

# THE KUTZTOWN COUNSELOR

Spring 2023 Department of Counselor  
Education Newsletter

## FEATURING:

*Department  
& NAMI  
Events*

*CSI Awards  
& Induction*



*Research  
Presentations*

*Faculty  
Updates &  
Other News*

# Department Events

## Initial Advisement Seminar



On Monday, January 23, 2023, new counseling students attended the department's virtual initial advisement seminar. Students had the opportunity to meet faculty and fellow classmates. They partook in various activities and discussions relating to the counseling program and profession. Current students also came to present on a student question and answer panel.

# Department Events



On February 6, 2023, Megan Pelko, MA, LPC, a 2020 graduate of the MA in Marriage, Couple and Family Counseling program led a discussion on Ethical Issues in practice and mandated reporting for a section of counseling internship.

Clinical Mental Health Counseling students attending included (L to R): Bricy Vargas, Lauren Reiff, Ashley Rinker, Shannon Vaught, Dr. Cohen, Megan Pelko, Matt Kernicky, Ivanna Lahoz, and Emonie Riviere. Not pictured, Michelle Adler was taking the photo



# NAMI Events



NAMI Bear Care Events “Whine and Design” in February and “Yoga with Dr. Tracy” in March.



# NAMI Events



Jessica Filpe, International Counseling student in the CMH track. Jessica was also trained in March of this year as a NAMI Connections Peer Facilitator. Congratulations Jessica! NAMI KU will begin offering Connections Support Groups in the Fall of 2023!

# CSI Induction Ceremony

*Congratulations*



*Congratulations*

**On Friday, April 14th, the Department of Counselor Education and Student Affairs and the Chi Omega Upsilon Chapter of Chi Sigma Iota (CSI) held their 6th annual induction and award ceremony.**

**CSI is an international honor society that values academic and professional excellence in counseling.**

**The Department recognized outstanding student achievements and honored alumni for their contributions to the profession of counseling.**

# Welcome to CSI!

# *Congratulations*





# Welcome to CSI!

## *Congratulations*

### CSI Inductees

Danielle Rumore  
Robert Hazard  
Lucrecia Maldonado-Figueroa  
Haley Heckman  
Shannon Cannizzaro  
Mirialy Valle  
Lakshmi Nair Kanangottu  
Ashley Cosme  
Maddox Evans  
Rebecca Dougherty  
Autumn Gilbert  
Rachel Rubright  
Bryanna Elliott  
Jasmine Lord  
Elizabeth Spellacy  
Megan Baur  
Taiya Miller  
Ann Lemon  
Morgan Ogozlek  
Jacob Barringer  
Emily Brettel  
Kelsie Odhner  
Jennifer Csordas  
Kimberly Civitarese  
Eric Otero  
Kevin Taras

# CSI Induction Ceremony



**CSI Students welcomed the NEW 2023-2024  
CSI Executive Board members, including:**

**2023-2024 CSI Executive Board  
President: Jacob Barringer  
Vice President: Maddox Evans  
Secretary: Breann Craley  
Treasurer: Megan Baur**

**Faculty Advisor: Dr. Deborah L. Duenyas  
Back up Advisor: Dr. Scott Tracy**

**Thank you to the 2022-2023 CSI Executive Board  
for your service!**

# CSI Award Recipients

*Congratulations*



**Congratulations to John Pettit, presented with the Outstanding Student Award for School Counseling by Dr. Patricia Brenner!**



# CSI Award Recipients

*Congratulations*



**Congratulations to Morgan Ogozalek,  
presented with the Outstanding Student  
Award for CMHC by Dr. Joanne Cohen!**

# CSI Award Recipients

*Congratulations*



**Congratulations to Josh Tonkay, presented with the Outstanding Student Award for Addictions Counseling by Dr. Fred Redekop!**

# CSI Award Recipients

*Congratulations*



**Congratulations to Serena Garrett, presented with the Outstanding Student Award for MCFC by Dr. Deberah Duenyas!**





# Research Presentations



Dr. Duenyas and current KU graduate students Adam Christian (CMH) and Isaiah Smola (CMH) presented scholarly research at the annual Chi Sigma Iota Statewide conference. The roundtable titled, "A Neuroscience-Informed Guiding Metaphor for Graduate Counseling Students," facilitated discussion regarding how graduate counseling students are integrating neuroscience-informed counseling into their professional identity development. The roundtable session provided an overview of current professional literature focused on the use of metaphor as a tool to develop and assess counselor's neuroscience-informed professional identity development.



# Research Presentations



Dr. Cohen and graduate students Lakshmi Nair-Kanangottu (MCFC) and Paul Gurule (CMH) presented at the APA Division 32, Society for Humanistic Psychology Conference in March 2023. The presentation topic was "Racial Engagement of Immigrant Families within a Collaborative Community-Based Clinical Trauma Counseling Program: Three Case Illustrations."

