# The Department of Counselor Education and Student Affairs

Spring, 2025 Newsletter





# ALL COUNSELING PROGRAMS RECEIVE FULL ACCREDITATION!



On March 13, 2025, all four of Kutztown University's master's programs in counseling received full CACREP accreditation for 8 years, until March, 2033. This includes M.S. degree in School Counseling and M.A. degrees in Addictions Counseling, Clinical Mental Health Counseling, and Marriage, Couple, and Family Counseling. These program accreditations feel like just rewards for the extensive time, effort, and resources dedicated to the accreditation process. Our programs undergo regular CACREP-aligned standards review, curriculum design, assessment, policy and curriculum updates. CACREP accreditation signifies collaborative work between the faculty, the college of education, the graduate school, Kutztown University, and numerous dedicated stakeholders.

We greatly appreciate the contributions of individuals who helped prepare for and take part in the online site visit. We would like to thank the CACREP support persons, visiting team, and board members; College of Education Dean Rebecca Burns; Graduate Dean Carl Sheperis; KU President Kenneth Hawkinson; Provost Lorin Basden Arnold, the Library; the Office of Institutional Technology; Counselor Education and Student Affairs Department Secretary, Pamela Hopstetter; Graduate Assistants Kayla Stoeber and Angela Leamon; Undergraduate Assistant Alex Reed; Interviewees from stakeholder groups to include Site Supervisors Katie Stahl, Stephanie Steigerwalt, Tiffany Zimoulis, Wendy Kalamar, and Cori White; Current Students Breann Craley (CMHC), Carly Commando (CMHC), Ashh Nelson (SC), Emily Brettell (SC), Lakshmi Nair (MCFC), Ann Lemon (AC), Alumni Samuel Ortbal (AC), Amelia Colon (SC), Judy Lin (SC), Kevin Gee (SC), Ian Wagner (CMHC), Samantha Cartagena (CMHC), and Advisory Committee Members Melissa Gillard (SC), Michelle Weber (SC), Chris Bard (SC), and Mallory Stevens-Carr (MCFC). Finally, thanks to our wonderful graduate students in counseling, and their passion and commitment to the field.

https://www.cacrep.org/wp-content/uploads/2025/03/February-2025-Accreditation-Decision-Announcement.pdf

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Editors: Dr. Joanne Cohen, Angela Leamon, Kayla Stoeber, Alex Reed

# CONGRATULATIONS TO OUR 2024-2025 INTERNS



# **SPRING 2025 INITIAL ADVISEMENT SEMINAR**



New counseling students attended the department's initial advisement seminar on Monday, January 27<sup>th</sup>, 2025. Students had the opportunity to meet faculty and fellow classmates. Above, Dr. Lauren Moss guides students through an evaluation of Student Performance Evaluation Reviews (SAPER).



# Farewell Dr. Duenyas!

Dr. Duenyas will be joining the online counseling education graduate school faculty at Saint Bonaventure University. Dr. Duenyas is excited to continue doing what she loves in an online environment. While leaving is bittersweet, she is grateful for her experience with this program and is looking forward to applying what she has learned from her time at Kutztown. Dr. Duenyas looks forward to her continuing research in areas of neuroscience informed counseling and would like to thank faculty and students for their continuous support.



# Dr. Patricia Brenner in "Chew on This"

During National School Counselors Week in February 2025, Dr. Brenner participated in a roundtable along with other PA School Counselor Educators to discuss Preparing Students to Become School Counselors. The event was sponsored by the Pennsylvania School Counseling Association.

## Dr. Diana Elliott Approved for Sabbatical

Dr. Elliott was approved for a 2025-2026 sabbatical to study "Student Learning Outcomes (SLOs) and working conditions of contingent faculty." While much research has examined SLOs, remarkably little has examined their intersection. The aim of my sabbatical research project is to understand ways contingent faculty contribute to SLOs, what challenges they experience in supporting the achievement of SLOs, and to what extent college-level and department-level policies impact the ability of contingent faculty to contribute to SLO achievement. Given the growing prevalence of contingent faculty on college campuses, it appears both timely and imperative to explore how these educators contribute to the attainment of learning outcomes.





# Dr. Jill Krahwinkel-Bower Teaching about the NCE

Our counseling programs are now affiliated with NBCC (National Board of Certified Counselors), meaning that students in good standing who are in the last two years of their program are eligible to apply for the NCC (National Certified Counselor) credential. By applying for the NCC, you will have the opportunity to take the National Counselors Exam (NCE) exam in your last semester of the program!!! Dr. Krahwinkel-Bower will be hosting regular NCC orientations for you to learn more!



