



KUTZTOWN

UNIVERSITY

GOLDEN BEARS™

2009-2010
STUDENT-ATHLETE
HANDBOOK



Kutztown University Athletics

The Student Athlete Advisory Committee (SAAC) welcomes you to Kutztown University. Our organization truly understands the athletic and academic demands which are placed upon student-athletes throughout their college careers. We also realize how very important it is to have a successful start at Kutztown University. Because of this, the Student-Athlete Handbook was created. Its purpose is:

- to assist the student-athlete,
- to promote future excellence,
- to help you meet the challenges that lie ahead of you on your educational and athletic journeys.

Inside the Student-Athlete Handbook, you will find:

- Useful information on financial aid, registration and other academic processes.
- Important phone numbers.
- Information on support services, such as sports medicine and sports information.

The SAAC was developed to provide student-athletes a unified voice by which they could have some influence on the events and situations that affect their daily lives. Our Council acts as a liaison to the athletic staff and the Kutztown University community by offering information on specific needs and accomplishments of Kutztown University student-athletes. Two members of Kutztown University's SAAC meet semi-annually with the Pennsylvania State Athletic Conference (PSAC) SAAC to discuss issues involving the entire conference. Currently, we have two to three representatives from each of the 21 varsity sport teams offered at Kutztown University.

The primary function of SAAC is to take the concerns and needs of the student-athlete and decide what actions will serve them best. This is achieved by having separate sport representatives collect the thoughts of their teammates and present them to Council for consideration. The process above only works with your cooperation.

We wish you good luck and hope your college experience is a positive one.

Student Athlete Advisory Committee



All photos in this publication, unless noted, by Jeff Unger of Unger's Studio, Kutztown, PA. These and many other action and team pictures are available for purchase at ungerstudio.com. A portion of the proceeds of KU athletics pictures purchased through ungerstudio.com will benefit Kutztown University Athletics.

The 2009-10 Kutztown University Student-Athlete Handbook is a production of the Kutztown University Athletic Department, edited by Greg Bamberger and Rob Knox.



CONTENTS

ATHLETIC DEPARTMENT INFORMATION

Athletic Department Mission Statement..... 3
Financial Aid 4-5
Practice/Competition Regulations 5
Academic Policies 6-8
Career & Community Services..... 9
Behavioral Expectations of Student-Athletes..... 10-11
NCAA Banned-Drug Class Information 12-13
Academic Support 14-15
Sports Medicine 16-17
Coaching Evaluations 18
Equipment Policies 18-19
Sports Information..... 19-21

PLANNERS

Fall Semester Schedule..... 22
Fall Schedule Grid 23
Spring Semester Schedule 24
Spring Schedule Grid 25

ADDITIONAL INFORMATION

Important Phone Numbers..... 26
Athletic Administration, Support Staff, & Coaches Directory..... 27

This is not the official NCAA Rules or Campus Policy. The NCAA Handbook and Kutztown University Key supersedes all material in this handbook. See your Coach or Athletic Director for the official policies. In accordance with the Equity in Athletics Disclosure Act of 1994 section 360B of Pub. L. 130-382), the Kutztown University Athletic Department has made information concerning its intercollegiate athletics programs available to the public. This information is on file in the Rohrbach Library, at the Athletic Department main office, or on the KU athletics Web site. Any questions about such information can be directed to the Athletics Office (610) 683-4094.



KUTZTOWN UNIVERSITY ATHLETICS

KUTZTOWN UNIVERSITY INTERCOLLEGIATE ATHLETICS MISSION STATEMENT

It is expected that the intercollegiate athletic programs will:

Graduate a high rate of student-athletes.

This is the ultimate goal of the athletic department. The standard will always be to graduate the student-athletes at a higher rate than the general student body.

Be as successful as their resources allow.

Based on personnel and resources, the intercollegiate athletic teams will pursue the highest level of success possible. It is understood that personnel, operating budgets, scholarships budgets and physical resources play a large role in determining the success of the athletic programs.

Operate with integrity.

There is no athletic outcome that justifies the violation of any institutional, conference, or NCAA rule or regulation. The NCAA principles of sportsmanship, ethical conduct, amateurism and rules compliance are paramount.

Enhance the educational experience of the student-athlete.

A student-athlete's value structure is further developed through his/her experience as a collegiate student-athlete. Values such as teamwork, leadership, commitment, sacrifice and perseverance can be developed and enhanced as the result of a student-athletes experience.

Represent the institution in a positive manner.

The department of athletics is the 'Front Porch' of the university. The first reflection of the reputation of the university is largely portrayed by the actions of the Department of Athletics. It is vital



that the programs represent the institution in a positive manner on and off the playing field.

Produce contributors to society

The true measure of success of an athletic department is how productive the student-athletes become once they graduate from that experience. Producing contributors during and after their collegiate experience is vital to the mission.





FINANCIAL AID

The Kutztown University Financial Aid Office is committed to helping students find solutions to higher education financing. The staff is available for questions from students as well as parents. The office is located in room 209 of the Stratton Administration Center, (610) 683-4077. Please contact the Financial Aid Office for further information.

Student financial aid programs are based upon the philosophy that no eligible student should be denied the opportunity for a post-secondary education resulting from lack of adequate financial resources. Kutztown University's Financial Aid Office is committed to this philosophy. A basic principle of student financial aid is that the primary responsibility for educational costs must be assumed by the family, including the student. The family's resources, both the parents' and the student's, are federally computed to calculate an overall family contribution toward meeting educational costs. Aid from federal, state, private and institutional sources may then supplement educational expenses to the extent that funds are available.



Major functions of the Financial Aid Office include, but are not limited to, processing aid application information for the purpose of delivering federal Title IV and state aid to eligible students; administering institutional and private aid as well as counseling students. This assists in the university's efforts to provide access, recruit and retain students.

The Financial Aid Office provides advice and assistance in the formulation of the student's financial planning, for consideration of federal, state and institutional aid. The amount of financial aid awarded is dependent on the extent of the student's need and the availability of funds. **Students seeking financial aid are required to submit the Free Application for Federal Student Aid (FAFSA). The FAFSA must be filed by March 1 of each year to be considered for all forms of aid.** This process applies to both in-state and out-of-state students seeking consideration for all aid from the institution.



Students interested in student loans need to respond to the FAFSA question, "In addition to grants, are you interested in being considered for work study or student loan?" If you selected option 2 or 3, first time borrowers will need to complete a Master Promissory Note (MPN) after KU has processed the loan. If you originally indicated you were not interested and now want to be considered for a loan, contact the Financial Aid Office. Parents seeking to borrow a Parent Loan for Undergraduate Students (PLUS) can do so by visiting www.elmselect.com, which outlines the lenders we are suggesting for Stafford and PLUS. Private alternative loans are also available to families to assist in meeting the cost of attendance. The University also offers a variety of payment options through TuitonPay (division of SallieMae) to assist in college expenses.

Continued aid eligibility for incumbent students requires maintaining satisfactory academic progress toward a degree program. This measure of progress is both quantitative (credits earned) and qualitative (QPA) in nature. Review the Progress policy by visiting the Financial Aid website at www.kutztown.edu/admin/finaid/home.html.