Dr. Cohen and Lakshmi received a research grant to attend this conference.





# Research Presentations



Dr. Cohen and graduate student Lakshmi Nair-Kanangottu (MCFC) presented at the Eastern Psychological Association Conference in March 2023 on "Prolonged Exposure Trauma Counseling with Drawings for Immigrant Youth."

Approximately 250 people were in attendance for this presentation!



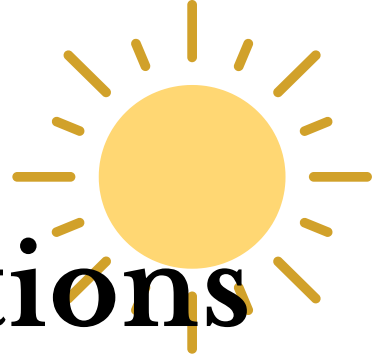


# Research Presentations



Sylvia Pham, Student Engagement/Research Librarian, Jamie Bany, Library GA and CMH counseling track student along with Dr. Brenner coordinated the Human Library at Kutztown University on March 28, 2023. Four students from Dr. Brenner's Intercultural class participated as books at the Event, Kora Clauser (CMH), Jacqueline Hartz (CMH), Jailin Bolt (CMH), and Jeff Tino (CMH). The event was sponsored by The Commission on Human Diversity, Chief Diversity Office, and the Rohrbach Library.

The Human Library Organization is a registered international not for profit with administrative headquarters located in Copenhagen, Denmark. The Human Library® is a global innovative and hands-on learning platform. They are embedded in high school to higher learning, medical training to civic engagement to better understanding of diversity in order to help create more inclusive and cohesive communities across cultural, religious, social, and ethnic differences. We are planning another event for April of 2024. All students are invited to be a part of this amazing experience. Watch for announcements in the fall of 2023.



# Research Presentations

## Kutztown University hosted the Commission on Human Diversity's 13th Annual Conference, March 3, 2023

Several students from the Department of Counselor Education and Student Affairs presented at the Commission's annual conference which was held online this year.

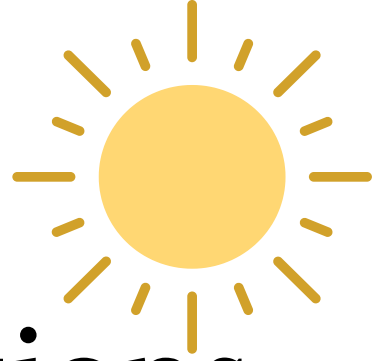
Jazmine Lord, who is in the CMH track presented the workshop, Mental Health in the Black Community with undergraduate student, Ahmadd Franklin.

Isaiah Smola, who is in the CMH track was a panel participant for the panel Dr. Brenner moderated, How Neurodiverse Individuals Survive and Thrive through Faith, Hope, and Action.

Gwendolyn Murray, who is in the CMH track presented her poster, Advocacy in Action, A Counseling Perspective on Assisting New Refugees.

Kevin Smyth, who is in the Student Affairs track presented the workshop, DEI & Religion.

Dr. Brenner and Dr. Hyatt presented the workshop, Compassionate Leadership, Building Momentum for Diversity, Equity, and Inclusion Initiatives.



# Research Presentations

Dr. Duenyas, Dr. Krahwinkel, and KU alumni Andre Sumiel recently had a research article titled, "Experience of Underrepresented Students in Master's-Level Counselor Education Programs" accepted for publication in the Journal of Counselor Preparation and Supervision.

The purpose of this phenomenological investigation was to understand the racial and ethnic experiences of underrepresented Master's-level counseling graduate students in CACREP-accredited counselor education programs. Data analysis revealed four composite themes that comprised students' experience.

The themes were: Perceived Cultural Competence, Individual Characteristics, Connection and Advocacy, and Bringing "It" Up. Implications on how counselor education programming and curriculum can provide support for underrepresented students were included.



# Faculty Highlights

CONGRATULATIONS AND WELCOME!

Dr. Jill M. Krahwinkel



Dr. Krahwinkel has been a Counselor Educator since 2014 and has taught all CACREP core classes throughout her career specializing in ethics, social & cultural diversity, diagnosis, & assessment. As an educator, Dr. Krahwinkel actively follows best practices in the field and her area of foci when doing research includes counselors' clinical and cultural competence. She also provides clinical supervision for master-level intern students and graduates working towards their licensure as professional counselors. She advocates at the state and national level, attends and presents at regional and national conferences, and volunteers in her local community.

Clinically, Dr. Krahwinkel has a wealth of experience working with clients of all ages focusing on depression, anxiety, trauma, grief/loss, and addiction. She has experience working in many different types of clinical settings—outpatient, residential facilities for children, foster care, court ordered addiction treatment, nonprofit, & private practice. She offers a culturally responsive, social justice-oriented approach that concentrates meeting the needs of LGBTQ+, Black, Indigenous, and People of Color (BIPOC) communities. Her approach to counseling is rooted in Reality Therapy with emphasis on Relational Cultural Theory, emphasizing that the counseling relationship is the agent of change to help clients meet their desired goals.



