



TEAM CLINIC WINTER WORKOUTS
HOSTED BY KUTZTOWN UNIVERSITY SOFTBALL

Dates: January 23, 2010

Time: 9:00 AM – Noon

January 31, 2010

Time: 11:00 AM – 2:00 PM

Ages: 8-18 years of age

COST: \$500.00 per team Example - (Based on a team of 10 players the individual cost would be \$50.00 per player)

“Limited space available” (Each team will be limited to 16 players per team)

The KU softball coaching staff and team members will conduct winter workout sessions for your team. Infield, outfield, hitting, pitching, catching, situational play, and conditioning will be covered during the workout. These sessions will be conducted in our 60,000 square foot field house. The facility is large enough to accommodate full infield and outfield. Coaches are welcome to attend.

What to bring: Glove, bat, helmet, and sneakers or indoor training shoes. No cleats.

Contact Judy Lawes or Don Justus with any questions in reference to the workouts

Head Coach Judy Lawes lawes@kutztown.edu 610-683-4665

Assistant Coach Don Justus Justus@kutztown.edu 610-683-4665

Team Name: _____

Coaches Name or Group Contact: _____

Address: _____

City: _____ **State:** _____ **Zip Code:** _____

Email: _____ **Number of players on team:** _____

Date and time you will be attending: _____

Mail Registration to: Kutztown University Softball Keystone Hall P.O. Box 730 Kutztown, PA 19530

Make checks payable to – Kutztown University Softball!”