's leaders.



**Kareef Wallace**  
**SOPHOMORE**  
**Coatesville/Coatesville**  
**Major:** Elementary  
Education  
**2004 Highlights:** *Indoor* -  
Third at PSACs in 55 (6.53);  
*Outdoor* - Part of sixth place  
4x100 Relay at PSACs (42.36). **Coach's Comments:** Kareef should continue where he left off last  
year. Improvement in sprinting technique and more  
base conditioning could elevate the level of his 2005  
performances.



**Dan Wilson**  
**SOPHOMORE**  
**Hatboro/Hatboro-Horsham**  
**Major:** Secondary Education  
**2004 Highlights:** *Outdoor* -  
Sixth in PSAC in javelin (199-  
8). **Coach's Comments:** Dan  
is a top soccer player for KU  
as well as a top javelin thrower. He missed making a  
trip to NCAAs by only a few places. The weight  
room will figure prominently into his improvement  
this season.



**Steve Winters**  
**SENIOR**  
**New Cumberland/**  
**Cedar Cliff**  
**Major:** Biology  
**2004 Highlights:** *Indoor* -  
Fourth at PSACs in Pentath-  
lon (3,316 points). Sixth in pole  
vault at PSACs (14-9); *Outdoor* - Finished second at  
PSACs in decathlon (6,528 points). Tenth at NCAA  
Championships in decathlon (6,419 points). **Coach's  
Comments:** Steve went to nationals in the decathlon  
last year, but a formidable lab science schedule will  
pose a great challenge to his athletic accomplishments.

## WOMEN



**Amie Bennett**  
**SENIOR**  
**Sinking Spring/Wilson**  
**Major:** Elementary  
Education  
**2004 Highlights:** *Indoor* - Fifth  
at PSACs in 55 hurdles (8.51).  
*Outdoor* - Fourth at PSACs in  
100 hurdles (14.91). Fifth in  
4x100 Relay (49.25). **Coach's Comments:** Amie  
has improved dramatically over the last three seasons,  
and despite student-teaching obligations this coming year,  
should continue to lower her times.



**Candice Bullard**  
**SENIOR**  
**Schwenksville/**  
**Perkiomen Valley**  
**Major:** Environmental  
Science-Chemistry  
**2004 Highlights:** *Indoor* -  
PSAC Champion in the high  
jump (5-3 1/2). Placed fourth in PSAC in pentathlon  
(3,055). *Outdoor* - Finished fifth PSAC Champion-  
ships in high jump (5-0 1/2). **Career Champion-  
ships:** 2004 PSAC Indoor-High Jump. **Coach's Com-  
ments:** If injury free, this returning indoor conference  
champ could factor heavily in the high jump.



**Laura Kline**  
**JUNIOR**  
**Reading/Reading**  
**Major:** Special Education  
**2004 Highlights:** *Indoor* -  
Fourth at PSAC Champion-  
ships in 400m (59.78). *Out-  
door* - PSAC Champion in  
4x400 (3:55.37). Third in PSAC in 400m (57.82).  
Fifth in 4x100 Relay (49.25). **Career Champion-  
ships:** 2004 PSAC Outdoor-4x400 relay. **Coach's  
Comments:** Laura had a break-out first year of colle-  
giate running. She moved to both relays outdoors and  
could be a NCAA qualifier in the 400 hurdles. She also  
displayed her quickness as an All-PSAC performer on  
the KU field hockey team.



**Janelle Kostishion**  
**SENIOR**  
 Hilltown/Penridge  
**Major:** Professional Writing  
**2004 Highlights:** *Indoor* - PSAC Champion and conference, KU, meet record in 4x800 relay (9:28.55). **Career**

**Championships:** *2003 & 2004* PSAC Indoor-4x800 relay. **Coach's Comments:** Janelle is a solid relay performer but needs to challenge herself more in order to move up to individual conference scoring level.



