

# THE KUTZTOWN COUNSELOR

Department of Counselor Education & Student Affairs Newsletter Spring 2020



#### **NEWSLETTER FEATURES**

#### DEPARTMENT NEWS

- New Addictions Program
- Student Affair Grants
- Dr. Brenner received her Ph.D. in Educational Leadership
- Dr. Duenyas elected 53rd

# DEPARTMENT EVENTS

- Initial Advisement Seminar
- CSI Events
- NAMI Events

# RESEARCH PRESENTATIONS

- Law and Ethics Presentation
- Trauma Counseling with Refugees Presentation
- GPACA Trauma Symposium

President of PCA

#### **DEPARTMENT NEWS**

# New Counseling Program Being Offered Starting Fall 2020!



# Master of Arts in Counseling: Addiction Counseling



The program is structured to meet the standards required by CACREP for accreditation (the Addiction Counseling program will be applying for CACREP accreditation in the Fall 2020). The Addiction program consists of core counseling courses, specialty area courses, and 700 hours of field experience. Degree requirements for this program meet the educational requirements for Pennsylvania state licensure as a Professional Counselor (LPC).

Graduates of the program are eligible to take the National Counselor Examination (NCE) examination, a state licensure prerequisite and a prerequisite to become a Nationally Certified Counselor (NCC). Completing the program in Addiction Counseling will meet the

educational requirements for the Pennsylvania Certification Board to become a Certified Advanced Alcohol and Drug Counselor (CAADC).

#### Addiction Counseling Program Mission

To provide a high-quality graduate education for individuals pursuing careers in professional counseling. This program is structured around several core tenets:

- Development of personal awareness of self as a counselor
- Knowledge of counseling, addiction and co-occurring disorders
- Skills in counseling delivery across the life span with diverse populations

Dr. Scott Tracy discusses Counseling: Addictions track

Click this link to view the video!

https://www.youtube.com/watch?time\_continue=9&v=HzToPSSanj8&feature=emb\_title

#### **DEPARTMENT NEWS**



## Student Affair Grant Recipients

This semester, two students from the Student Affairs Department, Rachael Wolfe and Eric Morton, won grants to attend the annual Delaware Valley Student Affairs Conference.

The selection process was rigorous and competition for the grant was steep. During the conference, Rachael and Eric were part of a special ceremony that highlighted this honor.

#### Dr. Patricia Brenner

Dr. Brenner received her Ph.D. in Educational Leadership from Alvernia University on February 28th.

The title of the dissertation she defended in order to receive her Doctorate is 'Authentic Leadership:
A Mixed-Method Inquiry of Practicum in School Counseling Student And Supervisor Experiences.'

We are so happy for your accomplishments, congratulations Dr. Brenner!



#### Dr. Deborah Duenyas

Dr. Duenyas was elected 53rd President of the Pennsylvania Counseling Association (PCA). Her presidential term will be from 2021-2022.

Dr. Duenyas plans to advocate for the rights of all counseling professionals in the state of Pennsylvania and the rights of their clients. She will continue to build on the outstanding legislative work of PCA and its members with a specific focus on high quality mental health care, equitable insurance reimbursement for practitioners, strong community partnerships, and promoting culturally inclusive practices that reach Pennsylvania's most marginalized and vulnerable populations.



### **Initial Advisement Seminar**

On January 27th, 2020, new counseling students attended the department Initial Advisement Seminar. Students had the opportunity to meet faculty and fellow classmates. They partook in various activities and discussions relating to the counseling program and profession. Current students also came to present on a student question and answer panel.





# Chi Sigma Iota Chi Omega Upsilon

# School Supply Drive for Thirteenth and Union Elementary

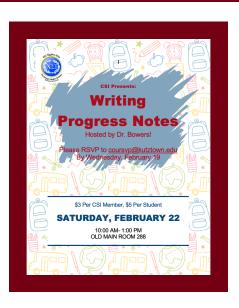
This semester, CSI supported Reading School District by collecting school supplies and donations for Thirteenth and Union Elementary.

CSI was excited to collect supplies and proud to be a part of this school supply drive.



### Perfecting Progress Notes Workshop

On Saturday, February 22nd Dr. Bowers hosted a Progress Notes workshop that also served as a fundraiser for CSI. This workshop was great for students in Practicum and Internship. Be sure to look out for this workshop in the upcoming school year!



#### **Zoom Induction Ceremony**

On Friday, April 10th at 5:00pm, Chi Sigma Iota - Chi Omega Upsilon hosted an induction ceremony in honor of new initiates. COU-CSI gained 42 new members to their growing chapter.