KUTZTOWN UNIVERSITY ATHLETICS

EARNED NEW CREDITS AND GPA REQUIREMENTS

Progress is measured for the academic year based on the student's prior two semesters of enrollment. The total number of new credits a student is required to earn is determined by their enrollment on the last day of Drop/Add. A typical full-time undergraduate student must earn a minimum of 24 new credits per academic year. (Repeat of "D" grades or higher do not count.) Students may make up credits during the summer if they have not earned the required number of credits by the end of Spring. (There are a variety of private alternative loans available for courses taken at KU.)

Students who have entered their fifth semester and beyond must maintain an overall Grade Point Average (GPA) of at least a 2.00 and not be on Academic Warning or Probation in order to qualify for aid. The GPA is measured annually at the end of the academic year for the upcoming year.



SCHOLARSHIPS IN ATHLETICS

BASIC POLICY FOR THE AWARDING OF ATHLETIC SCHOLARSHIPS - Kutztown University provides athletic scholarships to support the academic pursuits of its student-athletes. **Students are expected to participate in sports because they love to do so.**

This means that money provided for student-athletes in the form of athletic grants-in-aid is to support their pursuit of an education, not to support their participation in a sport. The intent of this policy is to spend our valued scholarship dollars on students who are using them for the purpose intended — their education, while pursuing their particular sport(s) with passion.

All funds for scholarships to student-athletes are generated from fund-raising efforts by the Kutztown University athletic department, the Student Government Association and the Kutztown University Foundation. There are a variety of scholarships available to both new and continuing student-athletes in all the varsity sports at Kutztown University. Inquire with coaches for more information. The renewal and/or cancellation of Athletic Scholarships is governed by NCAA Rules (See NCAA Manual Bylaw, Article 15).

Most athletic scholarships include an amount for purchasing books or required academic supplies. These funds are provided to be sure you can at least afford some if not all of your books.

CAMPUS JOBS

Listings of both on and off campus jobs are available in the Financial Aid Office or on the Web at <https://secure.kutztown.edu/finaidapp>.



PRACTICE/COMPETITION REGULATIONS

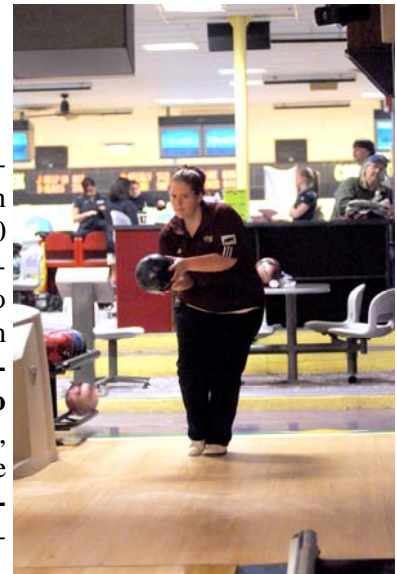
NCAA rules limit the amount of time each day and each week that you can be asked to participate in practice, competition and other activities related to your sport, both in and out of season, while school is in session. These activities are referred to as Countable Athletically-Related Activities (CARA). Your coach is aware of and responsible to adhere to these limitations. If you have any questions concerning this, address the Office of the Director of Athletics responsible for monitoring compliance in this area or have your team representative bring the issue to the Student Athlete Advisory Committee (SAAC).



ACADEMIC POLICIES

NCAA ELIGIBILITY CENTER

To play varsity sports as a freshman in NCAA Division I or II your initial eligibility to participate must be certified by the NCAA Eligibility Center. In Division II you must graduate from high school with a grade-point average of at least 2.00 GPA (on a 4.00 scale) in a core curriculum of at least 14 academic courses successfully completed during grades 9 through 12. Student-athletes must have also scored at least a combined 820 on the SAT (verbal and math) or a minimum sum score of 68 on the ACT. **It is your responsibility as a prospective student-athlete to make sure the Eligibility Center has the documentation it needs to certify you.** You must have a completed and signed student-release form. Next, your official transcript must be mailed directly from every high school you have attended since ninth grade. Finally, your ACT or SAT scores must be sent **directly** from the testing agency. This should be done months prior to attending college due to the time factor in processing information.



AMATEURISM CLEARINGHOUSE CERTIFICATION

Any student-athlete who attends an institution for the first time (as of fall 2007 and thereafter) must be certified as an amateur by the clearinghouse. This includes prospects transferring from any two-year or four-year institutions (including foreign institutions) that are not members of Division I or II. If a prospect wishes to participate in athletics at a Division I or II institution, the prospect must register with the clearinghouse and submit the appropriate documentation to receive a certification decision.

The amateurism questions include five questions (along with five more sub-questions) relative to your athletics participation and any agreements you may have with an agent or professional team. Based on the information you provide, the clearinghouse will determine if you are still an amateur or if you have violated NCAA amateurism rules.

KU ACADEMIC POLICIES

Undergraduate Exception Committee: This committee exists to consider exceptions to any academic policies. Approval forms can be obtained in the Registrar's or Provost's office. Ask your coach or faculty advisor for assistance.

ACADEMIC WARNING & PROBATION

Upon completion of either two semesters or 24 credit hours, students must have a minimum grade point average (GPA) of 2.00. If the minimum GPA is not reached, the student will be put on academic warning for one semester. While on academic warning, the following criteria must be met:

1. *The student must see an advisor and use KU support services to remedy academic difficulties.*
2. *Financial aid may be denied if the student is at or beyond his/her fifth semester.*
3. *The student may not request a leave of absence.*

After a semester of academic warning, if the student's GPA is still below a 2.00, the student will be put on Academic Probation. Academic Probation requires the same criteria with the following additions:

1. *The student is not in good academic standing.*
2. ***Student is prohibited from competition in athletics, participating in leadership positions, or student organizations.***
3. *The student is limited to 13 semester credit hours unless permission is granted by the Advising Center or Department of Developmental Studies.*



KUTZTOWN UNIVERSITY ATHLETICS

After a semester of Academic Probation, if the student's GPA still falls below a 2.00, the student will be dismissed from the University. If a GPA deficiency is removed over the Summer Sessions at Kutztown University, poor academic standing status is eliminated.

TAKING CLASSES OFF CAMPUS

Students who intend to take classes at another college/university must follow the guidelines of the Kutztown University Office of the Registrar to ensure transfer credit.

PERMIT PROCESS

Permission to study at another college requires the student obtain a course description from that college/university and to fill out the appropriate paper work, in the Office of the Registrar. That office will then review the request and either allow or disallow the course. To transfer the credits to Kutztown University the student must secure a minimum grade of a C. Grades received at another Pennsylvania State System of Higher Education (PASSHE) university do not transfer, only the credits, unless a student applies and qualifies under this visiting student policy.

