

ELITE CAMP REGISTRATION

Fill out and return this portion only.

(Registration Deposit of \$100.00 must accompany all applications. The remaining balance of \$300.00 must be received by July 30th.)

Registration fee is non-refundable

Send to KU Field Hockey, Keystone Hall,

PO Box 730

Kutztown, PA 19530

**Please notify camp director if you have any special needs that must be met in order to attend camp*

Name: _____

Home Address: _____

Age: _____ Grade Entering (9/10): _____

Position Played: _____

Check Box if Goalie

Goalies MUST bring their own equipment: (Kickers, leg pads, gloves, facemask, chest protector)

Name of School: _____

Name of Coach: _____

Camp Desired: _____

Resident Camp- \$400.00

*A non-refundable \$100.00 deposit is required with each application. Balance is due upon registering at the first day of camp.

Roommate Preference: _____

Parent's Name: _____

Home Phone: _____ Emergency Phone: _____

Parent's Signature: _____

Student's Signature: _____

Medical Insurance Information

Company Name: _____

Policy Number: _____

I desire to enroll in the 2010 Kutztown University Field Hockey Camp. Kutztown University, the director and anyone connected with camp do not assume liability for any injuries incurred while at camp or on the way to or from camp. Parent's should contact their own insurance company to get additional insurance for their daughter if necessary.

Please notify the camp director if you have any special needs that need to be met in order to attend this camp.

Campers will be required to attend all sessions and must comply to all camp rules. Failure to do so may result in dismissal from camp. After an application is accepted there will be no refund of the \$100.00 deposit

CAMP DIRECTOR

BETTY WESNER

2008 PSAC EAST COACH OF THE YEAR



Betty Wesner enters her 31st season as head field hockey coach at Kutztown University.

Wesner has played a vital role in the growth of field hockey and women's athletics at Kutztown over the past 30 years. She has posted a winning percentage of .565 in those 30 seasons.

In the past five seasons, Wesner's teams have combined for 81 wins and 5 trips to the Pennsylvania State Athletic Conference (PSAC) playoffs. In, 2007 the Golden Bears were ranked as high as first in Division II and first in the South Region. Wesner, 2007 & 2008 PSAC Coach of the Year and 2007 South Region Coach of the year. In the 2008 season Wesner recorded her 300th career victory in overtime decision against Mercyhurst College.

In 1997, the Golden Bears reached the pinnacle of success, advancing to the NCAA Division II Championship game for the first time in school history. For her effort, Wesner was named National Field Hockey Coaches' Association (NFCHA) Division II Coach of the Year, as well as NFCHA South Region, PSAC and Kutztown University Women's Coach of the Year. Academically, Wesner's teams have consistently been in the top 5 for Division II schools.



SEMINAR ON RULE INTERPRETATION FOR ALL INTERESTED COACHES AND PARENTS PRESENTED BY NATIONALLY

KUTZTOWN UNIVERSITY SUMMER FIELD HOCKEY CAMP



HELPING
your team
create a WINNING
COMBINATION...



Region's Premier Turf Camp

ELITE CAMP
AUGUST 1-5, 2010

GRADES 7-12

Kutztown University is a member of the
Pennsylvania State System of Higher Education

"Working with the different coaches gave me new perspectives on hockey!"—Former camper

OUR GOAL IS TO....

Here is a Brief listing of this year's Coaches:



Sarah Wesner-Greer
Assistant Camp Director

Former KU coaches award winner. Greer begins her fourth season as head Lacrosse Coach at KU. Former head Field Hockey Coach at Gwynedd-Mercy College.



Trista (Hershey) Oxenreider
KU Goalkeeping Coach

Four year starting keeper for KU from 2002-05. During her junior and senior year she recorded a 24-12 record in goal. She posted a 1.14 goals against average her senior year.



Amber Chambers
KU Assistant Coach

A three-year member of UNC's field hockey squad. US Field Hockey Junior Team A-Camp Olympic Training select in 2002. Offensive specialist and health & fitness expert. Former assistant coach at Dover H.S. (DE).

Camp Rules and Registration Information

Elite Camp Registration

The 2010 Golden Bear Elite Team Field Hockey Camp begins with registration on **Sunday, August 1st at 2:00pm** and concludes after the morning session on Thursday, August 5th.



Camp Rules

Campers are to attend all sessions. University rules are to be followed while attending camp. There will be no tolerance for smoking, possession or consumption of illegal drugs and alcoholic beverages. Misconduct will result in the camper forfeiting her registration fee and being dismissed from the camp immediately. Keys to camper vehicles will remain in the possession of the camp director until the end of the camp. We expect the campers to respect the University's facilities while attending our camp. Abiding to all rules will help ensure the campers an enjoyable stay at Kutztown University.

"I really liked getting to play with the staff, because it exposed me to the skill level of elite athletes!"~Former Camper & current KU Team member

Create an atmosphere that allows the athlete to advance her skills while making the experience memorable

The individual camp is designed to improve an individual's skill level and team play. The team camp will provide a format concentrating on team cohesiveness and intense playing. Excellent competition will be our main goal.

General Camp Information



The Elite Camp is located at Kutztown University in small, quaint Kutztown, PA. There are extensive hockey fields, indoor facilities in case of inclement weather, and an indoor swimming pool staffed by certified lifeguards. Campers are housed in University residence halls staffed by camp counselors and coaches. The dining hall will provide three nutritious all-you-can-eat meals, including a complete salad bar, each day. Each camper is reminded to provide her own stick, bed linens, swimming suit and other personal items needed for dormitory living. Mouth and shin guards are mandatory.

Directions

The campus is 20 minutes from the Northeast Extension of the Pennsylvania Turnpike (Exit 56- Lehigh Valley) and five minutes from Interstate 78 West to Exit 40 (Kutztown/Krumsville) to Rt. 737 South to Kutztown. Turn right on Main St. and proceed up the hill to campus. Kutztown is located about 2 hours from NYC and 3 hours from the Baltimore/Washington area, 1 1/2 hours from Philadelphia, just over an hour from Harrisburg and only a half hour from Reading and Allentown.

GOALIE CAMP

This camp will feature specialized individual instruction to all goalies. Goalies will work independently with special attention to conditioning, footwork and instruction focused on goalies' needs. In the evening, they will play with their teams in games.



"A great Learning experience and a lot of fun!"

Daily Program

8:00 BREAKFAST

9:00 Individual Stick Work/ Offensive and Defensive Tactics

11:30 LUNCH

12:00 Free Time

1:00 Small Group (7v7)

Game Situations

(i.e. Corners, Long Hits, Side-Ins)

4:30 DINNER

6:00 Round Robin Team Tournaments

Opt. Camper vs. Staff Challenge

9:00 Supervised Evening Activities

HIGHLIGHTS

- **Limited Enrollment**
- **Individualized Coaching**
- **Indoor Pool**
- **Camp gift**
- **All Coaching and Instruction Guided by National Federation of State Field Hockey School Rules**
- **Aerobic Training**
- **Strength and Conditioning**
- **Low camper to staff ratio**