**Alison Maurer**  
**JUNIOR**  
 Lewisberry/Northern York  
**Major:** CRF-Fine Metals  
**2004 Highlights:** *Indoor* - PSAC Champion and meet record in Weight Throw (52-8). *Outdoor* - PSAC Champion in

Discus (126-2). **Career Championships:** *2004* PSAC Indoor-Weight Throw; PSAC Outdoor-Discus. **Coach's Comments:** Alison has performed extremely well both indoors and outdoors. This could be a big move to the national scene if her legs hold up.



**Molly Lare**  
**SOPHOMORE**  
 Bethlehem/Liberty  
**Major:** Communication Design  
**2004 Highlights:** *Indoor* - Second at PSACs in the mile (5:12.02). Fourth place and KU

record in 3,000 (10:20.04); *Outdoor* - Third at PSAC Championships in 1500 (4:51.36). **Coach's Comments:** Molly had an outstanding freshman year and should be a dominant force on the conference scene.



**Danielle Mousley**  
**SENIOR**  
 Manheim Twp./  
 Manheim Twp.  
**Major:** Communication Design  
**2004 Highlights:** *Indoor* - PSAC qualifier for indoor mile

with 5:21.30. *Outdoor* - PSAC qualifier in 1500 (5:01.44) and 3000 (10:40.10). **Coach's Comments:** A solid performer, Danielle can further elevate her running by staying healthy.



**Kaleena Lockard**  
**SENIOR**  
 Berwick/Berwick  
**Major:** History/Paralegal Studies  
**2004 Highlights:** *Indoor* - PSAC shot put champion (42-7 1/2); *Outdoor* - Fifth at

PSACs in shot put (41-4). **Career Championships:** *2004* PSAC Indoor-Shot Put. **Coach's Comments:** Surprise indoor PSAC shot champion, Kaleena could work herself to Nationals this season.



**Sara Otis**  
**SENIOR**  
 Wyalusing/  
 Wyalusing Valley  
**Major:** Secondary Education/Mathematics  
**2004 Highlights:** *Indoor* - Part of PSAC Championship meet

and KU record 4x400 Relay (3:57.66); *Outdoor* - Member of PSAC Champion 4x400 relay (3:55.37). Third in 400 hurdles (1:03.20). Part of fifth place 4x100 relay (49.25). **Career Championships:** *2003 & 2004* PSAC Outdoor-4x400 relay. *2004* PSAC Indoor-4x100 relay. **Coach's Comments:** An integral part of both relays since her freshman year, Sara should be a top-three performer in her outdoor specialty, the 400 hurdles.



**Renee Marchand**  
**SOPHOMORE**  
 Hawley/Wallenpaupack  
**Major:** Elementary Education  
**2004 Highlights:** *Indoor* - Third at PSACs in pentathlon (3,118 points); *Outdoor* - Fifth

at PSAC Championships in pentathlon (4,137 points). **Coach's Comments:** Renee had a breakout freshman year in the heptathlon. She has the talent to go far if she can push herself more.

# Golden Bear Profiles - WOMEN



**Madonna Patterson**  
**SOPHOMORE**

**Philadelphia/William Penn**  
**Major:** Secondary Education/Mathematics

**2004 Highlights:** *Indoor* - Member of PSAC Champi-

onship meet and KU record 4x400 relay (3:57.66). Part of PSAC Champion, meet and KU record 4x800 relay (9:28.55). Second at PSACs in 800 (2:15.78); *Outdoor* - Sixth at PSACs in 800 (2:18.33). **Career Championships:** **2004** PSAC Indoor-4x400 & 4x800 relays. **Coach's Comments:** Madonna should move to the top of the 800 meter rankings in the conference this year. Look for her to lead our women's relays indoors and outdoors this season.