NCAA ACADEMIC ELIGIBILITY

To be eligible to represent an institution in intercollegiate athletics, a student-athlete shall be enrolled in at least a minimum full-time program of studies (12 credits), be in good academic standing and maintain satisfactory progress toward a baccalaureate or equivalent degree. Satisfactory progress consists of passing a minimum of six (6) credits per semester, 24 credits total per academic year (including summer), and maintaining a minimum GPA based on total credits earned. Permission for a waiver of the minimum full-time enrollment requirement may be granted for a student enrolled in the final term of the baccalaureate program.* Also, a student may represent the institution while enrolled as a graduate or professional student or while enrolled and seeking a second baccalaureate degree.

**See 2009-10 NCAA Manual*

ACADEMIC ELIGIBILITY AT KU

For student-athletes to maintain continuing eligibility to compete, and thus maintain their athletic scholarships, they must pass a minimum of six (6) credits each semester with a minimum semester GPA of 1.5, regardless of their overall cumulative GPA or their overall number of earned credits. Requests for a waiver of these institutional policies in the event of extraordinary circumstances may be granted by the Faculty Athletic Representative when documented and requested in writing.





GRADUATION REQUIREMENTS

In order to receive a degree from Kutztown University, a student must be able to meet the following requirements:

1. Presently, 120-128 credit hours must be completed with a 2.00 cumulative grade point average in all courses taken while at Kutztown University, as well as a 2.00 GPA in all courses in the major field. The GPA in the major field includes all courses with a prefix of the major and any other course required as an elective for the major.
2. All general education requirements must be fulfilled.
3. Students must complete half the minimum credit hours required in their major at KU. Courses completed must be at the advanced level. In order to comply with this regulation, a student may need to complete more than 120-128 credit hours for their degree.
4. A minimum of 32 credit hours must be completed at KU.
5. Of the last 32 credit hours taken, 16 of them must be completed at KU. Students in the Medical Technology program must take 30 hours at a KU approved hospital.
6. Any additional requirements needed for a student's degree such as student teaching, comprehensive examinations in the major, required internships, or student exhibitions/artwork must be completed.
7. All students who seek an Instruction I Certification must pass the PTCT examination. For further information, please contact the Dean, College of Education, (610) 683-4253.



APPLICATION FOR GRADUATION

Each student who plans to graduate at the end of the current semester must complete a diploma data form. This form may be obtained in the Registrar's Office. The completed diploma data form must be returned to the Registrar's Office on or before the graduation application deadline. This date can be found on the Master Schedule.

GRADUATING WITH HONORS

Kutztown recognizes students' scholastic achievement upon graduation by recording honors on the permanent records as well as the commencement program. The GPA's necessary are as follows: 3.40 (cum laude), 3.60 with high honor (magna cum laude), 3.80 with highest honor (summa cum laude).





KUTZTOWN UNIVERSITY ATHLETICS

CAREER & COMMUNITY SERVICES

A WORKING DEFINITION

Career development and planning is an educational process through which individuals learn to understand the relationship between their capabilities and interests; their university experiences and professional opportunities outside the University; and the steps necessary to prepare for those opportunities. Students should initiate the process EARLY, explore possible options and prepare for entry into one of the career fields they choose.

CAREER SERVICE GOALS

The goals of the career planning and placement process are to help students:

1. *Think in terms of functional responsibilities rather than merely linking major/job.*
2. *Acquire and develop the skills necessary to become informed decision makers.*
3. *Develop the potential of becoming responsible managers of their own careers.*

Career services will not “get you a job,” but will provide an environment in which students and career opportunities can find each other.



SERVICES

- *Career Counseling, freshman through senior year.*
- *Career Resource center, containing approximately 500 volumes.*
- *Interview, resume/cover letter, job search, dining etiquette, internship, and graduate school workshops.*
- *On-campus interviews.*
- *Job fairs*
- *Employment data bases-candidate referral system (College Central and Monster Trak).*
- *Opportunities to engage in community service activities include: America Reads/Counts, Big Brothers/Big Sisters, Habitat for Humanity, Alternative Spring Break and numerous other opportunities to contribute to the local community.*

For complete information on the programs and services provided by Career & Community Services, visit the Web site: <http://www.kutztown.edu/divisions/student-services/departments/ccs/cc/>

RESOURCES

Career Services provides a wide range of information sources including...

- *A Self-Directed Computer Guidance System: Which helps students identify their skills, abilities, and interests, while giving them career, academic and decision making information.*
- *Career Resource Center: A collection of books and articles which provide facts on thousands of careers, graduate school programs and employers.*
- *Access to: Company and school district literature/videos containing information about employers throughout the country including the Internet.*
- *Applications and study guides for national testing: Such as Praxis, LSAT (Law School), GRE (Graduate Record Exam), and many more tests.*
- *Career Services is located in Room 113 in the Stratton Administration Building (610-683-4067).*

Career Services Web site: <http://www.kutztown.edu/divisions/student-services/departments/ccs/cc/>



BEHAVIORAL EXPECTATIONS OF STUDENT-ATHLETES

Your actions and those of your teammates and coaches are governed by the rules and policies of the University, the NCAA, the PSAC, and the rules of your sport. You are expected to report all acts of poor sportsmanship, suspected NCAA violations or unethical behavior at any athletic-related activity, home or away, to your coach, the Director of Athletics or the Faculty Athletic Representative.



STUDENT ATHLETE CODE OF CONDUCT

As a requirement for participation, all student-athletes will be asked to agree to an Athletic Department Student-Athlete Code of Conduct. This document will address expectations and responsibilities associated with your participation as a student athlete at Kutztown University.

SOCIAL NETWORKING POLICY (INTERNET BASED)

Effective September 1, 2007, the Department of Athletics issued a conduct policy regarding Social Networking Web sites. These include, but are not limited to, Facebook, MySpace, Webshots, etc. You will be required to agree to a set of guidelines referring to the use of these networking vehicles.

SPORTSMANSHIP

Unsportsmanlike conduct, violence and lack of respect and civility, in a broad sense, represent an offense against civilized society and a deterioration of our status as a people. More specifically, such practices are contrary to the essence of a university, which is to foster education and reason. Good sportsmanship must be an integral part of every sport sponsored under the aegis of a university because it is part of the educational process. The ethical environment of a university must assert and reflect the primary of human dignity, must encourage growth and achievement and must insist on respect in all interpersonal relations.

PSAC POLICY ON SPORTSMANSHIP AND ETHICAL BEHAVIOR

PREAMBLE: The PSAC is committed to developing sportsmanship and creating healthy environments for competition. We believe that part of the role of education through sports is to educate all participants in athletic contests to conduct themselves with civility, dignity and respect for opponents.

The PSAC policy has outlined the sportsmanship responsibilities for all those involved in athletic competition – the institution, PSAC Commissioner, Athletic Administrators, Coaches, Officials, Student-Athletes, Spirit Groups and Spectators. Specific procedures, disciplinary action and penalties are defined and must be followed for any violations of the defined policy. These policies have been created to minimize and eliminate unsportsmanlike and unethical behavior by participants in the PSAC. Your coach should inform you of the specific policies that relate to you and your sport.

