

# **Golden Bear Invitational**

*Thursday-Friday, January 8-9, 2009*

*Keystone Field House - Kutztown University - Kutztown, Pa.*

**Participating Teams:** Shippensburg, East Stroudsburg, Millersville (Multi only), Albright, Muhlenberg, CC of Philadelphia.

## **Women's Results**

**55-meters (Trials – Top six times advanced to finals)** – 1. Siobhahn Richards (Ship) 7.59, 2. Alexandra Faust (Muhl) 7.65, 3. Katherine Doyle (ESU) 7.72, 4. Sami Barczynski (KU) 7.72, 5. Brooke Mathews (KU) 7.73, 6. Jenna Schaefer (Muhl) 7.73, 7. Katie Quinn (KU) 7.74, 8. Doofan Tor-Agbidye 7.79, 9. Britney Walter (Ship) 7.80, 10. Brianne Genter (Alb) 7.90, 11. Kayla Littrell (ESU) 8.04, 12. Sarah Messner (KU) 8.06, 13. (tie) Jazzmyn McCoy (KU) and Diane Cressman (Ship) 8.10, 15. Lucy Brock (Muhl) 8.19, 16. Amanda Martini (Muhl) 8.23, 17. Christina Costanzo (KU) 8.29, 18. Lindsay Weidmann (Muhl) 8.35, 19. Alex Butler (KU) 8.72, 20. Hannah Wade (Muhl) 8.92

**55-meters (Finals)** – 1. Alexandra Faust (Muhl) 7.58, 2. Brooke Mathews (KU) 7.65, 3. Siobhan Richards (Ship) 7.66, 4. Sami Barczynski (KU) 7.67, 5. Jenna Schaefer (Muhl) 7.72, 6. Katherine Doyle (ESU) 7.75

**200** – 1. Alexandra Faust (Muhl) 26.88, 2. Brooke Mathews (KU) 27.52, 3 (tie) Katie Quinn (KU) and Jenna Schaeffer (Muhl) 27.85, 5. Doofan Tor-Agbidye (KU) 27.88, 6. Siobhan Richards (Ship) 28.41, 7. Brianne Genter (Alb) 28.49, 8. Brittney Waters (Ship) 28.62, 9. Sarah Messner (KU) 28.73, 10. Kayla Littrel (ESU) 28.86, 11. Brittany Knowles (ESU) 29.45, 12. Sami Barczynski (KU) 29.50, 13. Lindsay Weidmann (Muhl) 30.24, 14. Renisha Conway (Alb) 30.74, 15 (tie) Alyson Serafin (KU) and Megan Buckheit (Ship) 30.78, 17. Alex Butler (KU) 31.34, 18. Hannah Wade (Muhl) 31.91

**400** – 1. Shannon Hare (Ship) 59.64, 2. Megan Buckheit (Ship) 1:04.20, 3. Jessica Schlechter (KU) 1:04.39, 4. Kady Taylor (Ship) 1:04.97, 5. Lynn Lisofsky (KU) 1:04.55, 6. Emily Olsen (Muhl) 1:07.96, 7. Rene Dessimone (Muhl) 1:09.53, 8. Meghan O'Grady (Muhl) 1:09.77, 9. Lucy Brock (Muhl) 1:10.67, 10. Danielle DiPietro (Alb) 1:13.67, 11. Mary Britsch (Ship) 1:14.01

**500** – 1. Emily Hollick (ESU) 1:24.59, 2. Hannah Mitchell (Muhl) 1:26.58, 3. Janelle Mentrikoski (Muhl) 1:30.33, 4. Kara Parrillo (ESU) 1:31.19

**800** – 1. Jill Kostishion (KU) 2:29.98, 2. Kim Yalango (Muhl) 2:32.93, 3. Michele Celenza (KU) 2:44.78

**1,000** – 1. Cheryl Dingman (KU) 3:08.95, 2. Kristy Ulrich (KU) 3:15.73, 3. Nicolette Miller (Muhl) 3:22.86, 4. Lindsey Clark (ESU) 3:30.63

**Mile** – no race

**3,000** – 1. Abby Huber (Ship) 10:29.95, 2 (tie) Joanna Horstmann (KU) and Cristina Reimer (KU) 10:46.01, 4. Kristin Cupido (KU) 10:54.10, 5. Hailey Dell (KU) 11:18.12, 6. Kimberly Bier (Muhl) 11:28.65, 7. Chelsea Ray (KU) 12:56.24, 8. Jen Chrissy (Ship) 13:44.89