**Jaci Pfeiffer**  
**JUNIOR**

**Hillsborough, NJ/Hillsborough**

**Major:** Special Education  
**2004 Highlights:** *Indoor* - Sixth at PSAC Championships in 55 hurdles (8.53); *Out-*

*door* - Part of PSAC champion 4x400 relay (3:55.37). Fifth in 100 hurdles at PSACs (14.92). **Career Championships:** **2004** PSAC Outdoor-4x400 relay. **Coach's Comments:** Jaci scored in the hurdles each of her past two years and has dabbled with the heptathlon. This year should define her career at KU.



**Christine Procopio**  
**JUNIOR**

**Oakland, NJ/Indian Hills**  
**Major:** Secondary Education/Mathematics

**2004 Highlights:** *Indoor* - Sixth in triple jump at PSACs (35-5 1/2). **Coach's Com-**

**ments:** Runner-up in indoor weight and NCAA Provisional in hammer, Chrissy is a versatile performer who scored in the long jump, too.



**Stephanie Sukal**  
**SENIOR**

**New Tripoli/Northwestern Lehigh**

**Major:** Biology  
**2004 Highlights:** *Indoor* - Sec-  
ond place at PSAC Champi-  
onships in pole vault (10-6). *Out-*

*door* - Third in PSAC in pole vault (10-2). **Coach's Comments:** Last year's conference vault runner-up outdoors, Steph is looking to cap a great career with an NCAA performance.



**Chelsea Thomas**  
**SOPHOMORE**

**Sellersville/Pennridge**

**Major:** Elementary Education  
**2004 Highlights:** *Indoor* - Part  
of meet and KU record PSAC  
champion 4x800 relay (9:28.55).  
**Career Championships:**

**2004** PSAC Indoor-4x800 relay. **Coach's Comments:** Chelsea is a very improved runner. If the fall training is any indicator, she could make the leap up to conference individual scorer.

## Top Men's Newcomers

Name	Event	Hometown
Pat Bone	Dist.	Doylestown
Jordan Frank	HJ	Pottsville
Steve Hixson	400	Coopersburg
Vonkurt Redley	Dist.	Elkins Park
Pat McKeever	Dist.	Midland Park, NJ
Mark Simpson	800	Upper Darby
Zack Snyder	400	Wyomissing
Blake Vaught	Dist.	Greenville, VA
Jacob Wieder	Sprints	Emmaus

## Top Women's Newcomers

Name	Event	Hometown
Laura Deller	LJ	York
Kristin Green	Dist.	Camp Hill
Erika Kabbeko	Dist.	Birdsboro
Elizabeth Lord	Discus	Shillington
Jakara Scurry	Sprints	Pottstown
Erin Waters	HJ	Waymart
Stephanie Williams	Dist.	Harrisburg

## All-Americans

<u>MEN</u>	<u>Year</u>	<u>Event</u>
Justin Collins	2004	Indoor Long Jump
Justin Collins	2004	Outdoor Long Jump
Scott Eisenhart	2003	Indoor 400 meters
Justin Collins	2003	Indoor Long Jump
Shaun Landis	2003	Outdoor Decathlon
Dave Bartolomucci	2003	Outdoor 4 x 400 Relay
Dan Patton	2003	Outdoor 4 x 400 Relay
Matt Carroll	2003	Outdoor 4 x 400 Relay
Scott Eisenhart	2003	Outdoor 4 x 400 Relay
Justin Collins	2002	Outdoor Long Jump
Shaun Landis	2002	Outdoor Decathlon
Paul Schmitt	2002	Outdoor Pole Vault
Scott Eisenhart	2002	Outdoor 400 meters
Paul Schmitt	2001	Indoor Pole Vault
Jon Moyer	2001	Outdoor Javelin
Paul Schmitt	2001	Indoor Pole Vault
Jon Moyer	2000	Outdoor Javelin
Paul Schmitt	2000	Outdoor Pole Vault
John Frownfelter	2000	Indoor 35-lb. Weight
Paul Schmitt	2000	Indoor Pole Vault
John Frownfelter	1999	Indoor 35-lb. Weight
Kevin Kelly	1998	Indoor Decathlon
Mark Fritz	1996	Outdoor Javelin
Kevin Kelly	1996	Outdoor Decathlon
Kevin Kelly	1995	Outdoor Decathlon
Todd Wiley	1993	Outdoor 10,000 Meters
Bert Lange	1992	Outdoor 400 Hurdles
Bruce Tiller	1991	Outdoor 400 Hurdles
Bart Wasiolek	1991	Outdoor 3,000 Steeplechase
Kahsime Simmons	1991	Indoor 55 Meters
Shawn Jones	1991	Indoor 55 Meters
Bart Wasiolek	1990	Outdoor 3,000 Steeplechase
Mike Cantrel	1987	Indoor Pole Vault*
Dan Hatton	1980	Outdoor Decathlon
Barrett McFarland	1980	Outdoor 200 Meters
Frank Williams	1976	Outdoor Discus