HAZING

Act 175 of 1986 (The Anti-Hazing Law) of the Commonwealth of Pennsylvania prohibits students and student organizations from hazing for membership and from hazing persons who are already members to maintain their membership in organizations. Team initiations (hazing) almost always involves something illegal, humiliating and/or dangerous. Such activities are not always effective, are risky and a poor substitute for team-building strategies. No one other than the coach should establish standards or determine what it takes to be a part of the team. This policy applies to all athletic teams and sports clubs. Coaches of teams involved in or condoning these activities are subject to disciplinary personnel action, including suspension and dismissal.



KUTZTOWN UNIVERSITY ATHLETICS

Teams involved in these activities are also subject to discipline, including, but not limited to, cancellation of practice and/or competition for a period of time.

ETHICAL CONDUCT & PROHIBITION AGAINST GAMBLING

You must compete with honesty and sportsmanship at all times so that you represent the honor and dignity of fair play. [NCAA Bylaw 10.01.1]*

You are not eligible to compete if you knowingly: provide information to individuals involved in organized gambling activities concerning intercollegiate athletics competition; solicit a bet on any intercollegiate team; accept a bet on any team representing the institution or participate in any gambling activity that involves intercollegiate athletics through a bookmaker, a parlay card or any other method employed by organized gambling. [NCAA Bylaw 10.3]*

You are not eligible to compete if you knowingly participate in any gambling activity that involves intercollegiate athletics or professional athletics, through a bookmaker, parlay card or any other method employed by organized gambling. [NCAA Bylaw 10.3]* You are not eligible to compete if you have shown dishonesty in evading or violating NCAA regulations. [NCAA Bylaw 14.01.3.3]*

**See NCAA Manual 2009-10*



ATHLETIC AGENT REGISTRATION

As of March 28, 1998, all athletic agents doing business in Pennsylvania must now first register with the Pennsylvania State Athletic Commission. This registration is a requirement of the Athletic Agent Registration Act of 1998.

An athletic agent is defined as “a person who directly or indirectly recruits or solicits a person to enter into an agent contract or professional sports services contract or who procures, offers, promises or attempts to obtain employment for a person with a professional sports team or as a professional athlete.”

Any person being recruited to enter into any type of professional sports service contract, whether oral or written, has the right to ask the athletic agent to show his registration. Any person can also call the Pennsylvania State Athletic Commission (570-787-5720) to determine whether an athletic agent is currently registered. Also, any person doing business with an athletic agent has the right to file a complaint against the agent if he/she believes that the agent has committed a violation under this law. To file a complaint, call 1-877-868-2068.



MEAL MONEY

Meal money is provided by the Student Government Association (SGA) and is limited to a specific amount (per diem) depending on the times that the team leaves and returns to campus. Coaches may provide you with an actual meal paid for by this money or may provide you with cash to purchase your own meal(s). In either case, coaches are responsible to submit receipts. Your signature constitutes a receipt if you are given cash. **You should not sign for any money you have not received.** If you have any concerns about this process, talk with your coach. If you are uncomfortable doing so, contact the Athletic Director.

ALCOHOL & TOBACCO

The use of alcohol and tobacco products is strictly prohibited by Kutztown University student-athletes and staff while representing Kutztown University during all home and away contests. This covers all travel, door-to-door, including spring break trips and members of the team 21 years of age and older. Violations of this policy will result in disciplinary action by the Athletic Department or the University Judicial Services.



NCAA BANNED-DRUG CLASSES 2009-10

Kutztown University does not tolerate the use of any drugs. The following is an excerpt from the NCAA regarding banned substances.



2009-10 NCAA Banned Drugs

The NCAA bans the following classes of drugs:

- a. Stimulants
- b. Anabolic Agents
- c. Alcohol and Beta Blockers (banned for rifle only)
- d. Diuretics and Other Masking Agents
- e. Street Drugs
- f. Peptide Hormones and Analogues
- g. Anti-estrogens
- h. Beta-2 Agonists

Note: Any substance chemically related to these classes is also banned.

The institution and the student-athlete shall be held accountable for all drugs within the banned drug class regardless of whether they have been specifically identified.

Drugs and Procedures Subject to Restrictions:

- a. Blood Doping.
- b. Local Anesthetics (under some conditions).
- c. Manipulation of Urine Samples.
- d. Beta-2 Agonists permitted only by prescription and inhalation.
- e. Caffeine if concentrations in urine exceed 15 micrograms/ml.

NCAA Nutritional/Dietary Supplements Warning:

➤ **Before consuming any nutritional/dietary supplement product, review the product and its label with your athletics department staff!**

- Dietary supplements are not well regulated and may cause a positive drug test result.
- Student-athletes have tested positive and lost their eligibility using dietary supplements.
- Many dietary supplements are contaminated with banned drugs not listed on the label.
- Any product containing a dietary supplement ingredient is taken at your own risk.

**It is your responsibility to check with athletics staff
before using any substance.**



KUTZTOWN UNIVERSITY ATHLETICS

Some Examples of NCAA Banned Substances in each class

NOTE: There is no complete list of banned drug examples!!

Check with your athletics department staff to review the label of any product, medication or supplement before you consume it!

Stimulants:

amphetamine (Adderall); caffeine (guarana); cocaine; ephedrine; fenfluramine (Fen); methamphetamine; methylphenidate (Ritalin); phentermine (Phen); synephrine (bitter orange); etc.

exceptions: phenylephrine and pseudoephedrine are not banned.

Anabolic Agents:

boldenone; clenbuterol; DHEA; nandrolone; stanozolol; testosterone; methasterone; androstenedione; norandrostenedione; methandienone; etiocholanolone; trenbolone; etc.

Alcohol and Beta Blockers (banned for rifle only):

alcohol; atenolol; metoprolol; nadolol; pindolol; propranolol; timolol; etc.

Diuretics and Other Masking Agents:

bumetanide; chlorothiazide; furosemide; hydrochlorothiazide; probenecid; spironolactone (canrenone); triameterene; trichlormethiazide; etc.

Street Drugs:

heroin; marijuana; tetrahydrocannabinol (THC).

Peptide Hormones and Analogues:

human growth hormone (hGH); human chorionic gonadotropin (hCG); erythropoietin (EPO); etc.

Anti-Estrogens :

anastrozole; clomiphene; tamoxifen; formestane; etc.

Beta-2 Agonists:

bambuterol; formoterol; salbutamol; salmeterol; etc.

Any substance that is chemically related to the class of banned drugs, unless otherwise noted, is also banned!

NOTE: Information about ingredients in medications and nutritional/dietary supplements can be obtained by **contacting the Resource Exchange Center, REC, 877-202-0769 or www.drugfreesport.com/rec** password ncaa1, ncaa2 or ncaa3.

**It is your responsibility to check with your athletics staff
before using any substance.**



ACADEMIC SUPPORT

ATHLETICS & ACADEMICS AT KU

Many intercollegiate athletic programs profess to have made the academic success of their student-athletes a high priority. Few have developed and implemented a program comparable to KU's Academic Success Initiative. This initiative provides the appropriate support, incentive and opportunity for students to make a similar effort toward their academic success and their athletic performance. The Initiative is based on **the expectation that both individual and team academic performance will be at or above the level of the overall student body.** This expectation is built into the evaluation of coaches and is an integral part of the process of awarding athletic scholarships. KU provides athletic scholarships to support the academic pursuits of student-athletes. The students are expected to participate in sports because they love to do so. Continuing indications reveal that the Initiative works and is having a profound and measurable effect on both academic and athletic performance. In 2008-09, KU had 121 student-athletes garner Pennsylvania State Athletic Conference (PSAC) Scholar-Athlete honors. Student-athletes grade-point averages (GPA) have twice in the last 10 years surpassed the overall student body GPA.



