

KUTZTOWN

U N I V E R S I T Y



2006-
2007



SWIMMING

History:

Kutztown University of Pennsylvania, a member of the Pennsylvania State System of Higher Education, was founded in 1866 as Keystone Normal School. It became Kutztown State Teachers College in 1928, Kutztown State College in 1960, and achieved university status in 1983. Today, Kutztown University is a modern, comprehensive institution and is accredited by the Middle States Association of Colleges and Secondary Schools.

Location:

Kutztown University's picturesque 325-acre campus is located in a Pennsylvania Dutch community mid-way between Allentown and Reading. Several large cities are easily accessible, including Philadelphia and New York.

Enrollment:

Approximately 10,000 full- and part-time undergraduate and graduate students. Most are Pennsylvania residents, but students from 24 states and 38 nations are represented in the student body: 60% women, 40% men.

Academic Year:

Consists of two 15-week terms. The university also offers classes during two five-week summer sessions.

Faculty:

Teaching-focused with scholarly expertise; many are engaged in research, student/faculty research, writing and consulting. There is a 19:1 student/faculty ratio.

Majors/Degrees:

KU has nearly 60 undergraduate majors in the Colleges of Liberal Arts and Sciences, Visual and Performing Arts, Business, and Education. There are 19 graduate degree programs within the College of Graduate Studies and Extended Learning. Degrees at Kutztown include the B.A., B.F.A., B.S.B.A., B.S.N., B.S.W., B.S.Ed.; M.A., M.B.A., M.P.A., M.L.S., M.S., and M.Ed.

Special Academic Programs:

There are honors programs throughout the undergraduate curriculum, Phi Kappa Phi and Alpha Epsilon Lambda national honor societies, 17 international exchange and study abroad programs, freshmen seminars, independent study, internships, four MBA locations, and diversified and intensive academic support services.

Library:

Modern, spacious facility; 517,000 bound volumes, as well as thousands of maps, periodicals and microforms; Endeavor integrated library system; numerous Web databases; Internet; electronic full-text periodical databases; 191 computers, including laptops; 527 network connections; seating for 800 patrons.

Special Facilities:

Wireless campus, gallery, planetarium, observatory, TV production facilities, 30 student-accessible computer labs containing nearly 500 PCs/Macs, cartography lab, early learning center, smart classrooms, curriculum materials center and Pennsylvania German Heritage Center.

Student Life:

Nearly 200 student organizations include: academic, advisory councils, campus media (including a fully-equipped radio station and student newspaper), diversified interest, Greek Life, performing arts, public service, special interest, sports (club and recreation) and visual arts affiliates. Entertainment options include concerts, dances, lectures, comedy, excursions and cultural events. The McFarland Student Union houses the bookstore, movie theater, game room, snack bar, TV lounge, coffeehouse, financial center and cyberlounge.

Residence Halls:

Ten residence halls (6 coed, 2 single gender, 2 modified single gender), two apartment-style coed complexes and one residence house accommodate 4,434 students. All residence halls are wired for cable TV, telephone, Internet and campus network access.

In accordance with the Equity in Athletics Disclosure Act of 1994 (section 360B of Pub. L. 130-382), the Kutztown University Athletic Department has made information concerning its intercollegiate athletics programs available to the public. This information is on file at Rohrbach Library and the athletic department main office. Questions can be directed to the athletics office, (610) 683-4094. Kutztown University is committed to Affirmative Action, equal employment and educational opportunity in compliance with Title VI and VII of the Civil Rights Act of 1964, Executive Order 11246, the Educational Amendments under Title IX of 1972, Sections 503/504 of the Rehabilitation Act of 1973, and the Americans with Disabilities Act of 1990.



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For additional information, contact:

KU Sports Information Office:

(610) 683-4182

KU Athletics Department:

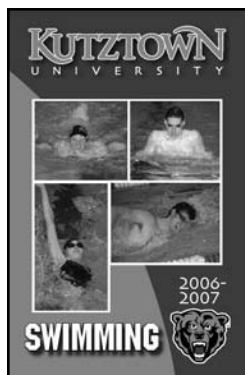
(610) 683-4094

Email: athletics@kutztown.edu

Kutztown University of Pennsylvania is a member of the State System of Higher Education.

University Quick Facts

Location	Kutztown, PA 19530
Enrollment	10,000
President	Dr. F. Javier Cevallos
Athletics Director	Greg Bamberger
Associate AD	Michelle Gober
Athletics Phone	(610) 683-4094
Nickname	Golden Bears
Colors	Maroon & Gold
Affiliation	NCAA Division II
Conference	PA State Athletic (PSAC)
Sports Medicine	Rennie Sacco & Jack Entri肯
Sports Information	Josh Leiboff
Phone	(610) 683-4182
Email	leiboff@kutztown.edu
Graduate Assistant	Jill Wentzel



On the Cover

On the cover of the 2006-07 Swimming Media Guide are (clockwise, from top right): Ashley Singer, Rich Reshetar, Sean Bonifas and Erin Searl.

The 2006-07 Kutztown University Swimming Media Guide

is a production of the Kutztown University Sports Information Office. It was written and produced by Jill Wentzel, Sports Information Graduate Assistant and edited by Josh Leiboff, Coordinator of Sports Information. Photography by Jeff Unger, Unger Studios (unless noted).

Swimming Facts

Head Coach	Tim Flannery
Alma Mater	Springfield '86
Career Record (Yrs) M:	67-59-1 (14th)
	W: 83-78 (14th)
Record At KU (Yrs) M:	48-46-1 (11th)
	W: 62-63 (11th)
Phone	(610) 683-4359
Email	flannery@kutztown.edu
Assistant Coach	Erin Goodhart
2005-06 Overall Record M:	2-5; W: 4-5
PSAC Finish	M: 6th/8, W: 9th/13
Home Pool	Keystone Natatorium
Letterwinners Returning/Lost M:	12/1
	W: 9/9



Head Coach Tim Flannery

Tim Flannery begins his 11th season as head swimming coach at Kutztown University.

Last year, coach Flannery had six new records put in the books by his swimmers.

Over his first ten seasons at Kutztown, Flannery's swimmers have set school records 104 times, earned 23 All-America honors, 15 All-America honorable mentions, two individual NCAA Championships and nine PSAC individual and relay titles. The women's swimming team was been honored by the College Swimming Coaches Association as an All-Academic Team from 1999-2005. Twenty-eight swimmers have also been named PSAC Scholar-Athletes under Flannery.

The Golden Bears had at least one All-American in each of Flannery's first six seasons, including Liz Thoryk, the only athlete at Kutztown, in any sport, to earn All-America honors in each of her four seasons of competition. The women's team finished in the top 10 at NCAA's in 1997 (eighth) and 1998 (10th). They have also had NCAA finishes of 24th in 1999 and 27th in 2000. The men's team finished in the top 20 at NAAs in 1998 (15th) and 2002 (20th), and have recorded finishes of 25th in 2001, 29th in 2003 and 24th in 2004.