#### CSI-COU 2020 Inductees

Amanda-Jean Albert

Alyssa Alfinito

Angel Almonte

Rachel Baker

Rachel Beck

Carly Brown

Adam Burke

Virginia Cacciatore

Amelia Colon

Katelyn Crofutt

Erin Duvinski

Rebecca Ewald

Amanda Frees

Francesca Frias

Letecia Garcia

Elizabeth Haines

David James

Heidi Kelly

#### CSI-COU 2020 Inductees

Kristen Kinch

Paige-Lilly Ivens

Kassandra Luttman

Chloe Marks

Halina McCain

Omayra McDevitt

Gavrielle Mele

Jillian Milositz

Lorita Moussa

Ikechukwu Okorji

Brittney Payne

Corey Perich

Sarah Poore

Dylan Preston

Alyssa Romig

Joslyn Royster

Crystal Santa

Noah Schoch

#### CSI-COU 2020 Inductees

Christine Siravo

Christine Storch

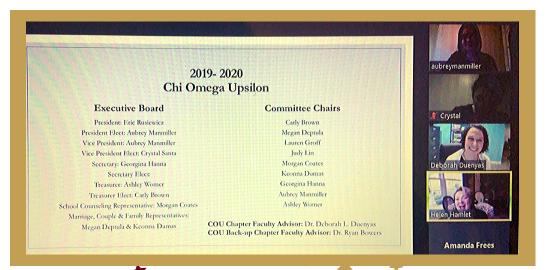
Sophia Valeriano

Corey Werner

Alexis Wise

Michelle Yenser





A huge thank you to our wonderful executive board and faculty advisors for all that they do for CSI!

We also want to thank our members for coming to all of the events and making everything we do possible.

#### CSI-COU 2020 Outstanding Awards

Outstanding Clinical Mental Health Counselor Award ~

Heidi Kelly

Outstanding School Counselor Award -

Cesar Velasquez

Outstanding Marriage, Couples, and Family Counselor Award -

Megan Deptula

Outstanding Alumni Award -

Cori White



#### National Alliance of Mental Illness (NAMI)

NAMI KU had a host of events scheduled for the spring of 2020. We were going to be training up to 20 students to begin Aevidum at KU, participating in the first "Doodle Day" on campus, participating in KU's Spring health fair, participating in a Student Mental Health Roundtable, participating in the Reading Royals, "Put the Stigma on Ice" event and the Reading Phillies, "Strike Out the Stigma" event.

The one event which we did manage to host was the KU Campus Out of the Darkness Walk. We worked so hard on promoting this event that we decided to go virtual. Our ceremony was live on zoom on the afternoon of the walk, April 26th. Close to 70 participants viewed the ceremony where three speakers; Jim Presto, Co - chair of Eastern PA's American Foundation of Suicide Prevention, Dr. Kelli Deiaco, Assistant Professor at KU in the Counseling and Psycholigical Services Department, and Amy Groh, Director of Crisis Intervention Services at Service Access Management of Berks County provided important information and resources along with a message of hope.

The ceremony was taped and has been replayed by KU radio as well as turned into a podcast. Our hearfelt thanks goes out to all who assisted in any way with the event! As of this date we have raised over \$10,000.00 for AFSP!





In the fall, NAMI KU hopes to bring the NAMI Peer to Peer Program and NAMI Connection Peer Recovery Support Group Program to our campus. If any graduate student is interested in become a connections or peer to peer program educator, please contact Dr. Brenner at Brenner@Kutztown.edu. Our weekly meetings will resume in the fall. We hope to see you then!

#### RESEARCH PRESENTATIONS



From L to R: Ikechukwu Okorji, Paige LIlliy-Ivens, Dr. Scott Tracy, Amanda Fink, and César Velásquez

#### Law and Ethics Presentation

KU Graduate Counselor Education students recently presented original research at the 2020 Law and Ethics in Counseling Conference in New Orleans' French Quarter.

This prestigious conference is sponsored annually by Holy Cross University, CACREP and the American Counseling Association. Presentation topics included spirituality in counseling and alcohol risk prevention on college campuses.

# Prolonged Exposure Trauma Counseling with Refugees

On February 22, 2020, Dr. Joanne Cohen presented research on Prolonged Exposure Trauma Counseling with Refugees at the Greater Philadelphia Area Counseling Association (GPACA) Trauma Symposium held at Thomas Jefferson University.



From L to R: Nina Guzman, director of Alianzas de Phoenixville; Ann E. Gaulin, LMFT, and Dr. Jo Cohen.



Pictured are our Counseling students who helped Dr. Duenyas at this symposium: Cicely Calvaresi, Keonna Dumas, Sarah Carew, Joslyn Royster, Ian Wagner, Georgina Hanna, Amanda Jean-Albert, Jasmine Burgos, and Kirsten Kinch

#### Healing On The Horizon: Trauma Care In Action

On February 22, 2020, Dr.

Deborah Duenyas co-chaired the
Greater Philadelphia Counseling
Association's Trauma Symposium.

This was held at Thomas Jefferson University in Philadelphia, and many of our Counseling students attended and volunteered at this Symposium.







can't wait to welcome you all back

after summer break



in the Fall 2020 Semester!