The KU Academic Success Initiative contains the following components:

- *Professional Development Workshops for Coaches*
- *Personal Computer* - Each student-athlete is strongly encouraged to have access to a networked personal computer.
- *Library Tour* - A library tour is highly recommended of all incoming student-athletes.
- *Career Services Visit for Undeclared Majors* - Incoming students who have not yet declared a major or who may be unsure of their chosen major are highly encouraged to visit the Career Services Office.
- *Academic Coaching* - This year-long program is based on one-on-one personal contacts between the coach and the student-athlete.
- *Referrals for Services from the Department of Developmental Studies* - Student-athletes are strongly encouraged to make use of this department's services in regard to tutoring or other needs for specialized instruction.
- *Referrals for Services from the Counseling and Advisement Center* - Trained counselors/faculty advisors are available to help with psychological/academic counseling/advisement issues.

ACADEMIC SUPPORT

The Kutztown University Athletic Department realizes the importance of academic success and is driven to help student-athletes attain this success. Student-athletes are encouraged to discuss with their coach any issues or problems that may keep them from achieving success. It is important to seek help at the first signs of needing help instead of waiting until the last week of the semester.

Coaches may provide the following services to student-athletes:



KUTZTOWN UNIVERSITY ATHLETICS

PRESEASON ACADEMIC SEMINARS

During the preseason camps and/or the first week of classes, athletes may participate in seminars addressing topics such as time management, study skills, class participation, student/faculty relationships, and test taking strategies.

MONITORING OF PROGRESS

The academic progress of student-athletes is continually tracked and monitored. Weekly or bi-weekly meetings with your coach can be arranged.

TUTORING CENTER

Tutors and specialty labs are available free of charge to any student-athlete.

STUDENT/FACULTY RELATIONS

Interactions with the faculty are continuously encouraged and recommended. The Athletic Department believes this is an essential part of the student-athletes' college experience and it is often seen as a major factor in their academic success.

ADVISING

Once a student-athlete has declared a major course of study, you will be assigned a faculty advisor by that department. It is your responsibility to arrange meeting time with your advisor prior to selecting your courses and registering for the following semester. If you have yet to declare a major, the Academic Advisor for Undeclared Student-Athletes will assist you in your course selection process. Dr. Tom Stewart fills this role and he can be located in Beekey 122 or contacted at 3-4750. **As a reminder, according to NCAA policy you must declare a major course of study prior to the beginning of your fifth semester of enrollment.**

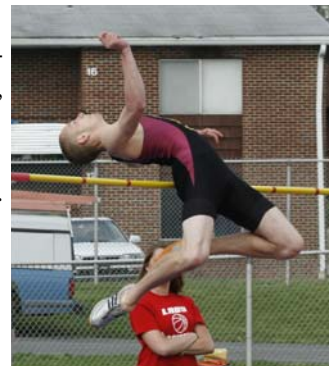
COURSE SELECTION & REGISTRATION

The start of registration begins with signing up for an appointment with your assigned advisor(s). The advisement period begins a couple weeks before registration appointments begin. **It is very important to sign up for your advisement appointment as early as possible in order to take advantage of early registration for student-athletes.** You will not be able to register if you have not met with your advisor.

Registration is now done online via the Internet. Students must make sure that they have their pin number in order to sign on to the registration system (stop by the Registrar's Office if you do not know your pin number). Students will be assigned a specific date and time when they are allowed to begin registering for courses. Student-athletes will be provided a date earlier than the rest of the campus student population. The purpose of this is to allow student-athletes to create a schedule that is free (or minimal) of conflict with practice and/or competition dates/times.

Any course you could not get into during the normal registration period, you can attempt to get during Drop and Add. Drop and Add occurs during the first week of each semester and is also done online.

You can go online at any time to view your schedule, review your grades, view your transcript, check financial aid, view payments and charges and view restrictions on your account.





SPORTS MEDICINE

HEALTH RECORDS

It is a university requirement that all students must have a completed Health Record form on file in the Student Health and Wellness Center. The Health Record should have been present in the orientation packet sent to all new students (freshmen and transfer) or may be obtained from the Health and Wellness Center. All prospective student-athletes **MUST** have returned and completed their Health Record to the Health and Wellness Center by the University deadline, August 1, for the Fall Semester, or January 7, for new Spring Semester students. No student will be allowed to participate in any University athletic activity until the Health Record has been accepted. Once a Health Record is submitted and accepted, this requirement will be met for the student's entire undergraduate career at KU.



IMMUNIZATIONS

It is the University's Athletic policy that **ALL** student-athletes show proof that they have met the requirements for current immunizations standards. Questions in this area should be referred to the Health and Wellness Center at (610) 683-4082 or the Office of Sports Medicine at (610) 683-4085, ext. 2.

ATHLETIC HISTORY FORM

Prospective student-athletes must complete an Athletic Medical History form prior to receiving the athletic physical exam. This form must be returned to the Office of Sports Medicine by July 15 to allow for administrative review. Instructions and the history form will be e-mailed to new prospective student-athletes by June 15. Returning student-athletes will update this form yearly in the spring. Please answer questions completely, and submit all medical records as requested by the due date to avoid any delay in the eligibility process for team participation.

ATHLETIC PHYSICAL EXAMINATION

All student-athletes must have an athletic physical examination (which are conducted through the Office of Sports Medicine) before they participate in any University related athletic activity. Examinations are conducted in Keystone Hall or the University Health and Wellness Center on assigned dates and times. Students should check with their head coach as to the date and time of their exam. Failure to show for an assigned physical will delay their medical clearance and may result in the student having to pay for an outside physical. Conflicts or other reasonable excuses for inability to attend a scheduled appointment should be communicated to the Office of Sports Medicine at (610) 683-4085 (ext. 2) **BEFORE** the scheduled date and time.

ATHLETIC INSURANCE

Prospective student-athletes **MUST** have a completed Athletic Insurance Information form on file with the Office of Sports Medicine prior to any participation in team activities. This form will be e-mailed to all prospective student-athletes by June 15. This form should be returned to the Office of Sports Medicine by July 15. Please complete all requested information in its entirety to avoid any delay in the eligibility process.

Each student-athlete is responsible for updating their personal health insurance information should it change. Failure to do so will result in the student incurring any unnecessary medical costs should the incorrect procedures be followed. Refer to the insurance brochure for detailed coverage information. **EFFECTIVE 2007-2008, STUDENT-ATHLETES MUST CARRY THEIR OWN PERSONAL HEALTH INSURANCE AS A REQUIREMENT FOR PARTICIPATION.**



KUTZTOWN UNIVERSITY ATHLETICS

REPORTING INJURIES

The student-athlete is responsible to report to the Certified Athletic Trainers all injuries and illnesses as soon as possible. The sports medicine staff will make all of the necessary medical referrals as indicated. In the event of an emergency due to an athletic injury or illness, the athlete will be transported to a pre-arranged hospital or medical facility. The athlete should at **NO** time seek “outside medical” attention for an athletic related injury or illness without the prior written authorization from a Faculty Athletic Trainer and/or from the Health and Wellness Center staff, unless an injury results in a medical emergency.