Prior to KU, Flannery was head coach at the U.S. Merchant Marine Academy from 1993-96. During his tenure, his teams amassed a 40-28 overall record. He guided the men's squad to second place finishes at Metropolitan Conference Championships in 1995 and 1996. The women's team finished fourth in 1995 and third in 1996. He was named 1996 Metropolitan Swim Conference Men's Coach of the Year.

Flannery was assistant men's swimming coach at the U.S. Naval Academy from 1989-1993. He coached the stroke group to six academy records and was the recruiting coordinator. He also served as a commissioned officer in the Naval Reserve achieving the rank of Lieutenant.

In addition, Flannery was assistant men's coach at Springfield College from 1987-89 and head coach at the Manchester (NH) Swim Club in 1986-87.

A 1986 graduate of Springfield College, Flannery holds a B.S. degree in health fitness. While a swimmer at Springfield, Flannery was a seven-time NCAA Division II All-American. He also received a MEd. in athletic administration from Springfield. He is a member of the College Swimming Coaches Association and American Swimming Coaches Association (Level 4 certified).

Flannery resides in Blandon, PA with his wife, Barbara, and their five children: Megan, 13, Molly, 12, Kyle, 10, Abby, 7, and Amy, 4.

Assistant Coach Erin Goodhart

Erin Goodhart begins her first season as assistant coach at KU.

Prior to KU, Goodhart spent the previous two years coaching at Texas Christian University where she coached two athletes to NCAA Division I provisional cuts.

Goodhart earned her bachelor's degree in communications/journalism with an emphasis in public relations and a minor in English from Shippensburg University in 2004.

A four-year member of the swimming team at Shippensburg, Goodhart holds four school records in the 200, 500, 1000 and 1650 yard freestyles. She earned all-conference honors all four years and NCAA Division II All-America status 16 times. Goodhart was the PSAC champion in four events (500 free, 1000 free {twice} and 1650 free) over her career.



Season Outlook



KU Men Look to Make a Splash in the PSAC

Last season, the Kutztown University men's swimming team swam to a 2-5 dual meet record, while placing sixth of eight teams at the Pennsylvania State Athletic Conference (PSAC) Championships.

This season, the team is looking to move up in the PSAC with a larger group of swimmers that head coach **Tim Flannery** hopes will provide some much needed depth.

Leading the pack this season will be seniors **Steve McNeely** and **Rich Reshetar**. McNeely placed 10th in the 100 (1:02.24) and 200 breast (2:20.02) at the PSAC Championships last season. Reshetar finished 11th in both the 100 (49.47) and 200 free (1:46.64) at the PSAC meet. Reshetar was also part of four place-winning relays. Also returning for his senior season is **Billy Dentler**. All three swimmers will be looked to for their experience.

Returning juniors are **Scott Arnold**, **Sean Bonifas**, **Greg Fournier** and **Dan Schoor**. Bonifas placed third in the 100 breast at the PSAC Championships last season (1:00.98) to earn All-PSAC honors. He also placed in ninth in the 200 breast and was on all five relays. Fournier placed

sixth in the 1650 free (16:58.61) and 10th in the 1000 free (10:15.23). Arnold came in 11th in the 200 fly (2:09.18).

Derek Orr and **John Pandish** will return for their sophomore seasons. Both had two PSAC qualifying times last season, Orr in the 100 and 200 free and Pandish in the 200 and 400 IM. Pandish placed 10th in the 400 IM (4:28.53) at the PSAC Championships. **Nelson Martinez** finished 12th in the 200 breast (2:23.27). Adding depth to the sophomore class are **Chris Howie** and **John Nicklous** in the free and fly, and **Chris Wojcicki** in the breast. Sophomore newcomer **Scott Thomas (Schuylkill Haven/Blue Mountain)** will see some time swimming distance and back.

Freshmen who will be looked upon for an immediate impact are **Ian Baxter (Springfield/Monsignor Bonner)** in the free, **Alex Heller (Willow Grove)** in distance, **Shawn Santo (Allentown/Parkland)** in distance and fly, and **Zane Zwilling (Wyalusing/Wyoming Seminary)** in sprints. Also looking to contribute will be **Jonathan Holmes (Waynesboro/Waynesboro)** in sprints and back, and **Stephen Krater (Port Carbon/Pottsville)** in freestyle.

Women's Swimmers Eager to Move Up in PSAC

The 2006-07 Kutztown University women's swimming team is looking to move up in the Pennsylvania State Athletic Conference (PSAC) standings after falling two positions last season. The Golden Bears finished 4-5 in dual meets last season while placing ninth of 13 at PSACs.

Leading the Golden Bears is **Ashley Singer**. After breaking three individual records and a relay mark her freshman year, she did not let up as a sophomore. She eclipsed all four of those records again, establishing new benchmarks in the 200 free (1:55.72), 500 free (5:09.20) and 200 fly (2:12.78). She also anchored the 800 free relay to a school record time of 7:55.15. Singer finished second in the 200 and 500 free at the PSAC Championships. She also placed sixth in the 100 free (53.62). The versatile swimmer clocked PSAC qualifying times in seven events.

Nikki Cattell, **Staci McGinty** and **Jill Pantelides** all return for their junior season. Cattell was a point scorer in the 100 back and took part on all five place-winning relays at the PSAC Championships. Pantelides was on two place-winning relays. Injured last season, McGinty had

three PSAC qualifying times in the 50, 100 and 200 free, and placed 12th in the 200 free (2:00.52) at the 2005 PSAC championships.

Returning for their senior season will be **Michele Ellis** and **Kelsey Wiley**. Each will be looked to for leadership and experience to help this young team.

Sophomores **Laura Heebner** and **Erin Searl** will strive to improve upon a strong freshman season. Heebner and Searl both had qualifying times in the 200 fly and 400 IM. Searl placed 14th in the 200 fly (2:17.76) at PSACs. Also returning is sophomore **Debbie Zoccola**.

Newcomers expected to make an immediate splash will be **Chelsea Gerhart (Nazareth/Saucon Valley)** and **Steph Jeppesen (Bethlehem/Liberty)**, both in freestyle; **Christine Paski (Wilmington, DE/Concord)** in distance events and **Heather Wolkom (Rumson, NJ/Rumson Fair-Haven)** in the breaststroke. Other newcomers looking to see some pool time include **Lindsay Currie (Kinneton, NJ/Kinneton)** and **Edith Franks (Zionsville/Upper Perkiomen)**.