#### Brian Fritz Passes NCE Exam May 1st

Brian Fritz (M.A. expected '25) student in the Clinical Mental Health Counseling program. He completed his practicum and internship at Deadra Clewell Counseling, a small group practice in Bethlehem, where he plans to continue working after graduation. Brian enjoys working with a diverse client population, partnering with them to foster greater self-awareness and psychological well-being. He is passionate about dream analysis and often views client concerns through a psychodynamic lens, while also valuing the importance of meeting clients where they are at, drawing from a range of therapeutic approaches to best support their needs. His goal is to continue in outpatient individual counseling and pursue licensure as a professional counselor (LPC).



Logan Crossley
Passes NCE Exam
April 30<sup>th</sup>

My name is Logan Crossley. I've been working towards my degree in Addiction Counseling for the past four years. During this time I have volunteered with Camp Connect, presented with Dr. Tracy, and pursued research with Dr. Brenner. I took classes on a variety of issues with passionate professors, developing a strong counseling identity from them. I take our counselor ethics, values, and morals to heart.

Throughout my time at KU, I completed practicum at the LGBT Center of Reading. I completed internship at Mid-Atlantic Rehabilitation Services, where I have developed counseling skills with those who struggle with substance use. It has been rewarding to see individuals find meaning in themselves through recovery.

One of the hardest things I went through during the program was losing my ESA, Zeus. When grief required me to step back, I thought it was a setback. However, the extra year taught me so much about myself as a counselor and a human. I found meaning and purpose in the art of Jiu-Jitsu. I learned the importance of self-care and how to roll with the punches!

On April 30th, I took the NCE early and passed! When I walk across the stage on May 16<sup>th</sup> to claim all that comes with graduation, I'll be doing it for Zeus. I plan to continue moving forward as a counselor and am grateful the department took a chance on me; I promise to make you all proud!

# Dr. Ramona Roberts and KU Alumni, Daniel Pfost Publish Article in The Response Magazine



The article titled "Helping the Helper: Steps to Prevent Compassion Fatigue and Vicarious Trauma in Caregivers" was written by By Dr. Ramona Roberts, CET, CCTP-II, CCS, Senior Executive Director - Regional Outpatient Services, Caron Treatment Centers, and Daniel Pfost, LSW, CAADC, CTP, CES, Outpatient Therapist, Caron Treatment Centers. It highlights the emotional toll caregivers face, particularly compassion fatigue and vicarious trauma. These conditions often stem from caregivers' deep empathy and constant exposure to others' suffering. The piece emphasizes that while caregivers are passionate and dedicated, they are also human and vulnerable to burnout.

Link: <a href="https://issuu.com/nhgi/docs/responsewinterspring2025\_js\_final\_web/15">https://issuu.com/nhgi/docs/responsewinterspring2025\_js\_final\_web/15</a>

# Dr. Diana Cardenas Elliott Publishes Article in Journal of Education Human Resources

Dr. Elliott recently published a manuscript entitled "Always the Bridesmaid, Never the Bride: Contingent Faculty's Experiences in the Academic Job Market" in the Journal of Education Human Resources. In this study, the authors employ a qualitative approach to examine how U.S. contingent faculty navigated the labor market in higher education and whether and how they perceived their adjunct experiences to hinder or augment their ability to secure permanent, full-time positions. The authors discuss the implications of their research for higher education institutions seeking to support and promote the advancement of contingent faculty.

# Dr. Sally Hyatt Publishes Article on Universal Design, AI, & Disabilities

Hyatt, S. E., & Owenz, M. B. (2024). Using Universal Design for Learning and Artificial Intelligence to Support Students with Disabilities. College Teaching, 1–8. https://doi.org/10.1080/87567555.2024.2313468

Governor Mifflin High School
Career and College Access Counselor
Visits Career Counseling Class



Kimberly Murray, M.Ed.

On April 23, 2025, career and college access counselor Kimberly Murray from Governor Mifflin High School spoke to Dr. Brenner's Career Counseling class. Murray is in a new, unique program involving giving in-class career lessons. This enables her to connect all 9-12 graders with career experiences that emphasize their skills, strengths and interests through job shadowing, internships, and community speakers who may offer interested students job shadowing opportunities. The program uses the "future Ready Framework," a personalized student learning connecting to real world applications.