<u>WOMEN</u>	<u>Year</u>	<u>Event</u>
Louise Sawyer	2002	Outdoor Pole Vault
Louise Sawyer	2002	Indoor Pole Vault
Kristi Braine	1999	Outdoor Pole Vault
Tara Crozier	1998	Outdoor Hammer
Tara Crozier	1998	Indoor 20-lb. Weight
Tara Crozier	1997	Outdoor Hammer*
Tara Crozier	1997	Outdoor 20-lb. Weight
Tara Crozier	1996	Outdoor Hammer
Deidre Rhodes	1996	Indoor 20-lb. Weight
Deidre Rhodes	1995	Outdoor Discus
Deidre Rhodes	1995	Indoor Shot Put
Lori Lawson	1986	Outdoor 10,000 Meters
Lori Lawson	1985	Outdoor 10,000 Meters
Michelle Pingar	1984	Outdoor 10,000 Meters
Michelle Pingar	1983	Outdoor 10,000 Meters

## Pennsylvania State Athletic Conference Championships

### Men

1983- Outdoor Champions  
 1994- Outdoor Runners-Up  
 1996- Outdoor Champions  
 1998- Outdoor Champions  
 1999- Outdoor Runners-Up  
 2000- Outdoor Champions  
 2001- Outdoor Champions  
 2002- Outdoor Champions

### Women

1996- Outdoor Runners-Up  
 1997- Outdoor Champions  
 1999- Outdoor Runners-Up  
 2000- Outdoor Champions  
 2002- Outdoor Runners-Up  
 2003- Indoor Runners-Up  
 2004- Indoor Champions



**Kevin Kelly**



**Mike Cantrel**



**Tara Crozier**



**Michelle Pingar**



## 2003-04 Season Results

### 2004 Kutztown Men's Best Performances

<b>Event</b>	<b>Name</b>	<b>Performance</b>
55m (i)	DeAndre Pearson	6.49
55m HH (i)	Steve Winters	7.90
100m	DeAndre Pearson	11.10
110m HH	Steve Winters	15.60
200m	Dave Bartolomucci	22.29
400m	Dave Bartolomucci	48.43
400m IH	Tony Hegedus	53.82
800m	Billy Boorse	1:56.97
1500m	Dave Tidey	4:12.28
3000m steeple	Greg Yerkes	9:21.70*
5000m	Greg Yerkes	15:38.46
10,000m	Joel Smith	32:59.63
4x100m	Bartolomucci, Wallace, Pearson, Simmons	42.11
4x400m	Hegedus, Carroll, Boorse, Bartolomucci	3:19.80
Long Jump	Justin Collins	25-0 3/4*
Triple Jump	Justin Collins	48-5 1/4*
High Jump (i)	Steve Winters	6-0 1/2
Pole Vault	Mike Provenzano Brett Cook	15-4
Shot Put	Chris Feighner	49-4.0
Weight (i)	Jim Dart	44-4
Discus	Jim Dart	132-11
Javelin	Dan Wilson	199-8*
Hammer	Jim Dart	138-11
Decathlon	Steve Winters	6528*