Top Returning Men



Scott Arnold

JUNIOR - Manchester/Northeastern HS

Major: Communication Design

Note: PSAC qualifier the past two years and was a consolation finalist in the 200 fly last season.

Coach Flannery says: "Scott has done an outstanding job for us in the fly over the last two seasons. He has constantly improved since his freshman year and came up with some very big wins for us in the 100 and 200 fly in dual meets against Edinboro and Albright."



Sean Bonifas

JUNIOR - Lancaster/Hempfield HS

Major: Business Management

Honors: 2005-06 - All-PSAC (100 breast)

Notes: Made the All-PSAC team last season by finishing third at the PSAC Championships in the 100 breast. Consolation finalist in the 200 breast and was a member of all five relays last season. Currently ranked sixth and ninth all-time at KU in the 100 (1:00.98) and 200 (2:17.48) breast, respectively. Team MVP last season.

Coach Flannery says: "Sean came on strong in the second half of the season in both breaststrokes. He also swam strong in the 200 free and wherever we needed him. We will look for him to do the same this year."



Greg Fournier

JUNIOR - Warrington/Central Bucks East HS

Major: Environmental Science

Notes: Finished sixth at the PSAC Championships in the 1650 free. Currently ranked fourth and sixth all-time at KU in the 1000 (10:06.63) and 1650 (16:58.61) free, respectively.

Coach Flannery says: "Greg has the potential to be a solid distance swimmer. He made good improvements over the past two years and we are going to keep working him harder so that he can compete with the top distance swimmers at the PSAC Championships in February."



Steve McNeely

SENIOR - Glenolden/Monsignor Bonner HS

Major: Political Science

Notes: McNeely was a consolation finalist at PSACs in the 100 and 200 breast, finishing 10th in both. McNeely owns the fourth- and fifth-fastest times in the 200 (2:13.17) and 100 (1:00.90) breaststroke, respectively, all-time for KU.

Coach Flannery says: "Steve came off a hard season last year and is looking to get back to the form of his freshman and sophomore years. He is a capable swimmer and is a strong competitor."



Derek Orr

SOPHOMORE - Easton/Easton HS

Major: Political Science

Notes: PSAC qualifier in the 100 and 200 free

Coach Flannery says: "Derek demonstrated a lot of potential in the freestyle last season. He's a very hard worker and I'm expecting him to make big contributions this season."

Golden Bear Profiles - MEN/WOMEN



John Pandish

SOPHOMORE - Milford/Delaware Valley HS

Major: Business

Notes: Finished 10th last season in the 400 IM (4:28.53) at the PSAC Championships, which ranked seventh all-time at KU. Competed in the 500 and 1000 free as well as both IMs last season

Coach Flannery says: "John has great potential in the IMs and can also be used just about anywhere in the meet lineup. He's the most versatile swimmer on our roster."



Rich Reshetar

SENIOR - Doylestown/Central Bucks East HS

Major: Business Management/Marketing

Honors: 2003-04 - All-PSAC (200 free relay)

Notes: Consolation finalist in both the 100 and 200 free at the PSAC Championships finishing 11th in both events. Currently ranked ninth and 10th in the 50 (22.13) and 200 (1:46.64) free, respectively, all-time.

Coach Flannery says: "Rich made great strides in the 200 free at the end of the season. He swam really strong coming out of our training trip in January and we're hoping that he continues his improvements in the 50, 100, and 200 free."

Top Returning Women



Nikki Cattell

JUNIOR - Warminster/William Tennent HS

Major: Business

Honors: KU record holder (800 Free Relay)

Notes: PSAC qualifier past two years in the 100 and 200 back. Currently ranked third and fifth all-time at KU in the 200 (2:15.28) and 100 (1:02.74) back, respectively. Also swam the 200 free and was a member of all five relay teams at PSAC Championships.

Coach Flannery says: "Nikki has come a long way in a hurry. She has become a great asset to the program in the backstroke and has become an even stronger 100 and 200 freestyler. We are going to need an even bigger effort from her this season."



Laura Heebner

SOPHOMORE - Easton/Easton HS

Major: Secondary Education

Notes: PSAC qualifier last season in the 400 IM. Currently ranked sixth and eighth all-time at KU in the 200 fly (2:20.27) and 400 IM (4:55.32), respectively.

Coach Flannery says: "Laura showed a lot of promise last year in many events. She is one of the more versatile swimmers on the team and she's going to see action in different events this season."



Staci McGinty

JUNIOR - Jamison/Central Bucks East HS

Major: Accounting

Notes: Missed a majority of last season with injuries to both knees. McGinty qualified for PSACs in 2005 in the 50, 100 and 200 free. She was a consolation finalist in the 200 free and scored in the 100 free as well. Was also a valuable member of all KU relay teams.

Coach Flannery says: "Missing Staci last season devastated our lineup, I am very excited to have her back in the water. By all indications, she looks like she is going to pick up where she left off in 2005."



Jill Pantelides

SENIOR - Lansdowne/Archbishop Prendergast HS

Major: Accounting

Notes: PSAC qualifier last season in the 50 free. Will see considerable action in the sprint freestyle this season. Currently ranked 10th all-time at KU in the 50 (25.69) and 100 (55.82) free.

Coach Flannery says: *"Jill is another success story improving every season. She worked herself onto the 200 and 400 free relays at the end of last year and had lifetime bests in the 50, 100 and 200 free. She is still capable of going faster in each."*



Erin Searl

SOPHOMORE - Philadelphia/Archbishop Ryan HS

Major: Business

Notes: PSAC qualifier last season in the 100 and 200 fly and the 400 IM. Consolation finalist in the 200 fly, finishing 14th. Currently ranked among all-time KU leaders in 100 fly (10th, 1:03.80), 200 fly (fourth, 2:17.37) and 400 IM (ninth, 4:58.69)

Coach Flannery says: *"Erin did some great things for us in the fly and IM last season. I really believe that she is going to be even better this season and may even see action in the 500 free."*



Ashley Singer

JUNIOR - Lititz/Warwick HS

Major: Elementary Education

Honors: KU record record holder (200 and 500 free, 200 butterfly, 800 free relay); All-PSAC in the 200 and 500 free in 2006

Notes: Singer was last year's MVP and the team's most versatile swimmer. A PSAC qualifier in seven events, she broke her own school records in three individual events (200, 500 free, 200 fly) and also helped establish a new KU standard in the 800 free relay. She was a finalist in the 100, 200 and 500 free last season finishing second in both the 200 and 500, nearly winning both.