# Department Graduate Student Spotlight



Christine Nardone Storch passed the National Counselors Examination on April 20, 2023, under supervision of Toni Gerhart at Family Guidance Center. After graduation in May, 2022, Christine was appointed Director of Well-being and Special Projects at Kutztown University. This April, she accepted a position at Arcadia University as the Director of Student Engagement and continues to work for Family Guidance as a mental health clinician.

**Congratulations Christine!**



# Other Department News

**Dr. Brenner's research, "Transgender Emergence: Personal Stories of Leadership & Advocacy," has been accepted for SAIGE's 2023 Summer Webinar Series. SAIGE is a newer division of the American Counseling Association.**



**Society for Sexual, Affectional, Intersex, and Gender Expansive Identities**

Counselors and Related Professionals Serving Sexual, Affectional, Intersex, and Gender Expansive Communities

# Other Department News



## Social Justice Award

This year's Social Justice Award winner for the 2022-23 Academic Year, which is sponsored by the Commission on Human Diversity, was our very own Emonie Reviere, who is a CMH Counseling student.

Congratulations Emonie!



# Other Department News



Graduate student Tegan Yannotti (School Counseling track) has found a way of giving back to KU Counselor Education and Student Affairs students by creating a textbook lending library.



# Other Department News



Donations are now being accepted!  
There is a donation box outside  
the GA office in OM 418.

The library will be located in OM  
405 and maintained by the  
Department Graduate Assistants.

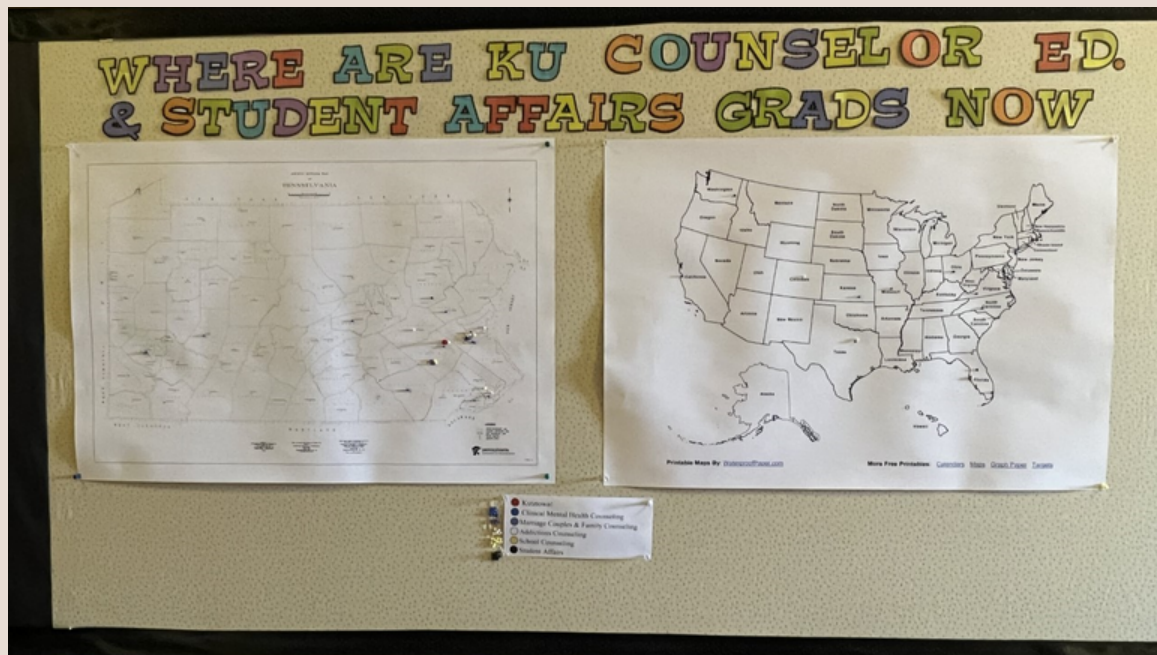
# Other Department News



MCFC Student Elliot Elbaum contacted State Representative Ryan Mackenzie concerning the Interstate Counseling Compact and additional mental health supportive services and training being provided to first responders.

# Other Department News

## Where Are Our Graduates Now?



Faculty, you can help us track all the wonderful work our graduates are doing by letting us know where they are!

Graduates, let us know where you are! Whether you remain in the state of PA or relocate out of state!



# *Congratulations*



*Class of 2023 Department of  
Counselor Education and Student  
Affairs Graduates!*





Wishing you all  
a wonderful  
Summer break!