MEDICAL ILLNESS

The University Health and Wellness Center is open Monday - Friday, 8 a.m. - 8 p.m., and Saturday and Sunday, 10 p.m. - 6 p.m., during the Fall and Spring semesters. The Health Center operates on an appointment based system. It is recommended that you call ahead to schedule an appointment at (610) 683-4652. This will greatly decrease your wait time. Walk-ins will be scheduled at the next available appointment time. Emergencies will be seen immediately. Students can walk in at any time to use the self-care unit. Athletes who are feeling ill are encouraged to receive care from an RN and to take advantage of these facilities as early as possible



to avoid any increase in symptoms which may prevent them from performing at their best in a practice or game. Athletes can be referred to a physician by the clinic nursing staff or a certified athletic trainer, as needed. In case of a non-athletic illness, students may choose to be seen by their family doctors rather than the Health and Wellness Center physicians. If this is the case, the student **MUST** obtain a referral form from the Health and Wellness Center to be completed by the physician after treatment. The final decision as to whether a student-athlete may participate in any varsity sport activity rests with the University’s team physician.

REFERRALS TO OFF-CAMPUS PHYSICIANS OR MEDICAL SPECIALIST

All student-athlete ‘off-campus’ medical referrals **MUST** have prior written authorization from a member of Sports Medicine Services or health & Wellness Staff. The appropriate referral forms **MUST** be completed by the Health Care Provider and returned to the Sports Medicine Office for review before clearance for participation will be given. In the case of a **Managed Care Insurance policy (HMO/PPO)**, the student-athlete will also be **required** to follow their primary insurance policy’s specific referral procedures. All medical tests, treatments and/or procedures rendered by Off-Campus Physician(s) or Medical Specialist(s), other than those approved and performed during the initial visit, **MUST** again have prior written approval by the University’s Team Physician and Coordinator of Sports Medicine. All surgical treatments by Non-KU affiliated Physician(s) **MUST** have prior written approval by the Coordinator of Sports Medicine and University Team Physician.

KUSSI and the Athletic Department shall not be responsible for any charges incurred due to examinations, tests, treatments and/or surgeries by physicians, consultants, and/or hospitals if these procedures are not followed.





COACHING EVALUATIONS

The Athletic Department, and the union representing coaches, feel that input from student-athletes should be an integral part of the evaluation process for all coaches. An approved evaluation form will be completed by the student-athletes within a limited window of time around the conclusion of the competitive season. Coaches will be evaluated by the student-athletes in a variety of areas and students will have an opportunity to make anonymous comments. A coach not associated with your sport will conduct this evaluation session, and the coach shall not be present during the evaluation. All the head coaches will be evaluated and assistants may be evaluated. Compiled results and a summary of comments from the student evaluations will be shared with the coach during his/her yearly evaluation meeting with the Athletic Director. Student-athletes are also encouraged to address concerns directly with the Athletic Director, Associate Athletic Director, the Faculty Athletic Representative (FAR), or the Vice President for Student Services and Campus Life.

EQUIPMENT POLICIES

HOURS OF OPERATION ARE POSTED OUTSIDE THE EQUIPMENT ROOM LOCATED AT 127 KEYSTONE HALL.

Issue and Collection of athletic uniforms and equipment: Each item that is issued to the student-athlete will be distinctly marked. In some cases, this distinguishing mark maybe the locker number, in others, the game/jersey number. **The identifying mark is kept on record, and the student-athlete to whom the item is issued will be responsible for it.** Game uniforms should not leave the facility unless traveling to and returning from an away competition site. These pieces will be issued and returned on a game-by-game basis and at the conclusion of the program's traditional season. General issue will be returned at the designated time. **All uniforms must be washed by the Kutztown Equipment Staff, if you wash the item on your own, you will be charged for any damage to the uniform.**

Maintenance of athletic uniforms/equipment: Laundry service is provided for general/sport-specific items on a daily basis. It is enforced that this service is used and used properly. **Each student-athlete will turn in general issue items for laundry purposes daily, following the conclusion of the training or practice session and prior to leaving the athletic facility.** These items will be collected, laundered and returned to the individual's assigned locker prior to the next training session. **Similarly, game uniform pieces will be turned in upon the conclusion of the contest and prior to leaving the facility. Following an away contest, turn-in will be completed upon the team's return to campus. If the team's return to campus is later than midnight, uniforms must be turned in by noon the next day.** If you do not return with the team, have a responsible team member turn in for you. Once the game pieces are collected, they will be inventoried. Any missing items will be reported to the head coach immediately. **All items turned in to be washed will be available the next day after 3 p.m. No personal clothing should be turned in.**

Accountability of athletic uniforms/equipment: All issued items remain the property of Kutztown University. **They are not yours to keep and you will be held accountable and responsible for the all the items issued.** The student-athlete will be assessed a replacement cost for items that are lost or damaged due to neglect or not returned at the end of the season. If you leave the team for any reason, it is your responsibility to return what was issued. Alterations or a modification to any item is strictly prohibited unless prior approval is granted by the HEAD EQUIPMENT MANAGER. New items will be issued on an exchange basis only, if the equipment becomes un-serviceable. Any items that are lost/stolen may be replaced at a cost.



KUTZTOWN UNIVERSITY ATHLETICS

At the conclusion of your season, you will have a set date to return all of your equipment. Any equipment not turned in by that date will be billed to the student athlete. Any athlete, who fails to return their missing equipment or pay for a replacement, will be ineligible to receive any equipment, clothing or uniforms from the equipment room until the items are returned or paid for.

If a problem arises during the year, please call, email or meet with one of the equipment managers.

EQUIPMENT STAFF:

Keith McCarthy E.M.C.
Head Equipment Manager
610-683-4093 (option 1)
mccarthy@kutztown.edu

Scott Senna
Assistant Equipment Manager
610-683-4093 (option 2)
senna@kutztown.edu

SPORTS INFORMATION

FUNCTIONS

The sports information office is responsible for the publicity and promotion of Kutztown University's 21 NCAA Division II intercollegiate sports. The primary functions of the sports information office are:

- **Media Relations** - This function includes, but is not limited to, producing and disseminating general and hometown press releases; hosting newspaper, television and radio reporters at campus events; reporting event results to primary media outlets; and responding to media requests for information on KU's varsity teams.
- **Publication Production** - Sports Information writes, designs and edits most athletic publications including game programs, recruiting brochures, schedule cards, advertising/promotions material, the student-athlete handbook and the KU Athletics Web site.
- **Maintenance of Statistical Files** - Sports Information maintains cumulative statistics on all sports. The department maintains in-game statistics at home events for those sports that have NCAA statistics and require stat crews (football, volleyball, and basketball). In-game stats for all other sports are maintained by designated athletic/team personnel and reported to sports information. Sports information also submits statistical reports to the PSAC and NCAA. Student-athletes should report statistical discrepancies to their respective head coach.
- **Event Planning** - The department plays a major role in the planning and implementation of the Student-Athlete Banquet, the Hall of Fame Banquet, on-campus championship events and press luncheons.