Coach Flannery says: *"Ashley is becoming a stronger competitor every season. She's a hard worker in practice and has become a solid leader both in and out of the water. She has great potential to be even faster this season."*



Kelsey Wiley

SENIOR - Chalfont/Central Bucks West

Major: Elementary Education

Notes: Coaches Award Winner 2005-06

Coach Flannery says: *"Kelsey has been an excellent role model in and out of the water. She has made great strides in the distance events, improving every year."*



Facilities

Kutztown University is blessed with some of the top athletic facilities among Division II colleges and universities in the eastern United States. Twenty of KU's 21 teams have their home venues on campus.

Keystone Hall

The headquarters of the KU athletic department, Keystone Hall is the hub of indoor athletic activity on campus. Keystone Hall also houses the Golden Bear Sports Medicine department, designated locker rooms for all intercollegiate athletic teams, and a state-of-the-art fitness room.

Keystone Natatorium ▶

The home of Golden Bear aquatics is Keystone Natatorium. The six-lane, 25-yard competition pool, which features a separate dive well, is located in Keystone Hall. The facility features a state-of-the-art public address system, Colorado System V timing equipment with aqua grip touchpads and a six-lane mercury display scoreboard.



◀ Risley Weight Room

Athletes get extensive use from the free-weight room, located on the ground floor of Risley Hall, the original gym. The weight room was recently renovated and expanded.

Keystone Field House ▶

Keystone Field House is home to the KU men's and women's indoor track teams, and has been the site of major eastern championships in recent years. The field house is used by all teams for indoor practice and overflow athletic events. It is also used for non-athletic events, such as President Clinton's address during his visit in January 1995.



All-time Top-10 Performances - WOMEN



Event

No. Name Time Year

50 Free

1. Elizabeth Thoryk	24.25	1996
2. Liz Powell	24.46	2000
3. Kelly Rowan	24.71	2005
4. Jen Sullivan	25.04	1996
5. Molly Brenner	25.21	2005
6. Claudine Gruver	25.38	1995
7. <i>Staci McGinty</i>	25.48	2005
8. <i>Ashley Singer</i>	25.64	2004
8. Amy Facciolo	25.64	1996
10. <i>Jill Pantelides</i>	25.69	2006

100 Free

1. Claudine Gruver	52.74	1997
2. Elizabeth Thoryk	53.05	1999
3. <i>Ashley Singer</i>	53.53	2006
4. Liz Powell	53.91	2000
5. Kelly Rowan	54.38	2005
6. <i>Staci McGinty</i>	55.07	2005
7. Molly Brenner	55.28	2005
8. Haley Ravel	55.40	2004
8. Amy Facciolo	55.40	1996
10. <i>Jill Pantelides</i>	55.82	2006

200 Free

1. <i>Ashley Singer</i>	1:55.72	2006
2. Claudine Gruver	1:57.81	1996
3. DeLorean Reese	1:59.06	2004
4. Elizabeth Thoryk	1:59.15	1997
5. Liz Powell	1:59.21	2000
6. Charlene Rickert	1:59.44	1988
7. <i>Staci McGinty</i>	1:59.96	2005
8. Kelly Rowan	2:00.10	2006
9. Christy Taber	2:00.96	1999
10. Michelle Tyson	2:01.58	1989

500 Free

1. <i>Ashley Singer</i>	5:09.20	2006
2. Claudine Gruver	5:19.05	1997
3. Sharon Marchitell	5:20.60	1989
4. Christina Weber	5:21.77	1996
5. Terri A. Schwager	5:23.02	2000
6. Christy Taber	5:23.23	1999
7. Allison Puskas	5:24.90	2000
8. Beth Reasoner	5:25.02	2004
9. Melissa Porter	5:25.86	2005
10. Colleen Brady	5:27.03	2005

1000 Free

1. Christina Weber	10:57.50	1996
2. Colleen Brady	11:00.97	2004
3. Sharon Marchitell	11:03.65	1989
4. Terri A. Schwager	11:04.68	2000
5. Beth Reasoner	11:08.87	2005
6. Katy Rudolph	11:12.71	1999
7. Christy Taber	11:16.51	2000
8. Kate Feighner	11:22.40	2002
9. Kyra Nichols	11:23.80	2003
10. Brooke Sharp	11:29.55	2005

1650 Free

1. Christina Weber	18:12.35	1996
2. Sharon Marchitell	18:19.63	1988
3. Terri A. Schwager	18:24.99	2000
4. Colleen Brady	18:31.50	2004
5. Katy Rudolph	18:38.14	1999
6. Christy Taber	18:43.53	1999
7. Beth Reasoner	18:45.83	2003
8. Kyra Nichols	19:08.06	2003
9. Keira Hirshkind	19:16.11	1989
10. Kate Feighner	19:30.62	2002

100 Back

1. Claudine Gruver	57.21	1997
2. Colleen Brady	1:02.27	2003
3. Jill Sobolefski	1:02.46	2001
4. Jennifer Tomel	1:02.64	1996
5. <i>Nikki Cattell</i>	1:02.74	2006
6. Sharon Stallings	1:03.64	1996
7. Allison Puskas	1:03.70	2001
8. Karin Guenther	1:03.78	1999
9. Gretchen Smith	1:03.85	1996
10. Amy Simpson	1:04.02	1999

200 Back

1. Claudine Gruver	2:03.54	1997
2. Allison Puskas	2:11.95	2001
3. <i>Nikki Cattell</i>	2:15.28	2005
4. Colleen Brady	2:15.30	2003
5. Kelly Myers	2:16.27	2001
6. Sharon Stallings	2:16.36	1996
7. Mandy Holling	2:17.17	1999
8. Katy Rudolph	2:17.48	1999
9. Jennifer Tomel	2:18.25	1996
10. Gretchen Smith	2:18.58	1996

100 Breaststroke

1. Kelly Rowan	1:06.80	2005
2. Meg Fenningham	1:07.22	2003
3. Kelly Ross	1:08.61	1998
4. Marci Butterweck	1:11.31	2000
5. Christy Taber	1:11.64	1998
6. Allison Hershey	1:11.71	1997
7. Lisa Burns	1:11.71	1989
8. Jenn Houck	1:12.51	2004
9. Danielle Hoey	1:13.79	2001
10. Ann Kratz	1:13.82	1999

200 Breaststroke

1. Meg Fenningham	2:26.05	2004
2. Kelly Ross	2:31.56	1999
3. Mandy Holling	2:33.51	2000
4. Claudine Gruver	2:33.82	1997
5. Marci Butterweck	2:33.90	2000
6. Allison Hershey	2:34.30	1997
7. Kelly Rowan	2:35.03	2003
8. Christy Taber	2:38.25	1997
9. Meg Strychowski	2:38.42	2004
10. Lisa Burns	2:38.50	1990