**55 hurdles (Trials – Top six times advance to finals)** – 1. Brittany Knowles (ESU) 8.95, 2. Anna Bixler (ESU) 9.37, 3. Lucy Brock (Muhl) 9.61, 4. Brittany Mackey (ESU) 9.69, 5. Alyson Serafin (KU) 9.82, 6. Jazzmyn McCoy (KU) 9.93, 7. Adrienne Dieter (ESU) 10.02, 8. Kady Taylor (Ship) 10.21, 9. Brianna Brodt (ESU) 10.33, 10. Mary Britsch (Ship) 10.49

**55 Hurdles (Finals)** – 1. Brittany Knowles (ESU) 9.00, 2. Brittany Mackey (ESU) 9.09, 3. Anna Bixler (ESU) 9.36, 4. Jazzmyn McCoy (KU) 9.62, 5. Lucy Brock (Muhl) 9.68, 6. Alyson Serafin (KU) 9.85

**4x400 relay** – 1. East Stroudsburg 4:20.85, 2. Kutztown A 4:21.68, 3. Muhlenberg A 4:25.64, 4. Kutztown B 4:26.44, 5. Muhlenberg B 4:34.90

**4x800 relay** – no race

**Pole Vault** – 1. Kelly Strickland (KU) 11-0, 2. Diane Cressman (Ship) 10-0, 3. Melissa Fellenbaum (KU) 10-0, 4. Stephanie Weber (ESU) 9-6, 5. Rachel Weigle (KU) 9-0, 6. Mollie Eldredge (KU) 8-0

**High Jump** – 1. Devyn Emerich (ESU) 5-6, 2. Janelle Smith (ESU) 5-4, 3. Lynn Mayer (ESU) 5-4, 4. Emily Hollick (ESU) 5-2, 5. Jenn Zook (KU) 4-10, 6. Amy Tucker (KU) 4-8

**Long Jump** – 1. Christina Costanzo (KU) 16-0  $\frac{3}{4}$ , 2. Anna Bixler (ESU) 15-11, 3. Shannon Loos (Alb) 15-9  $\frac{3}{4}$ , 4. Alex Butler (KU) 15-9  $\frac{1}{4}$ , 5. Kendell Alio (ESU) 15-1  $\frac{1}{4}$ , 6. Renisha Conway (Alb) 15-10  $\frac{1}{4}$ , 7. Brooke Mathews (KU) 14-8  $\frac{3}{4}$ , 8. Carolyn Jablonowski (ESU) 14-0  $\frac{1}{2}$

**Triple Jump** – 1. Lynn Mayer (ESU) 32-7, 2. De'On Mallory (Alb) 32-3  $\frac{1}{2}$ , 3. Amanda Martini (Muhl) 31-10  $\frac{1}{4}$

**20-lb. Weight** – 1. Ashley Pinter (KU) 49-10, 2. Emily Carothers (ESU) 42-3, 3. Jess Sekely (ESU) 41-5, 4. Danielle Laws (ESU) 40-1, 5. Christie Weist (Alb) 36-9, 6. Allison Kipp (KU) 36-2, 7. Caitlin Keen (ESU) 36-0, 8. Deanna Knapp (ESU) 35-5, 9. Jackie Berthelson (ESU) 33-9  $\frac{1}{2}$

**Shot Put** – 1. Ashley Pinter (KU) 39-6  $\frac{3}{4}$ , 2. Danielle Laws (ESU) 36-9  $\frac{1}{4}$ , 3. Jackie Berthelsen (ESU) 36-5  $\frac{1}{2}$ , 4. Deanna Knapp (ESU) 35-5  $\frac{1}{2}$ , 5. Emily Carothers (ESU) 35-5  $\frac{1}{2}$ , 6. Debra Crockett (Muhl) 35-3, 7. Jasmine Lockhart (KU) 31-1  $\frac{1}{2}$ , 8. Jess Sekely (ESU) 30-8  $\frac{1}{2}$ , 9. Katie Colburn (KU) 27-10  $\frac{1}{2}$ , 10. Christie Weist (Alb) 26-11  $\frac{1}{2}$

**Pentathlon** - 1. Katie Colburn (KU) 2,805, 2. Jasmine Lockhart (KU) 2,272, 3. Jessica Yates (Ship) 2,257, 4. Ashleigh Helfrick (Ship) 2,108, 5. Jess Rhyner (Mill) 2,050, 6. Katie Slonaker (Ship) 1,824