### 2004 Kutztown Women's Best Performances

<b>Event</b>	<b>Name</b>	<b>Performance</b>	
55m (i)	Jen Baney	7.54	
55m HH (i)	Amie Bennett	8.46	
100m	Amie Bennett	12.80	
100m HH	Amie Bennett	14.91	
200m	Laura Kline	26.53	
400m	Laura Kline	57.82	
400m IH	Sara Otis	63.20*	
800m	Niya Adams	2:12.46*	
1500m	Madonna Patterson	4:45.10	
3000m	Molly Lare	10:28.53	
3000m steeple	Jessica Spence	11:21.83*	
5000m	Molly Lare	17:55.04	
10,000m	Erin Peiffer	39:37.70	
4x100m	Kauffman,Bennett, Otis, Pfeiffer	49.25	
4x400m	Kline, Otis, Patterson, Adams	3:54.87	
Long Jump (i)	Renee Marchand	17-1	<i>all performances are outdoors, unless indicated (i)</i>
Triple Jump	Amy Schaeffer	36-2 1/2	
High Jump (i)	Candace Bullard	5-4 1/2	
Pole Vault	Emily Cook	10-11 3/4	<i>#Denotes School Record</i>
Shot Put (i)	Kaleena Lockard	42-7 1/2	
Weight (i)	Alison Maurer	54-0 1/2*	
Discus	Alison Maurer	134-6	<i>*Denotes NCAA Provisional performance</i>
Javelin	Liz Clark	105-2	
Hammer	Alison Maurer	171-5*	
Heptathlon	Renee Marchand	4237	

# Records



## Men's Indoor Records

Event	Name	Record	Year
55m	Keith Crowell	6.32	2000
200m	Keith Crowell	21.78	2000
300m	Hayden Castro	36.10	1991
400m	Scott Eisenhart	47.76	2003
500m	Scott Eisenhart	1:04.75	2003
800m	Eric Stienes	1:53.19	2000
1000yd	Al Butler	2:16.0	1983
1000m	Jason Hilt	2:29.47	1999
1500m	Bart Wasiolek	4:02.88	1991
mile	Jason Hilt	4:17.13	1997
3000m	Brian Harris	8:36.10	1998
2 miles	Bart Wasiolek	9:17.9	1991
3 miles	Bart Wasiolek	14:23.79	1990
5000m	Brian Harris	14:40.76	1998
55m H	Kevin Kelly	7.62	1997
4x200m relay	Crowell, Ritter, Eisenhart, Rado	1:28.38	2000
4x400m relay	McCray, Culver, Kelly, Simpson	3:17.77	1997
4x800m relay	Dingle, C. Miller, Eisenhart, Stienes	7:48.54	2000
DMR	Bowen, Stienes, Dingle, O'Neill	10:21.4	1999
Shot Put	Josh Himmelberger	53-7	1998
H. Jump	Shaun Landis	6-9	2002
P. Vault	Paul Schmitt	16-8 3/4	2001
L. Jump	Justin Collins	24-7 3/4	2004
T. Jump	Ewin Jenkins	50-8	2000
Weight	John Frownfelter	63-7 3/4	2000
Pentath.	Shaun Landis	3,687	2003