100 Fly

1. Elizabeth Thoryk	58.62	1996
2. <i>Ashley Singer</i>	59.52	2004
3. Liz Powell	1:02.59	1998
4. Charlene Rickert	1:02.80	1987
5. DeLorean Reese	1:03.15	2002
6. Michelle Tyson	1:03.16	1987
7. Jennifer Tomel	1:03.18	1996
8. Kelly Myers	1:03.49	1999
9. Tara Treadway	1:03.71	2002
10. <i>Erin Searl</i>	1:03.80	2005

200 Fly

1. <i>Ashley Singer</i>	2:12.78	2005
2. Sharon Marchitell	2:14.31	1989
3. Kelly Myers	2:16.67	2000
4. <i>Erin Searl</i>	2:17.37	2006
5. Charlene Rickert	2:19.24	1987
6. <i>Laura Heebner</i>	2:20.27	2005
7. Elizabeth Thoryk	2:20.97	1998
8. Michelle Tyson	2:22.12	1988
9. DeLorean Reese	2:22.75	2002
10. L. A. Kaufmann	2:24.76	2002

200 IM

1. Claudine Gruver	2:08.45	1997
2. Linda Deering	2:15.75	1992
3. <i>Ashley Singer</i>	2:16.02	2004
4. Allison Puskas	2:17.01	2001
5. Michelle Tyson	2:17.42	1989
6. DeLorean Reese	2:20.11	2002
7. Mandy Holling	2:20.55	1998
8. Charlene Rickert	2:20.67	1988
9. Kelly Myers	2:20.76	1999
10. Colleen Brady	2:21.73	2004

400 IM

1. Allison Puskas	4:47.94	2001
2. Linda Deering	4:48.55	1992
3. Sharon Marchitell	4:52.24	1989
4. Colleen Brady	4:52.28	2005
5. Michelle Tyson	4:52.52	1989
6. Mandy Holling	4:54.67	2000
7. Katy Rudolph	4:55.23	1999
8. <i>Laura Heebner</i>	4:55.32	2005
9. <i>Erin Searl</i>	4:58.69	2006
10. Charlene Rickert	5:01.13	1988

italics-active



All-Time Top-10 Performances - RELAYS

Men

Event

No. Time-Names (Year)

200 Free Relay

- 1:24.28-Jefferys, Sloan, Atwell, Snook (1998)
- 1:26.83-Sloan, Atwell, Snook, Besz (1997)
- 1:27.04-Rowan, Reshetar, Acquarola, Borek (2004)
Sloan, Kannengieszer, Wager, Snook. (1999)
- 1:27.39-Rowan, Acquarola, Marchiano, Keglovits (2003)
- 1:27.58-Rowan, Acquarola, Rinnier, Neumann (2002)
- 1:27.59-Hillbish, Kannengieszer, Rinnier, Neumann (2002)
- 1:27.71-Kannengieszer, Wager, Rowan, Rinnier (2001)
- 1:28.22-Reshetar, Borek, Keglovits, Bonifas (2005)
- 1:29.01-Gilchrest, Lubas, Mahler, Atwell (1995)

400 Free Relay

- 3:08.08-Jefferys, Lubas, Sloan, Atwell (1996)
- 3:08.48-Jefferys, Sloan, Snook, Atwell (1998)
- 3:10.22-Jefferys, Wager, Sloan, Atwell (1998)
- 3:10.67-Gilchrest, Sloan, Besz, Atwell (1997)
- 3:11.00-Hillbish, Rinnier, Kannengieszer, Neumann (2002)
- 3:11.39-Speers, Degenhardt, Gundermann, O'Brien (1986)
- 3:11.57-Kannengieszer, Rowan, Rinnier, Wager (2001)
- 3:12.12-Ruddy, Speers, Gray, Degenhardt (1983)
- 3:12.44-Kannengieszer, Wager, Seier, Rinnier (2000)
- 3:12.45-Rowan, Acquarola, Fulkerson, Rinnier (2003)

800 Free Relay

- 7:04.88-Kannengieszer, Neumann, Rinnier, Hillbish (2002)
- 7:05.94-Jefferys, Sloan, Atwell, Snook (1998)
- 7:07.29-Jefferys, Lubas, Mahler, Snook (1996)
- 7:07.64-O'Brien, Gundermann, Slattery, Degenhardt (1986)
- 7:08.40-Ruddy, Gundermann, Lehman, O'Brein (1985)
- 7:10.62-Donohue, Gundermann, Gray, Ruddy (1983)
- 7:10.77-Stewart, Biasi, Barhydt, O'Brein (1987)
- 7:11.51-Wager, Mohler, Rinnier, Kannengieszer (2001)
- 7:11.64-Wager, Weimert, Rinnier, Kannengieszer (2000)
- 7:14.58-Bonifas, Pandish, Fournier, Reshetar (2006)

200 Medley Relay

- 1:35.88-Sloan, Snook, Atwell, Jefferys (1998)
- 1:36.02-Sloan, Sileski, Atwell, Jefferys (1998)
- 1:36.97-Gilchrest, Sileski, Atwell, Sloan (1997)
- 1:37.06-Rowan, Borek, Pfost, Keglovits (2004)
- 1:37.13-Sloan, Catallo, Atwell, Jefferys (1996)
- 1:37.35-Rinnier, Borek, Pfost, Rowan (2003)
- 1:38.57-Rinnier, Szabo, Weimert, Rowan (2001)
- 1:38.62-Rinnier, Szabo, Weimert, Kannengieszer (2000)
- 1:38.77-Sloan, Szabo, Snook, Kannengieszer (1999)
- 1:39.68-Snoep, Wisocky, Vitko, Semisch (1989)

400 Medley Relay

- 3:31.34-Rinnier, Borek, Pfost, Rowan (2003)
- 3:31.63-Sloan, Snook, Atwell, Jefferys (1998)
- 3:32.68-Rowan, Szabo, Weimert, Kannengieszer (2001)
- 3:32.79-Clark, Borek, Pfost, Rowan (2004)
- 3:32.94-Sloan, Sileski, Snook, Atwell (1998)
- 3:33.80-Rinnier, Szabo, Snook, Wager (2000)
- 3:35.61-Sloan, Szabo, Snook, Wager (1999)
- 3:35.62-Rinnier, Szabo, Weimert, Seier (2000)
- 3:36.16-Snoep, Wisocky, Vitko, Semisch (1989)
- 3:37.45-Gilchrest, Sileski, Snook, Atwell (1997)

Women

Event

No. Time-Names (Year)

200 Free Relay

- 1:37.17-Thoryk, Gruver, Ziegler, Sullivan (1997)
- 1:37.74-Thoryk, Facciolo, Sullivan, Gruver (1996)
- 1:37.91-Thoryk, Powell, Sullivan, Gruver (1998)
- 1:39.90-Brenner, Rowan, Singer, Cattell (2005)
- 1:39.98-Thoryk, Powell, Dettita, Ross (1999)
- 1:40.33-Rowan, McGinty, Hinnershitz, Cattell (2005)
- 1:40.41-Rowan, Cattell, Hinnershitz, Pantelides (2006)
- 1:40.96-Rowan, McGinty, Fenningham, Cattell (2005)
- 1:42.09-Rowan, Ravel, Fenningham, Porter (2004)
- 1:42.35-Powell, Ravel, Treadway, Dettita (2001)

