

# KU Health Ambassadors



Most KU Health  
Ambassador  
Members

## Upcoming Events

- Bearfest  
Thursday, April 14<sup>th</sup> 5-6:30P.M
- "What's your Favorite Beverage?" Stand  
Monday, April 18<sup>th</sup> 5-7P.M.

## President Labowitz's Opening Statement

Are you interested in spreading the word around campus about health related issues? Do you love planning and discussing events to help benefit yourself and those around you? Well, here at Kutztown University, that about sums up what we do as Health Ambassadors.

As the future president, I would like to spread the word about our mission and what you can be expecting for the upcoming 2011 fall semester. My colleagues and I meet every Thursday during the free lunch period in the MSU. We organize various events and information tables. An example of a great turn out that we recently had was Spa Day. It was held in the Health Center on a rainy day, as a way to relax, beautify oneself, enjoy the company of others, and snack on some goodies. On **Thursday, April 14** we will have a table set up outside the Health Center near the DMZ from **5:00 to 6:30 PM**. What will we be doing you ask? Stop by the Health Ambassadors table and find out for yourself! Hopefully it won't be snowing in April and it will turn out to be a beautiful spring day.

As for the upcoming fall semester, you can look forward to interesting and just plain old fun events. Next time you're on the South side of campus, be sure to stop by the Health Center to check for events or any sort of news related to the Health Ambassadors. As always, we look forward to seeing new faces! Good luck finishing out the semester and congratulations to those graduating in May!

Emily Labowitz

Health Ambassadors, President

"So many people spend their health gaining wealth, and then have to spend their wealth to regain their health."

A. J. Reb Materi



Luis Almonte and Alexa Sicher at the "H2O Challenge" table on SPA Day.