## Men's Outdoor Records

Event	Name	Record	Year
100m	Ted Robinson	10.42	1982
200m	Mark Kinnaird	21.24	1982
400m	Scott Eisenhart	46.57	2002
800m	Jason Hilt	1:52.18	1998
1500m	Jason Hilt	3:51.98	1998
5000m	Todd Wiley	14:28.76	1993
10,000m	Todd Wiley	30:13.71	1993
110m H	Kevin Kelly	14.25	1998
400m H	Bruce Tiller	50.44	1986
3000m steeple	Brat Wasiolek	8:59.2	1990
4x100m relay	Rado, Jenkins, Pearson, Eisenhart	41.64	2001
4x200m relay	Crowell, Eisenhart, Rado, Collins	1:27.61	2000
4x400m relay	Bartolomucci, Patton, Carroll, Eisenhart	3:11.92	2003
4x800m relay	Hegge, Hemp, Jarrat, Landis	7:50.9	1986
H. Jump	Kevin Gibbons	6-11 1/4	1984
L. Jump	Justin Collins	25-4 3/4	2002
T. Jump	Shaun Landis	49-2 3/4	2002
P. Vault	Paul Schmitt	17-0 3/4	2000
Shot Put	Mike Fantanarosa	53-5 1/2	1994
Discus	Frank Williams	160-9	1976
Javelin	Jon Moyer	222-4	2000
Hammer	John Frownfelter	185-2	2000
Decath.	Kevin Kelly	7,288	1998

## Women's Outdoor Records

### Women's Indoor Records

Event	Name	Record	Year
55m	Jen Johnson	7.28	1994
200m	Shannon Daggett	25.97	1997
400m	Monica Shellenberger	57.87	2001
500m	Niya Adams	1:17.94	2001
800m	Madonna Patterson	2:14.96	2004
1000m	Megan Seefeldt	3:05.22	2002
1500m	Diane Galleo	4:41.9	1984
mile	Diane Galleo	5:03.7	1984
3000m	Molly Lare	10:20.04	2004
2 miles	Michele Pingar	10:41.50	1984
3 miles	Michele Pingar	16:37.1	1984
5000m	Megan Seefeldt	17:38.70	2002
55m H	Shannon Daggett	8.29	1997
4x200m relay	Braine, Sawyer, Shellenberger, Klee	1:47.08	2000
4x400m relay	Maxwell, Patterson	3:57.66	2004
4x800m relay	Otis, Adams, Maxwell, Thomas, Patterson, Kostishion	9:28.55	2004
DMR	Seefeldt, Ju. Urbansky, Ja. Urbansky, Chege	12:28.7	1999
L. Jump	Andrea Sellitti	17-11	1999
H. Jump	Amanda Schaeffer	5-6	2000
T. Jump	Amanda Schaeffer	38-0 1/4	2000
Shot Put	Deidre Rhodes	46-3 1/4	1995
Weight	Tara Crozier	57-8	1997
Pentath.	Emily Foltz	3,286	2001
P. Vault	Kristi Braine	11-10	2000

Event	Name	Record	Year
100m	Monique Bosley	12.24	1983
200m	Shannon Daggett	25.24	1997
	Monique Bosley		1983
400m	Sally Spaar	56.7	1990
800m	Niya Adams	2:11.13	2003
1500m	Diane Galleo	4:35.2	1984
3000m	Eunice Chege	9:57.7	1999
3000m steeple	Megan Seefeldt	11:13.54	2001
5000m	Michele Pingar	17:03.4	1984
10,000m	Michele Pingar	35:46.2	1984
100m H	Jen Johnson	14.58	1996
400m H	Emily Foltz	1:02.50	2001
4x100m relay	Murphy, Baney, Agent, Sellitti	48.56	2001
4x200m relay	Baney, Otis, Johnson, Pfeiffer	1:43.28	2003
4x400m relay	Maxwell, Otis, Johnson, Adams	3:52.25	2003
4x800m relay	Patterson, Kostishion, Thomas, Adams	9:14.16	2004
Javelin	Alison Herman	146-6	2002
Discus	Jennifer Willman	146-3	1999
Hammer	Tara Crozier	190-11	1998
Shot Put	Deidre Rhodes	45-10 1/2	1995
L. Jump	Andrea Sellitti	18-2	2001
T. Jump	Amanda Schaeffer	38-9 3/4	1999
H. Jump	Amanda Schaeffer	5-7	2000 & 1998
P. Vault	Kristi Braine	11-10	2000
	Louise Sawyer	11-10	2002
Heptath.	Emily Foltz	4,584	2001



## Facilities

Kutztown University is blessed with some of the top athletic facilities among Division II colleges and universities in the eastern United States. Twenty of KU's 21 teams have their home venues on campus.