400 Free Relay

- 3:34.96-Thoryk, Facciolo, Sullivan, Gruver (1996)
- 3:35.85-Thoryk, Gruver, Sullivan, Ziegler (1997)
- 3:35.93-Thoryk, Powell, Sullivan, Gruver (1998)
- 3:37.44-McGinty, Singer, Porter, Rowan (2005)
- 3:37.76-Singer, Pantelides, Cattell, Rowan (2006)
- 3:39.31-Thoryk, Dettita, Taber, Powell (1999)
- 3:41.19-Reese, Ravel, Porter, Rowan (2004)
- 3:41.29-Brenner, Singer, Cattell, Rowan (2005)
- 3:41.51-Singer, McGinty, Hinnershitz, Rowan (2004)
- 3:42.52-Powell, Puskas, Treadway, Dettita (2001)

800 Free Relay

- 7:55.15-Rowan, Hinnershitz, Cattell, Singer (2006)
- 8:02.48-Singer, Rowan, McGinty, Porter (2005)
- 8:05.38-Rowan, Reese, Ravel, Porter (2004)
- 8:06.50-McGinty, Hinnershitz, Porter, Singer (2004)
- 8:08.31-Tyson, Marchitell, Deering, Rickert (1989)
- 8:09.92-Rowan, Cattell, Brenner, Singer (2005)
- 8:10.92-Reese, Ravel, Treadway, Porter (2003)
- 8:11.85-Taber, Guenther, Dettita, Rudolph (1999)
- 8:13.46-McGinty, Reese, Porter, Singer (2004)
- 8:15.19-Rowan, Cattell, Rega, Singer (2005)

200 Medley Relay

- 1:48.91-Gruver, Taber, Thoryk, Sullivan (1997)
- 1:49.34-Gruver, Ross, Thoryk, Powell (1998)
- 1:50.01-Gruver, Hershey, Thoryk, Sullivan (1996)
- 1:51.88-Cattell, Fenningham, Reese, Rowan (2005)
- 1:51.89-Sobolefski, Fenningham, Reese, Rowan (2004)
- 1:52.26-Cattell, Fenningham, Singer, Rowan (2005)
- 1:52.36-Brady, Fenningham, Reese, Ravel (2003)
- 1:52.43-Simpson, Ross, Thoryk, Powell (1999)
- 1:53.28-Guenther, Ross, Thoryk, Powell (1999)
- 1:53.62-Cattell, Fenningham, Singer, Brenner (2005)

400 Medley Relay

- 3:59.77-Gruver, Ross, Thoryk, Powell (1998)
- 4:01.50-Gruver, Taber, Thoryk, Sullivan (1997)
- 4:02.21-Gruver, Hershey, Thoryk, Sullivan (1996)
- 4:06.61-Brady, Fenningham, Singer, Rowan (2004)
- 4:06.77-Brady, Fenningham, Reese, Treadway (2003)
- 4:07.04-Simpson, Ross, Thoryk, Powell (1999)
- 4:07.94-Brady, Fenningham, Reese, Ravel (2004)
- 4:08.15-Cattell, Fenningham, Searl, Singer (2006)
- 4:08.97-Guenther, Ross, Thoryk, Powell (1999)
- 4:09.44-Cattell, Fenningham, Singer, Rowan (2005)

All-Time Top 10 Performances - MEN



Event

No. Name Time Year

50 Free

1. Matt Rowan	20.84	2004
2. Matt Jefferis	21.03	1998
3. Brian Sloan	21.16	1996
4. Lee Speers	21.44	1984
5. Kyle Atwell	21.49	1996
6. Eric Hillbish	21.60	2002
7. Paul Ruddy	22.01	1982
8. M. Kannengieszer	22.10	2000
9. Rich Reshetar	22.13	2005
10. Kurt Degenhardt	22.14	1983

100 Free

1. Eric Hillbish	45.55	2002
2. Matt Rowan	46.30	2004
3. Matt Jefferis	46.68	1998
4. Paul O'Brien	47.28	1986
5. Brian Sloan	47.34	1996
6. Paul Ruddy	47.37	1983
7. Arthur Gilchrest	47.48	1997
8. Kyle Atwell	47.63	1996
9. M. Kannengieszer	47.81	2000
10. Bill Rinnier	48.21	2003

200 Free

1. Eric Hillbish	1:39.72	2002
2. Ed Flory	1:42.70	1978
3. Paul O'Brien	1:43.87	1986
4. Matt Jefferis	1:45.17	1998
5. Paul Ruddy	1:45.32	1983
6. Arthur Gilchrest	1:45.86	1995
7. M. Kannengieszer	1:45.94	2000
8. Dan Mazza	1:46.07	1988
9. Kris Lubas	1:46.22	1996
10. Rich Reshetar	1:46.64	2006

500 Free

1. Ed Flory	4:34.54	1978
2. Todd Barhydt	4:45.64	1987
3. Kris Lubas	4:47.72	1996
4. R. Gundermann	4:48.64	1986
5. Dan Mazza	4:49.37	1988
6. Tom Donohue	4:49.80	1983
7. Eric Hillbish	4:50.66	2001
8. Greg Fulkerson	4:53.15	2005
9. Arthur Gilchrest	4:54.19	1995
10. Joe Stehr	4:55.56	1992

1000 Free

1. Ed Flory	9:39.70	1978
2. Kris Lubas	10:02.85	1995
3. Todd Barhydt	10:03.16	1986
4. Greg Fournier	10:06.63	2005
5. Chris Brown	10:10.64	1986
6. R. Gundermann	10:10.76	1986
7. Eric Lancaster	10:12.53	2001
8. Justin Piosa	10:12.78	2002
9. Bill Auty	10:14.00	1996
10. Greg Fulkerson	10:14.39	2003

1650 Free

1. Ed Flory	16:16.22	1978
2. Todd Barhydt	16:30.66	1987
3. Kris Lubas	16:39.14	1995
4. Robert Pesce	16:50.34	1979
5. R. Gundermann	16:53.01	1986
6. Greg Fournier	16:58.61	2006
7. Chris Brown	16:58.65	1990
8. Eric Lancaster	16:59.19	2001
9. Tom Donohue	17:00.08	1982
10. Dan Mazza	17:06.19	1988