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### **Men's Results**

**55-meters** – (Trials – Top six times advance to finals) 1. Lewis Wilson (Ship) 6.56, 2. Andy McCloskey (ESU) 6.66, 3. Asher Ashfield (ESU) 6.78, 4. Kevin Wilbank (Ship) 6.79, 5. Kendel Dixon (KU) 6.79, 6. Jeremiah Lachaud (MC) 6.80, 7. Robert Kenney (Alb.) 6.81, 8. Vincent DiMaio (Ship) 6.86, 9. Tevin Wood (Alb.) 6.98, 10. Joe Tavormina (KU) 7.05, 11. Michael Wiener (MC) 7.10, 12. Derek Yates (MC) 7.11, 13. Kyle Keller (Alb.) 7.31, 14. Matt Stein (MC) 7.32, 15. Tom Holtz (MC) 7.47.

**55-meters** – (Finals) 1. Lewis Wilson (Ship) 6.61, 2. Andy McCloskey (ESU) 6.62, 3. Asher Ashfield (ESU) 6.74, 4. Kevin Wilbank (Ship) 6.75, 5. Jeremiah Lachaud (MC) 6.81, 6. Kendel Dixon (KU) 6.82.

**200** – 1. Andrew McCloskey (ESU) 23.02, 2. James Wilson (Ship) 23.53, 3. Kendel Dixon (KU) 23.62, 4. Kevin Wilbank (Ship) 23.65, 5. Robert Kenney (Alb) 24.17, 6. Joe Tavormina (KU) 24.22, 7. Jeremiah Lachaud (MC) 24.73, 8. Vincent DiMaio (Ship) 24.75, 9. Tevin Wood (Alb) 24.84, 10. T.J. Longmore (KU) 25.08, 11. Derek Yates (MC) 25.14, 12. Chris Lysenko (MC) 25.63, 13. Michael Wiener (MC) 25.71, 14. Kyle Keller (Alb) 25.83, 15. Asher Ashfield (ESU) 26.11, 16. Matthew Stein (MC) 26.33, 17. Tom Holtz (MC) 26.35.

**400** – 1. Chris Reddick (ESU) 51.06, 2. Brendan Kirk (MC) 52.89, 3. Peter Rice (MC) 53.10, 4. Shaun Crump (KU) 53.24, 5. William Ryan (MC) 53.25, 6. Greg Ceponis (MC) 55.38, 7. Alec Vlahos (MC) 55.99, 8. David Kurtis (MC) 57.30, 9. Daniel Goldstein (MC) 58.23.

**500** – 1. Greg Pammer (ESU) 1:09.40, 2. Jason Rowles (KU) 1:09.42, 3. Chris Dolan (MC) 1:11.40, 4. Shane Harvey (KU) 1:11.45, 5. Andy Henry (MC) 1:12.51, 6. Kevin Hannon (PCC) 1:14.51, 7. Alex Price (MC) 1:13.32, 8. Eric Strouse (MC) 1:16.85.

**800** – No race

**1,000** – 1. Stuart Udis (MC) 2:36.80, 2. Bob Torphy (MC) 2:38.15, 3. Robert Nihen (MC) 2:39.88, 4. Matt Smith (MC) 2:47.47, 5. Steve Monteleone (MC) 2:52.86, 6. Kevin Hannon (PCC) 3:02.74.

**Mile** – 1. David Chorney (MC) 4:28.88, 2. Patrick Thornton (MC) 4:37.73, 3. Ryan Reich (KU) 4:46.20, 4. Frank Nick (KU) 5:01.36, 5. Keith Leitmeyer (MC) 5:20.60, 6. Jubilant Kunce (KU) 5:27.05.

**3,000** – 1. Jake Sitler (Ship) 9:07.21, 2. Dillon Gracey (Ship) 9:07.56, 3. Matt Laletti (MC) 9:12.78, 4. Kevin Rodgers (KU) 9:27.69, 5. Adam Kingsbury (MC) 9:49.55.