### Keystone Hall

The headquarters of the KU athletic department, Keystone Hall is the mecca of indoor athletic activity on campus. The 3,400-seat Keystone Arena, located in the center of Keystone Hall, is the home of the volleyball, men's and women's basketball and wrestling teams. Keystone Hall also houses the Golden Bear Sports Medicine department, designated locker rooms for all intercollegiate athletic teams, and a state-of-the-art fitness room. The arena also served as the site of a town meeting by President George W. Bush in 2004.

### Keystone Fieldhouse

Keystone Fieldhouse is home to the KU men's and women's indoor track teams, and has been the site of major eastern championships in recent years. The fieldhouse is used by all teams for indoor practice and overflow athletic events and many camps and clinics throughout the year. It is also used for non-athletic events, such as President Clinton's address during his visit in 1994.



### Risley Weight Room

Athletes get extensive use out of the free-weight room, located on the ground floor of Risley Hall, the original gym. The weight room was recently renovated and expanded.

### University Field

A 5,600-seat stadium that features a synthetic track and a grass playing field. University Field is the site of all home football games and outdoor track & field meets. It has been the site of PSAC Championship track & field meets.



The **KU Academic Success Initiative**, when fully implemented by the coaching staff, provides the appropriate support, incentive, and opportunity for students to make a similar effort toward their academic success as made toward their athletic performance. The Initiative is based on the expectation that both individual and team academic performance will be at or above the level of the overall student body. This expectation is built into the evaluation of coaches and is an integral part of the process of awarding athletic scholarships. KU provides athletic scholarships to support the academic pursuits of its student-athletes. Student-athletes are expected to participate in sports because they love to do so.

Continuing indications reveal that the Initiative works and is having a profound and measurable effect on both academic and athletic performance. Over the past nine years, KU's freshman class of student-athletes has had a significantly higher grade-point average than the overall freshman class, while the 2003-04 school year saw all student-athletes achieve a highest-ever GPA of 2.86. Also last year, 87 student-athletes garnered Pennsylvania State Athletic Conference Scholar-Athlete honors. During the same period, the athletic success of KU's teams reached all-time records.

The **KU Academic Success Initiative** contains the following components:

**The Monitoring of Progress:** The academic progress of student-athletes is continually tracked and monitored. This includes: GPA reports, persistence rate reports, close monitoring of first-time students, and NCAA eligibility compliance reports.

**Course Selection and Registration:** In order to avoid unnecessary conflicts between athletic events and classes, student-athletes are provided a registration date earlier than the rest of the campus student population. Registration is now done online via the Internet. Students can go online at any time to view their schedule, grades, transcript, financial aid, payments, charges and restrictions on their account.

**Academic Coaching:** This year-long program is based on one-on-one personal contacts between the coach and the student-athlete. The meetings are held more frequently in the fall in recognition of the benefits of establishing good habits early. During these meetings, the following topics may be addressed: seminar follow-up, class attendance, parental intervention and involvement, and information about

advising and registration. These meetings can also serve to address any other academic and/or personal matters of concern to the student-athlete.

**Faculty Advising:** This is an essential part of the college experience and is often a major factor in the ultimate academic success of students. Advisor meetings are required in order to register for classes.

**Awards and Honors:** KU has developed or participates in a number of programs to provide the incentive for and acknowledgment of academic achievement. KU offers specific academic scholarships available only to student-athletes. KU student-athletes are nominated for all available NCAA, PSAC and CoSIDA awards.