Guest Speaker Eric Webber
Demonstrates Group Juggle
Activity to Group Counseling Class



On Thursday, February 27<sup>th</sup> guest speaker, Eric Webber came to facilitate a group activity called "Group Juggle" in Dr. Roberts' group process seminar class. During the activity, Eric had participants pass a ball (or multiple balls) around a circle, aiming to keep the ball(s) in motion without dropping them. This was a fun and engaging way to improve focus, teamwork, and communication.

# DR. JOANNE COHEN'S MUILTICULTURAL COURSE p. 7

On May 7<sup>th</sup>, 2025, students in Dr. Cohen's Intercultural Issues in Counseling course presented "Exploring Cultures in Counseling" posters in the main lobby of Old Main. Students represented the department's graduate programs in Clinical Mental Health Counseling, Addiction Counseling, Marriage, Couple, and Family Counseling, and School Counseling.

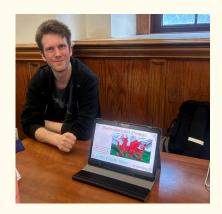








# Aaron Brown: Welsh Gulture



Apatani Culture

Alexa May:

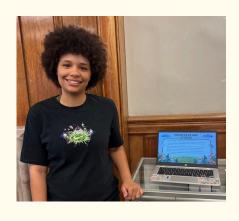


Brianna Weiner: LATINX CULTURE

Alexandra Hickey: African American



Brianna Bradshaw: East & Southeast **Asian Americans** 



Bridgette Gomez: African American



Irina Del Valle: Puerto Rican Culture



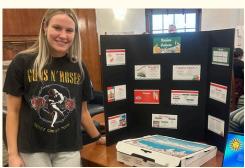
Cassidy McGee: LGBTQ1A2S+ Culture



Issac Hollomon: **Uruguayan Culture** 

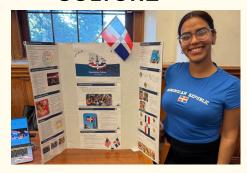


Kira Kern: Italian Culture



Leanny Cabrera Gutierrez:

**DOMINICAN CULTURE** 



Mariah Roman: Gender



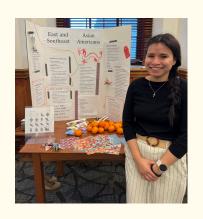
LGBTQIAS+ Culture



Marrisa Moore: **East & Southeast** Asian Culture



Sam Enck: East and Southeast **Asian Americans** 



Madi McCloskey:

LGBTQ+ Culture



Olivia Mittura: Traditional "Men" **Masculinity Culture** 



Sarah Miller: NATIVE AMERICAN





NATIVE AMERICAN



### Rachel Rubright



Rachel Rubright, MA, LAPC, NCC is a 2024 graduate of the masters in Clinical Mental Health Counseling program at KU. She worked as a GA for the psychology department, and most of all enjoyed tutoring during her three years. In pursuing her passion of sharing education, she was recently accepted at Immaculata University into the PhD program for Counselor Education and Supervision. During her degree, Rachel plans to engage research interests into spirituality's potential in counseling, and continue her research interests into the benefits and application of ecotherapy.

Recently, Rachel pursued a publication on the topic of ecotherapy in The Journal of the Pennsylvania Counseling Association entitled "Outside In: An Indoor Model for Ecotherapy in the Treatment of Trauma," alongside co-authors Juliana Rose, MA, Sarah Rentz, MA, MAT, LAPC, Sarah Springer, PhD, LPC and Lauren Moss, PhD, LPC. She recently presented the same research at the Greater Philadelphia Area Counseling Association's Trauma Informed Care conference. Here, she demonstrated various techniques to complete ecotherapy indoors, and addressed benefits that can be seen for trauma therapy clients, using nature-based techniques. This was Rachel's third conference in which she explained her ecotherapy research, with her first two taking place while still building the publication at KU.

Since graduating, Rachel has worked at Mind Matters Coaching, Counseling, and Psychological Associates, the same location she spent completing her internship. She has hosted an ecotherapy introduction day at a lavender farm through the practice, and expanded her work to include faith-based and spiritual counseling, as well as play therapy techniques. She still continues to include ecotherapy in her practice, including the tending of a hydroponics station in her office, from which clients can pick their own flowers.

Anastasia Joswick



Anastasia Joswick, MA, LMFT, is a Licensed Marriage and Family Therapist and Certified Drug and Alcohol Counselor (CADC) with over 10 years of clinical experience working with families, the addiction population, & couples. She obtained a bachelor's degree Psychology in with concentration in counseling and a minor in Criminal Justice Administration in May, 2016. She then acquired her master's degree in Marriage, Couples, & Family Counseling at Kutztown University in May of 2022.