100 Back

1. Eric Hillbish	51.19	2002
2. Matt Rowan	51.45	2004
3. Bill Rinnier	52.71	2003
4. Brian Sloan	53.05	1996
5. Doug Linde	54.26	1984
6. Arthur Gilchrest	54.54	1995
7. Aaron Clark	54.63	2004
8. Joe Randazzo	54.89	1996
9. Dan Pfost	54.95	2006
10. Peer Snoep	55.22	1989

200 Back

1. Bill Rinnier	1:54.82	2003
2. Eric Hillbish	1:56.09	2002
3. Dan Pfost	1:58.59	2006
4. Joe Randazzo	1:58.72	1996
5. Aaron Clark	1:59.18	2004
6. Matt Rowan	1:59.34	2001
7. Arthur Gilchrest	1:59.68	1995
8. Doug Linde	1:59.80	1984
9. Eric Snook	2:00.73	1996
10. Rob Stewart	2:00.92	1987

100 Breaststroke

1. Brad Borek	59.28	2004
2. Sylvio Szabo	1:00.33	2001
3. Mike Sileski	1:00.53	1998
4. Craig Sanders	1:00.59	1982
5. Steve McNeely	1:00.90	2005
6. Sean Bonifas	1:00.98	2006
7. Steve Mohler	1:01.23	2001
8. Matt Wisocky	1:01.84	1989
9. Pete Acquarola	1:02.61	2003
10. John Krick	1:02.76	1983

200 Breaststroke

1. Brad Borek	2:11.04	2005
2. Mike Sileski	2:11.78	1997
3. Sylvio Szabo	2:12.53	2001
4. Steve McNeely	2:13.17	2005
5. Matt Wisocky	2:14.01	1989
6. John Krick	2:14.79	1982
7. Steve Mohler	2:15.79	2000
8. Pete Acquarola	2:16.55	2003
9. Sean Bonifas	2:17.48	2006
10. Adam Brooks	2:17.58	1997

100 Fly

1. Kurt Degenhardt	51.11	1986
2. Kyle Atwell	52.33	1998
3. Eric Snook	52.69	1998
4. Dave Vitko	52.94	1989
5. Mike Weimert	53.17	1999
6. Dan Pfost	53.31	2004
7. Kevin Burkey	53.73	1990
8. Peer Snoep	53.86	1990
9. M. Druckenmiller	53.99	1979
10. Rob Stewart	54.27	1987

200 Fly

1. Ed Flory	1:54.11	1978
2. Kurt Degenhardt	1:54.16	1986
3. Dan Pfost	1:57.10	2004
4. Mike Weimert	1:57.28	1999
5. Eric Snook	1:57.78	1998
6. Dave Vitko	1:58.94	1989
7. Paul O'Brien	1:59.78	1985
8. Kevin Burkey	1:59.81	1990
9. Morgan Wager	2:00.61	2000
10. Todd Barhydt	2:01.48	1987

200 IM

1. Eric Hillbish	1:53.48	2002
2. Morgan Wager	1:57.04	1999
3. Eric Snook	1:57.30	1999
4. Paul O'Brien	1:59.34	1986
5. Dan Pfost	2:00.07	2004
6. Bill Rinnier	2:01.05	2003
7. Braxton Besz	2:01.42	1997
8. Doug Linde	2:01.77	1984
9. Aaron Clark	2:02.11	2004
10. Kurt Degenhardt	2:02.67	1986

400 IM

1. Morgan Wager	4:12.05	2001
2. Walter Bartman	4:23.29	1993
3. Dan Gray	4:23.95	1982
4. Tom Spitale	4:26.42	1997
5. Bill Rinnier	4:27.01	2002
6. Dan Pfost	4:27.32	2004
7. John Pandish	4:28.53	2006
8. Kris Lubas	4:29.01	1993
9. Steve Swift	4:30.30	1999
10. Dave Vitko	4:32.48	1989

italics-active



History



Ed Flory
1974-78

Hall of Fame,
NCAA Champion,
All-America,
School-Record Holder,
One of Kutztown's Top
30 Athletes of the 20th
Century



Brian Sloan
1995-99

All-America,
School-Record Holder



Eric Snook
1995-99

All-America,
School-Record Holder,
Academic All-America



Elizabeth Thoryk
1995-99

All-America,
School-Record Holder,
One of Kutztown's
Top 30 Athletes of
the 20th Century



Liz Powell
1997-2001

All-America,
School-Record Holder



Claudine Gruver
1995-98

NCAA Champion,
All-America,
School-Record Holder,
'90s All-Decade Team

Career Coaching Records

<i>Men</i>	Overall	<i>Women</i>	Overall
Coach	W-L	Coach	W-L
Tim Flannery	48-46-1	Tim Flannery	62-63
Ken Ralph	13-6	Ken Ralph	13-10
Walter Holt	22-36	Walter Holt	14-29
Ken Fernandez	24-17	Lori Dmytrush	5-20
Bill Imschweiler	96-51	Ken Fernandez	21-15

Year-by-Year Records

<i>Men</i>		Overall	
Year	Coach	W-L	PSAC*
2005-06	Flannery	2-5	6th
2004-05	Flannery	4-5	5th
2003-04	Flannery	6-4	3rd
2002-03	Flannery	7-4-1	4th
2001-02	Flannery	5-6	5th
2000-01	Flannery	5-4	5th
1999-00	Flannery	3-7	4th
1998-99	Flannery	6-4	6th
1997-98	Flannery	6-3	4th
1996-97	Flannery	4-4	5th
1995-96	Ralph	8-2	5th
1994-95	Ralph	5-4	7th
1993-94	Holt	5-6	8th
1992-93	Holt	4-7	8th
1991-92	Holt	3-7	8th
1990-91	Holt	3-7	8th
1989-90	Holt	4-4	5th
1988-89	Holt	3-5	5th
1987-88	Fernandez	4-4	6th
1986-87	Fernandez	6-3	7th
1985-86	Fernandez	7-8	5th
1984-85	Fernandez	7-2	7th
1983-84	Imschweiler	5-3	7th
1982-83	Imschweiler	7-4	5th
1981-82	Imschweiler	7-4	5th
1980-81	Imschweiler	9-3	dnc
1979-80	Imschweiler	8-3	7th
1978-79	Imschweiler	11-4	8th
1977-78	Imschweiler	9-4	7th
1976-77	Imschweiler	11-2	7th
1975-76	Imschweiler	9-4	t-7th
1974-75	Imschweiler	7-6	t-8th
1973-74	Imschweiler	6-7	11th
1972-73	Imschweiler	7-7	9th
1971-72	Imschweiler		8th
1970-71	Imschweiler		9th