**Pre-Season Academic Seminars:** During pre-season camps and the first week of classes, athletes may participate in seminars addressing topics such as time management, study skills, class participation, student/faculty relationships, and graduation planning. Materials are provided and used as a reference throughout the semester.

*(continued on next page)*



## Academics & Athletics at KU

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**Career Services Visit For Undeclared Majors:** Incoming students who have not yet declared a major or who may be unsure of their chosen major are required to visit the Career Services Office. They will be tested to measure their interests and help them select a major.

**Referrals For Services to the Department of Developmental Studies:** Student-athletes are strongly encouraged to make use of this department's services in regard to tutoring or other needs for specialized instruction.

**Referrals For Services to the Counseling and Advisement Center:** Trained counselors/faculty advisors are available to help with psychological/academic counseling/advisement issues. Such referrals are available to all student-athletes.

**Mentoring:** Student-athletes can be referred by their coach to either the formal University mentoring program or to faculty and professional staff volunteers for more informal mentoring.

**Financial Aid Liaison:** The financial aid liaison provides information to prospects and student-athletes concerning policies and guidelines of the financial aid office. Through the early version process, the liaison provides prospects with an estimate of potential funding sources. The liaison provides student-athletes with information concerning deadlines and regulations for continued financial aid, and is available to help families learn more about the financial aid process.

**Library Tour:** A library tour is required of all incoming student-athletes.

**Personal Computer:** Each student-athlete is strongly encouraged to have access to a networked personal computer.

**Graduation Reception:** The athletic department hosts a reception for graduating student-athletes and their families at the winter and spring commencement ceremonies to recognize the culmination of student-athletes' education at Kutztown University.

## Kutztown University Vision Statement

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Kutztown University will serve the Commonwealth as a dynamic, technologically-advanced, collaborative, learning-centered public university. Kutztown University will be accessible to Pennsylvanians and others, sensitive to the need for diverse backgrounds in its faculty, staff, students and community, accountable to its many constituencies, and actively engaged in the continuous improvement of its programs and services. Above all, Kutztown University will prepare graduates to succeed in a global economy, to contribute to the economic and social well-being of the state and nation, to assume active roles in their communities and to lead productive and meaningful lives.

# Kutztown University Track & Field 2004-05 Schedule

## INDOOR

### DECEMBER

SAT 4 at Bucknell Opener TBA

### JANUARY

**FRI 14 KU INDOOR INVITATIONAL 5:00 PM**

FR 21 at Susquehanna Invitational TBA

FRI 28 at Bucknell Bison Open TBA

-SAT 29

FRI 28 at Penn State National Open TBA

-SAT 29

### FEBRUARY

**SAT 12 PSAC EAST CHALLENGE 12:30 PM**

SAT 19 at Princeton Indoor Invitational TBA

SAT 26 at PSAC Indoor Championships TBA

-SUN 27 (at East Stroudsburg)

### MARCH

FRI 11 +at NCAA Indoor Championships TBA

-SAT 12 (at Boston, MA)

## OUTDOOR

### MARCH

THU 17 at UNC-Wilmington Seahawk Invitational All Day

-SAT 19

FRI 25 at Lehigh Valley invitational Noon  
(at Lehigh)

### APRIL

SAT 2 at Muhlenberg Invitational TBA

SAT 9 at PSAC East Challenge TBA

(at West Chester)

FRI 15 at Bucknell Bison Outdoor Classic TBA

-SAT 16

**FRI 22 GOLDEN BEAR MULTIS 2:30 PM**

**-SAT 23 9:30 AM**

SAT 23 at Lafayette Invitational TBA

SAT 30 at Lehigh Invitational TBA

### MAY

THU 12 at PSAC Championships TBA

-SAT 14 (at Mansfield)

THU 26 +at NCAA Championships TBA

-SAT 28 (at Abilene, TX)

Home events in **BOLD CAPS** +if team qualifies