**55 hurdles** – (Trials – Top six times advance to finals) 1. Rusty Smith (ESU) 7.69, 2. T.J. Longmore (KU) 7.80, 3. Mark Cover (Ship) 8.05, 4. Tyler Real (Ship) 8.07, 5. Shane Harvey (KU) 8.08, 6. Tyrek Nelson (Ship) 8.26, 7. Brendan Kirk (MC) 8.27, 8. Ben Koch (ESU) 8.42, 9. Michael Murphy (Ship) 8.46, 10. Matt Bailey (KU) 8.48, 11. Jason Rowles (KU) 8.58, 12. Michael Baer (MC) 9.09, 13. Chris Strohler (KU) 9.28, 14. David Kurtis (MC) 9.49, 15. Matthew Stein (MC) 9.57.

**55 hurdles** – (Finals) 1. Rusty Smith (ESU) 7.63, 2. T.J. Longmore (KU) 7.85, 3. Tyler Real (Ship) 7.92, 4. Mark Cover (Ship) 7.96, 5. Shane Harvey (KU) 8.00, 6. Tyrek Nelson (Ship) 8.25.

**4x400 relay** – 1. Kutztown A 3:30.92, 2. Shippensburg A 3:34.83, 3. Muhlenberg A 3:39.69, 4. Kutztown B 3:45.81, 5. Muhlenberg B 3:49.69, Muhlenberg C 3:53.54

**4x800 relay** – 1. Muhlenberg 8:21.85, 2. Kutztown 9:12.07.

**Pole Vault** – 1. Donald Graybill (Ship) 15-0, T-2. Matt Gallup (ESU) 14-6, T-2. William Hodges (KU) 14-6, 4. Travis Hammaker (Ship) 14-0, 5. Craig Sherwood (KU) 13-6, 6. Jim Osmolenski (Ship) 13-6, T-7. Justin Germani (KU) 13-0, T-7. Greg Osmolenski (Ship) 13-0.

**High Jump** – 1. Cody Hartzler (KU) 6-6, 2. Ken Cardullo (ESU) 6-0, 3. Joseph Dyer (MC) 5-10, 4. Michael Baer (MC) 5-6.

**Long Jump** – 1. Drew Miller (ESU) 20-9 ½, 2. Ryan Bausch (Alb) 20-2, 3. Marc Brookland (Muhl) 19-11 ¼, 4. Cliff Legrand (Alb) 19-7 ¾, 5. Kenny Cardullo (ESU) 19-6 ¼, 6. Greg Osmolenski (Ship) 18-8 ¾, 7. Alex Wolfe (Muhl) 18-1 ¾.

**Triple Jump** – 1. Drew Miller (ESU) 45-6 1/2, 2. Ryan Bausch (Alb.) 43-2 1/4, 3. Cliff LeBrand (Alb.) 42-0 1/2, 4. Marc Brookland (MC) 40-2, 5. Joe Dyer (MC) 39-4 1/2.

**35-lb. Weight** – 1. Paul Wagner (ESU) 18.47m\* (60-7 ½), 2. Chris Boutsikaris (KU) 54-9, 3. Jason Rebeck (KU) 49-6 ¾, 4. Travis Nye (Ship) 44-11, 5. Tom Sutor (ESU) 44-4, 6. Aaron Rogers (Alb) 42-4, 7. Tony Pellegrino (Alb) 39-2, 8. Ryan Thomas (Alb) 37-11, 9. Andy Hettinger (Alb) 37-5, 10. Greg Senatore (KU) 35-10 ½, 11. Tim Alabi (Alb) 28-11.

**Shot Put** – 1. Jim Dart (unatt.) 56-2, 2. Nick Price (unatt.) 55-8, 3. Paul Wagner (ESU) 48-6 ½, 4. Jason Rebeck (KU) 45-6 ½, 5. Travis Nye (Ship) 41-5 ¾, 6. Aaron Rogers (Alb) 41-3 ½, 7(tie). Tony Pellegrino (Alb) and Greg Senatore (KU) 41-2 ½, 9. Evan Sheppard (MC) 37-9 ¾, 10. Ryan Thomas (Alb) 36-11 ½, 11. Seth Hershman (MC) 34-6, 12. Andy Hettinger (Alb) 34-0, 13. Tim Alabi (Alb) 33-0 ½, 14. John Goodrich (MC) 28-8 ½.

**Heptathlon** - 1. Collin Feeney (ESU) 4,103, 2. Zac Kohler (Mill) 4,079, 3. Dan Johnson (ESU) 4,074, 4. Nicco Dalpiaz (Ship) 3,993, 5. Andrew Campolongo (Ship) 3,054, 6

\*NCAA qualifying marks listed in meters first, then English in parenthesis, for official reporting process