While obtaining licensure hours under a doctor specializing in Couples Trauma, Anastasia became passionate about trauma work & worked with the forensic population addressing psychopathology, sex offending, and personality disorders while reducing recidivism rates in the prison population. She then acquired her EMDR certification while designing and implementing the Northampton County ARC trauma treatment program within the juvenile justice center to help juveniles who suffer from trauma related issues. She simultaneously continued her passion working with LBGTQIA+ clients and couples.

As a nationally certified cognitive behavioral therapist, Anastasia also utilizes Trauma-Focused CBT and uses her expertise in family and couples' treatment modalities such as structural, strategic, and humanistic approaches to best serve her clients through an affirmative lens. Her passion as a clinician is to develop an understanding of what a client's definition of family is, what it means to them, and how to empower and support them through the process of understanding relationship dynamics.

With all family work it starts at the roots, the roots of families, developing stronger roots to heal, roots to embrace their truth, and hopefully plant healthier roots for the next generation to come

For the 2024-2025 academic year there are 154 Graduate Assistantships at Kutztown University, 55 of which are occupied by students in the Counseling Programs.

### Vincenzo D'Ancona



Hi, my name is Vincenzo D'Ancona. I am a grad student studying Family, Marriage, and Couples counseling! I also work as the promotion GA for athletics! My job is helping plan promotional events for athletic events/games. In the past year, I've helped plan giveaways for each sport. Some of the giveaways were shirts, pink towels, and Rita's. I helped start the first "Bark in the Park" event. This event is to help get donations for the animal rescue league of Berks County! I also help make the schedule for student workers for athletic games/events! Lastly, I work most of the athletic games/events!

# Meg Gooding



My name is Meg Gooding, and I am a second year graduate student in the Clinical Mental Health Counseling program. I am also the graduate assistant for the New Student Orientation office. I have worked for NSO since 2021, so it seemed only right for me to continue my journey with the program in graduate school. As GA, I manage a staff of undergraduate facilitators, as well as assisting with running all the orientation days in the summer. A cool fact about my job with NSO is that since 2021, I have met every single freshman student!

Link to apply for GA positions: <a href="https://www.kutztown.edu/about-ku/administrative-offices/graduate-studies/graduate-assistantships.html">https://www.kutztown.edu/about-ku/administrative-offices/graduate-studies/graduate-assistantships.html</a>

# Naila Thays Mendez



This is for those who feel stuck and worried about their future.

My name is Naila Thays Mendez, the first daughter of Jeymi Esther Contreras. I am a proud first generation Dominican American. I graduated from Shippensburg University with a B.A. in Psychology in May, 2023. During my time at Ship, Professor Toru Sato taught me about mindfulness, consciousness, and spirituality. I gained a deep understanding of the importance of living in the present moment.

Ship prepared me for my new journey at Kutztown University in the Clinical Mental Health Counseling program. I began my journey at Kutztown in August of 2023. Dr. Lisa Weckerle, the director of ACT101, offered me a graduate assistantship, for which I am extremely grateful. I love serving the ACT101 students in every way that I can.

I am currently finishing up my Spring 2025 practicum semester at Pennsylvania Forensic Associates. My supervisor, Estela Valera, empowered me and guided me through this challenging time. I feel extremely lucky to have been mentored by Professor Cogorno and Miss Estela-two intelligent and empowering Latina professionals.

I will continue my last year of internship with Moravian University's Counseling and Psychological Services. I am excited to dive into my last year at Kutztown University. Here's to a year full of challenges that may feel uncomfortable but will develop me into a strong and competent counselor.

Como dice mi mami: "cógelo suave, porque si no te va a dar un yeyo." No te preocupe, porque todo va a salir bien. Somos Latinos y estamos acostumbrados a trabajar duro. Sigue pa'lante, mis hermanos y hermanas.

NAMI KU

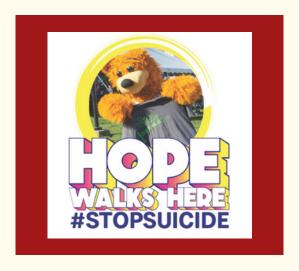
## Lehigh Valley Therapy Dogs

On , NAMI KU was joined by the Lehigh Valley Therapy Dogs. Continuing a tradition started after the pandemic, dog therapy was offered to the campus community the week after Spring Break. Bodie, and Dexter were on hand for this event along with the Berks County Chapter of NAMI. NAMI Berks offered free resources and information. Watch out for our dog friends in fall 2025!