LOCATION

The KU sports information office is a part of the Division of University Advancement and is located in the University Relations Office in Room 213 of the Stratton Administration Building. The sports information staff is usually available Monday-Friday from 10 a.m. - 8:00 p.m. Sports information can be reached by phone at (610) 683-4182 or e-mail at athletics@kutztown.edu.

STAFF

The KU sports information staff is headed by Rob Knox, Sports Information Director. Knox, a member of the CoSIDA Board of Directors and BC-SIDA president, is in his first year at Kutztown. He previously worked at Lincoln University from 2004-2009. The office staff also includes two graduate assistants, three student assistants, and a shared secretary. Interns are often hired during the sports seasons.





NETWORKING THE GOLDEN BEARS

HOTLINE

Scores, highlights, upcoming promotions, ticket prices and schedule changes/updates are available on the Golden Bear Hotline. The hotline can be reached at (610) 683-1515. Events are added to the hotline as they are reported from the various playing sites. During the academic year, the hotline averages 275 calls per month.

WORLD WIDE WEB

Fans around the world can get daily in-depth information on KU teams on the World Wide Web. Sports information maintains the majority of the KU Athletics Website. During the academic year, the Web site averages more than 50,000 visits per month. The Web site features the weekly roundup, the athlete of the week, daily updates, rosters, statistics, schedules and homepages for each sport. The address for the KU Athletics Website is <http://www.kubears.com>



RADIO/GOLDEN BEAR NETWORK

Several events throughout the school year are broadcast on the radio and/or Golden Bear Network Webcasts. Since in 2003, all Golden Bear football games can be heard on WEEU AM 830, a Reading, Pa., based station that reaches into 16 Pennsylvania counties as well as parts of Delaware, Maryland and New Jersey.

Select events for other sports will be Webcast on the Golden Bear Network and/or the student radio station, KUR. Go to the KU Athletics Web site ([kubears.com](http://www.kubears.com)) for details and broadcast schedule.

E-MAIL LISTS

The sports information department distributes the weekly Roundup and press releases to more than 700 fans, alumni, students, KU student-athletes and media on a regular basis. Student-athletes' Kutztown email addresses are automatically included on the email lists by being on an active squad list. Additionally, the athletic department uses the automated lists to keep student-athletes informed of any upcoming events or announcements.

We encourage all student-athletes to check their KU e-mail address regularly. If you do not receive the e-mails, please contact the sports information office at knox@kutztown.edu.

NEWSPAPERS

All KU scores and highlights are reported to the two papers that cover the University on a regular basis: the *Allentown Morning Call* and the *Reading Eagle*. Most scores are reported to the Philadelphia Inquirer. The Associated Press carries football and basketball scores to outlets throughout the world.

Each week during the season, the sports information office distributes press releases on the positive accomplishments of KU athletes to various hometown media. Portions of many of the press releases placement are printed in the sports sections. Others result in more in-depth articles. Copies of articles from the *Reading Eagle* and the *Allentown Morning Call* are kept on file in the sports information office.

TIMEOUT NEWSLETTER

Now in its 14th year is the *TimeOut* Newsletter for KU's Athletic Department. The quarterly newsletter is widely distributed and is available free of charge in the athletics department.



KITZTOWN UNIVERSITY ATHLETICS

FALL SEMESTER 2009

Residence Hall Occupancy Begins (New Students)	Saturday, Aug. 29
Residence Hall Occupancy for Incumbent Students	Sunday, Aug. 30
Residence Hall Occupancy continues for Incumbent Students	Monday, Aug. 31
Classes Start – 6:00 PM.....	Monday, Aug. 31
Last day to withdraw with 100% refund	Tuesday, Sept. 1
Undergraduate Late Registration and Drop/Add.....	Tues.-Fri., Sept. 1-4
Graduate Late Registration.....	Tues.-Fri., Sept. 1-4
Last day to change major, minor, advisor for Fall 2009.....	Friday, Sept. 4
Saturday Classes Start	Saturday, Sept. 5
Labor Day Holiday, University closed	Monday, Sept. 7
Follow Monday Schedule.....	Tuesday, Sept. 8
Last day candidates can apply for December 2009 graduation	Friday, Sept. 11
Columbus Day Holiday, No classes	Monday, Oct. 12
Advisement materials available for Spring 2010.....	Friday, Oct. 16
Mid Term.....	Wednesday, Oct. 21
Begin meeting with advisors for Spring 2010 schedule	Tuesday, Oct. 27
Last day to make up “Incompletes” from Spring/Summer 2009.....	Friday, Nov. 6
Web registration for Spring 2010 available at assigned appointment time..	November 9-24
Thanksgiving Recess	
Begins – at end of classes	Tuesday, Nov. 24
Ends – 8:00 AM.....	Monday, Nov. 30
Last Day of Regular Classes.....	Saturday, Dec. 12
Final Examinations Begin	Monday, Dec. 14
Residence Hall Occupancy Ends.....	Friday, Dec. 18
Final Examinations End.....	Saturday, Dec. 19
Last Saturday class and Exam	Saturday, Dec. 19
December Commencement.....	Saturday, Dec. 19



FALL SCHEDULE GRID				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00-9:00	8:00-9:30	8:00-9:00	8:00-9:30	8:00-9:00
9:00-10:00		9:00-10:00		9:00-10:00
10:00-11:00		10:00-11:00		10:00-11:00
	9:30-11:00		9:30-11:00	
11:00-12:00	11:00-12:00 Free Period	11:00-12:00	11:00-12:00 Free Period	11:00-12:00
12:00-1:00	12:00-1:30	12:00-1:00	12:00-1:30	12:00-1:00
1:00-2:00		1:00-2:00		1:00-2:00
2:00-3:00		2:00-3:00		2:00-3:00
	1:30-3:00		1:30-3:00	
3:00-4:00	3:00-4:30	3:00-4:00	3:00-4:30	3:00-4:00
4:00-5:00		4:00-5:00		4:00-5:00
Evening		Evening		Evening
Evening		Evening		Evening



SPRING SEMESTER 2010

Residence Hall Occupancy Begins	Sunday, Jan. 17
Martin Luther King Day Holiday - University closed	Monday, Jan. 18
Classes Start – 8:00 AM	Tuesday, Jan. 19
Last day to withdraw with 100% refund.....	Monday, Jan. 12
Undergraduate Late Registration and Drop/Add	Mon.-Fri., Jan.19-22
Graduate Late Registration	Mon.-Fri., Jan.19-22
Saturday Classes Start.....	Saturday, Jan. 23
Last day candidates can apply for May 2010 graduation.....	Friday, Jan. 29
Mid-term	Friday, Mar. 5
Spring Break	
Begins – at end of classes	Friday, Mar. 5
Ends – 8:00 AM	Monday, Mar. 15
Advisement materials available for Fall 2010	Monday, Mar. 29
Begin meeting with advisors for Fall 2010 schedule.....	Monday, March 30
Last day to Withdraw without receiving “WF”	Thursday, April 2
Web registration for Fall 2010 available at assigned appointment time.....	April 13-29
Last Day of Regular Classes	Saturday, May 1
Final Examinations Begin.....	Monday, May 3
Residence Hall Occupancy Ends	Friday, May 7
Final Examinations End.....	Saturday, May 8
Last Saturday Class and Exam.....	Saturday, May 8
May Commencement.....	Saturday, May 8

For additional calendar information on registration, dates for withdrawals, etc., please consult the Kutztown University central calendar (<http://www.kutztown.edu/calendar>).