<i>Women</i>		Overall	
Year	Coach	W-L	PSAC*
2005-06	Flannery	4-5	9th
2004-05	Flannery	8-5	7th
2003-04	Flannery	6-7	8th
2002-03	Flannery	5-9	9th
2001-02	Flannery	3-11	9th
2000-01	Flannery	6-7	7th
1999-00	Flannery	5-8	6th
1998-99	Flannery	7-6	6th
1997-98	Flannery	9-3	5th
1996-97	Flannery	9-2	6th
1995-96	Ralph	8-4	6th
1994-95	Ralph	5-6	8th
1993-94	Holt	2-11	9th
1992-93	Dmytrush	2-12	9th
1991-92	Dmytrush	3-8	7th
1990-91	Holt	2-10	8th
1989-90	Holt	5-4	8th
1988-89	Holt	5-4	8th
1987-88	Fernandez	9-1	7th
1986-87	Fernandez	5-5	8th
1985-86	Fernandez	5-4	10th
1984-85	Fernandez	2-5	

*PSAC Championship finish



photo by KU university relations

The brand new, 64,623 square foot student recreation center opened in the fall of 2006. The facility, located between Keystone Hall and University Field, is THE place to be for student recreation and fitness on campus. Among the amenities are a nearly 9,000 sq. ft. fitness center and weight room, two group fitness studios, two

racquetball courts, an indoor rock climbing wall, a synthetic surface gymnasium with curved walls for indoor sports, a synthetic surface half gymnasium, a suspended jogging track (approx. 1/10 mile), an office suite for recreational services staff, a meeting room, retail space/snack bar and locker rooms with jacuzzis.

2005-06 Dixon Trophy



photo by KU sports information

For the first time in school history, Kutztown University is the winner of the Pennsylvania State Athletic Conference's (PSAC) Dixon Trophy for the 2005-06 academic year. The trophy is presented annually to the league's most successful all-around program.

The Dixon Trophy is named after F. Eugene Dixon, Jr., former chairman of the Board of Governors of Pennsylvania's State System of Higher Education. It is awarded annually to the PSAC member institution that accumulates the most points based on results of conference playoffs and/or regular-season records. Each institution's point total is calculated by adding

its top six men's finishes and top six women's finishes in 21 conference sports.

Kutztown, the runner-up the past two years, totaled 140 points, edging Shippensburg by one and a half points.

Pictured above are several representatives of Kutztown University's athletic teams accepting the Dixon Trophy at a presentation in September. On hand to present the trophy to KU's coaches and athletes were President F. Javier Cevallos (far left), Vice President for Student Services and Campus Life Chick Woodard (front, third from right) and Director of Athletics Greg Bamberger (far right).



Academics & Athletics at KU

The **KU Academic Success Initiative**, when fully implemented by the coaching staff, provides the appropriate support, incentive, and opportunity for students to make a similar effort toward their academic success as made toward their athletic performance. The Initiative is based on the expectation that both individual and team academic performance will be at or above the level of the overall student body. This expectation is built into the evaluation of coaches and is an integral part of the process of awarding athletic scholarships. KU provides athletic scholarships to support the academic pursuits of its student-athletes. Student-athletes are expected to participate in sports because they love to do so.

Continuing indications reveal that the Initiative works and is having a profound and measurable effect on both academic and athletic performance. Over the past 11 years, KU's freshman class of student-athletes has had a significantly higher grade-point average than the overall freshman class. In 2005-06, KU's student-athletes achieved a cumulative grade-point average of 2.84, the second highest in school history. Also, 94 Golden Bears were recognized as Pennsylvania State Athletic Conference (PSAC) Scholar Athletes.

The **KU Academic Success Initiative** contains the following components:

The Monitoring of Progress: The academic progress of student-athletes is continually tracked and monitored.

Course Selection and Registration: In order to avoid unnecessary conflicts between athletic events and classes, student-athletes are provided a registration date earlier than the rest of the campus student population. Registration is now done online via the Internet. Students can go online at any time to view their schedule, grades, transcript, financial aid, payments, charges and restrictions on their account.

Academic Coaching: This year-long program is based on one-on-one personal contacts between the coach and the student-athlete.

Faculty Advising: This is an essential part of the college experience and is often a major factor in the ultimate academic success of students. Advisor meetings are required in order to register for classes.

Pre-Season Academic Seminars: During pre-season camps and/or the first week of classes, athletes may participate in seminars addressing topics such as time management, study skills, class participation, student/faculty relationships and test-taking strategies.

Career Services Visit For Undeclared Majors: Incoming students who have not yet declared a major or who may be unsure of their chosen major are highly encouraged to visit the Career Services Office.

Referrals For Services to the Department of Developmental Studies: Student-athletes are strongly encouraged to make use of the Department of Developmental Studies' services in regard to tutoring or other needs

for specialized instruction.

Referrals For Services to the Counseling and Advisement Center: Trained counselors/faculty advisors are available to help with psychological/academic counseling/advisement issues.

Library Tour: A library tour is highly recommended of all incoming student-athletes.

Personal Computer: Each student-athlete is strongly encouraged to have access to a networked personal computer.

Academic Accomplishment Recognition

The Department of Athletics has developed a comprehensive program to provide incentive for and acknowledgement of the many academic accomplishments of its student-athletes. Below are some examples of the program.

Graduation Reception: The athletic department hosts a reception for graduating student-athletes and their families at the winter and spring commencement ceremonies to recognize the culmination of student-athletes' education at Kutztown University.

Awards and Honors: KU offers specific academic scholarships available only to student-athletes. KU student-athletes are nominated for all available NCAA, PSAC and CoSIDA awards.

Scholar-Athlete Banquet: Each year, the PSAC Scholar-Athletes are recognized at a banquet in their honor.

Dean's List Ceremony: All Kutztown University student-athlete dean's list recipients are acknowledged at a basketball game every year.

2006-2007

Kutztown University Swimming Schedule

OCTOBER

SAT 14 at West Chester 1:00 PM
SAT 28 MISERICORDIA 1:00 PM

NOVEMBER

SAT 4 at East Stroudsburg (W) 1:00 PM
 SAT 11 at Mansfield (W) with Edinboro 1:00 PM
FRI 17 GOLDEN BEAR INVITATIONAL 11AM/7PM
-SAT 18 10AM/4PM

DECEMBER

SAT 2 at Franklin & Marshall Invitational 9:00 AM
 -SUN 3

JANUARY

FRI 12 ALBRIGHT 6:00 PM
 SAT 20 at Bloomsburg 1:00 PM
 SUN 28 at Shippensburg 1:00 PM

FEBRUARY

SAT 3 ROWAN 1:00 PM
 WED 21 at PSAC Championships All Day
 -SAT 24 (at Mechanicsburg, PA)

MARCH

WED 14 +NCAA Division II Championships All Day
 -SAT 17 (at Buffalo, NY)

Home events in **BOLD CAPS**
 (W) women only
 + if team qualifies