

During the 2010 Indoor Track season Kutztown University will be hosting three high school meets.

Our indoor track is a six lane, 200 meter rubberized surface, **rubber-soled shoes only**. These meets will have multi-state sanctions and will be conducted under NHSFA rules. Only schools who are members of their state association are eligible. If your school would like to attend these meets please return the information from below by the deadline.

Questions: Ray Hoffman (610) 683-1334, hoffman@kutztown.edu or
Keith White (610) 683-4666, kwhite@kutztown.edu

Dates:

Saturday January 9: Kutztown High School Maroon and Gold Invitational: 10:00am field and 10:00am running. \$10.00 per person per event & \$15.00 per relay to the team fee of \$125.00. Men and women are separate so \$250 combined.

Saturday January 16: Kutztown High School Inv.: 9:30am field and 9:30am running. Entry fees as per above.

Friday January 22: Kutztown High School Golden Bear Inv.: 5:30 pm field and 5:30 pm running. Entry fees as per above.

Note # of entries per team per event. One in the 3000, Distance Medley (Jan 9th only) and 4x800 relay. Two in the 1600, 4x400 and 4x200. Three in the 55 dash, 55 hurdles, 200, 400, 800, shot put, high jump, pole vault and horizontal jump (LJ contested on Jan. 9 and Jan. 22; TJ contested on Jan. 16.) Call with questions.

Lodging: Call Gina Martens at Holiday Inn (610) 530-4633 for special team rate.

Only those teams meeting the deadline will be accepted into the meets. All others will be put on a waiting list and if accepted will be charged a late fee of \$50.00 per team.

Detach and return postmarked by December 1, 2009 to: KU Track, Keystone Hall, Kutztown, PA 19530. Detailed meet information will be sent via email to all accepted teams by Dec. 10th.

We will (be attending/send info for) the following meets: please send in by postmarked deadline of Dec. 1st

Golden Bear Inv

Saturday, January 9rd	Maroon and Gold Inv.	yes_____	no_____
Saturday, January 16th	Kutztown H.S. Inv.	yes_____	no_____
Friday, January 22nd	Golden Bear Inv.	yes_____	no_____

School _____ Coach _____

Address _____ Cell Phone (_____) _____

_____ (zip) _____
City State

e-mail address _____

(all future correspondence will be to the above email address)

Please print your complete address clearly. If boys and girls programs are separate, please pass on information to the appropriate coach.