SPRING SCHEDULE GRID				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00-9:00	8:00-9:30	8:00-9:00	8:00-9:30	8:00-9:00
9:00-10:00		9:00-10:00		9:00-10:00
		9:30-11:00		9:30-11:00
10:00-11:00		10:00-11:00		10:00-11:00
11:00-12:00	11:00-12:00 Free Period	11:00-12:00	11:00-12:00 Free Period	11:00-12:00
12:00-1:00	12:00-1:30	12:00-1:00	12:00-1:30	12:00-1:00
1:00-2:00		1:00-2:00		1:00-2:00
		1:30-3:00		1:30-3:00
2:00-3:00		2:00-3:00		2:00-3:00
3:00-4:00	3:00-4:30	3:00-4:00	3:00-4:30	3:00-4:00
4:00-5:00		4:00-5:00		4:00-5:00
		Evening		Evening
Evening		Evening		Evening



KUTZTOWN UNIVERSITY ATHLETICS

THE COLLEGE OF

Business.....	4575
Education.....	4253
Liberal Arts & Sciences.....	4305
Visual & Performing Arts....	4500

RESIDENCE HALL DESK PHONES

Beck.....	4982
Berks.....	4984
Bonner.....	4986
Deatrick.....	4988
Dixon.....	484-646-4912
Education House.....	4997
GB Village-South.....	4971
GB Village-West.....	4972
Honors.....	4999
Johnson.....	4990
Lehigh.....	4992
Old Main.....	4994
Rothermel.....	4996
Schuylkill.....	4998
University Place.....	4980

OTHER IMPORTANT NUMBERS

Student Government Board.....	4208
VP for Academic Affairs.....	4212
VP for Admin. & Finance.....	4106
VP for Advancement.....	4112
VP for Student Services.....	4020

ACADEMIC SUPPORT

Accounting Lab.....	4208
Communication Disorders.....	4293
Early Learning Center.....	4258
Early Learning Center.....	4258
Foreign Language Lab.....	4356
Math Lab.....	4208
Reading/Study Skills Lab.....	4208
Spanish Lab.....	4208
Tutoring Services.....	4228
Writing Lab.....	4353
Dr. Tom Stewart.....	4750

(academic advisor for undeclared student-athletes)



THE DEPARTMENT OF

Accounting & Finance.....	4580
Anthropology/Sociology.....	4242
Art Ed. & Craft Design.....	4520
Audiovisual.....	4260
Biology.....	4307
Business.....	1575
Communication Design.....	4530
Computer Science.....	4340
Criminal Justice.....	4235
Economics.....	4584
Electronic Media.....	4492
Elementary Education.....	4262
English.....	4353
Fine Arts.....	4540
Geography.....	4364
Human Kinetics.....	4370
History.....	4385
Library Science.....	4300
Management.....	4585
Marketing.....	4585
Mathematics.....	4410
MBA Program.....	4575
Modern Languages.....	4427
Music.....	4550
Nursing.....	4330
Philosophy.....	4230
Physical Sciences.....	4447
Political Science.....	4449
Psychology.....	4455
Secondary Education.....	4259
Social Work.....	4235
Special Education.....	4290
Speech Comm. & Theatre.....	4560
Student Teaching Office.....	4256
Women's Studies.....	4684

SERVICE OFFICES

Academic Advisement.....	4217
Athletics Offices.....	4094
Bookstore.....	4099
Career/Comm. Services.....	4647
Computer Services.....	4175
Counseling Center.....	4072
Financial Aid.....	4077
Grants, Loans & Scholar.....	4148
Health Center.....	4082
Housing Office.....	4025
IT Help Center.....	1511
Library.....	4481
Library Hours.....	4481
Public Safety.....	4002
Recreation Office.....	484-646-4202
Registrar.....	4485
Student Support.....	1347
Telephone Services.....	4640

ATHLETIC TEAM OFFICES

Baseball.....	4063
Men's Basketball.....	4064
Women's Basketball.....	4667
Women's Bowling.....	4748
Cross-Country.....	1334
Cheerleading.....	484-646-4370
Field Hockey.....	4378
Football.....	4362
Women's Golf.....	1536
Women's Lacrosse.....	4363
Women's Soccer.....	1522
Softball.....	4665
Swimming.....	4359
Tennis.....	4380
Track & Field.....	1334
Women's Volleyball.....	1333
Wrestling.....	1536

ATHLETIC ADMINISTRATION & SUPPORT OFFICES

Athletic Director.....	4094	Development.....	4755
Assoc. Athletic Director.....	4096	Equipment Manager.....	4093
Athletic Training Services.....	4085	Faculty Athletic Rep.....	4369
Business Dept. Officer.....	1376	Sports Information.....	4182
Compliance.....	4096	Sports Hotline.....	1515



2009-10 GOLDEN BEARS



GREG BAMBERGER
Director of Athletics



MICHELLE GOBER
Assoc. AD/
Compliance



DR. ROBERT ZIEGENFUS
Faculty Athletic Representative



DR. CHARLES WOODARD
Vice President Student Services



ALEX OGEKA
Director of Athletic Advancement



ROB KNOX
Sports Information Coordinator



RENNIE SACCO
Sports Medicine Coordinator



MARTHA ANDERSON
Athletic Trainer



JACK ENTRIKEN
Athletic Trainer



BRANDON NOLT
Athletic Trainer



KEITH MCCARTHY
Equipment Manager



SCOTT SENNA
Assistant Equipment Mgr.



MARTHA JOHNSON
Business Manager



MELISSA SHAFFER
Secretary



CHRIS BLUM
Baseball



BERNIE DRISCOLL
Men's Basketball



JANET MALOUF
Women's Basketball



JOE AMBROSE
Women's Bowling



CRYSTAL PIPARATO
Cheer Team



BETTY WESNER
Field Hockey



RAYMOND MONICA
Football



ROBERT FISHER
Women's Golf/
Wrestling



SARAH GREER
Women's Lacrosse



JOHN GUMP
Women's Volleyball



ERIK BURSTEIN
Women's Soccer



JUDY LAWES
Softball



TIM FLANNERY
Women's Swimming



SURESH RAMAMURTHI
Men's & Women's Tennis



RAY HOFFMAN
Men's & Women's Cross Country, Indoor, Outdoor Track & Field



Visit the Kutztown University
Athletics Website

kubears.com