### Kutztown University Out of the Darkness Campus Walk





The walk took place on Sunday, May 5<sup>th</sup>, 2025 at Kutztown University on the DMZ. In it's 11<sup>th</sup> year, the event is a collaboration between NAMI-KU and the AFSP.

Contact: Dr. Patricia Brenner, Chair for NAMI-KU, brenner@kutztown.edu

For more information, see: American Foundation for Suicide Prevention

# Dr. Redekop Presents Counseling Theories Workshop

On Monday, March 3<sup>rd</sup>, 2025, Dr. Fred Redekop facilitated a Theoretical Approaches Workshop with CSI. In this workshop, students and CSI members were able to ask questions about counseling theories and be counseled with different counseling theory orientations by the former professor.



### Summer Reading & Chi Sigma Iota

Hello Chi Sigma Iota members at Kutztown University,

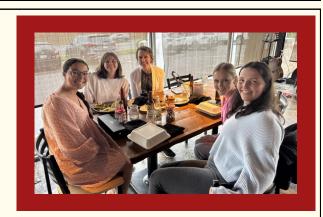
I have an important question for you: What's on your summer reading list? In these challenging times, we must advocate for and support minority and marginalized populations. To do this effectively, we need to gain insights from both past and present counselor educators and leaders. Additionally, this summer is an excellent opportunity to re-examine our personal and professional commitments to social justice. We should strive to foster communities grounded in care, compassion, civil discourse, and a commitment to world peace. Engaging in summer reading can help us build courage and resilience while learning how to become better people, counselors, and leaders. I encourage you to dedicate some time this summer not only to your own reading, but also to recommending what you read to fellow Chi Sigma Iota students, counselors, and counselor educators. As an editor for Chi Sigma Iota's Counselors' Bookshelf, I would love to see your contributions. We have a section titled "Books That Help Me Become a Better Counselor," where you can share your insights. You might also consider reviewing professional books related to counseling and wellness, or books suitable for bibliotherapy. In addition, feel free to write reviews for movies, TV shows, music, podcasts, and other forms of digital media. If you have any questions about the review process or how to submit a review, Brenner or visit contact Dr. the Bookshelf page https://www.csiat net.org/page/counselorsbookshelf

Counselors' Bookshelf - Chi Sigma Iota

Counselors' Bookshelf Author Guidelines. Submissions to the Counselors' Bookshelf may be made by any CSI member through <u>www.csi-net.org</u>. Select the appropriate section based on the descriptions listed above. Happy reading!

## Last member meeting: Roses and Thorns

At the last member meeting on Friday, May 9<sup>th</sup>, 2025, the old CSI board met with the new board and talked about what went well this year and what we could do better for next year.



Outstanding Clinical Mental Health Counseling Student Award: Katherine Purner



Outstanding School Counseling Student Award: Emily Brettell



Outstanding Addiction Counseling
Student Award:
Ann Lemon



Outstanding Marriage, Couple, and Family
Counseling Student Award:
Katrina Krause



# Counselor Education & Student Affairs Alumni Award: Christopher Bard



Counselor Education & Student Affairs President's Award: Kurtis Haynsworth 2022-2023 & Jacob Barringer 2023-2024



# CSI Students Welcome Incoming 2025-2026 CSI Executive Board Members & Chairs



2025-2026 CSI Executive Board & Chairs:

President-Elect: Dakota Sell Secretary-Elect: Savannah Aykol Vice President-Elect: Melissa Ulrich Treasurer: Angela Leamon

Social Wellness Chair: Kayla Stoeber

Faculty Advisor: Dr. Deborah L. Duenyas Back up Advisor: Dr. Scott Tracy

# Thank You for Your Service! 2024-2025 CSI Executive Board



Breann Craley, Meg Gooding, and Angela Leamon (Not pictured: Keely Landis)

# Congratulations 2025-2026 CSI Inductees



Abigail Hartill Alexandra Sierer **Amaryllis Carrion** Angela Leamon Ann Lemon Brianna Weiner Carly Comando Cassandra Boccardi Elyse Eckert **Emily Brintzenhoff** Gianna Agosti Gabriella Asencio Gretchen Pucklavage Jailin Bolt Jai Mcgloun-Walker Juliane Hausmann Kayla Greiss Kayla Stoeber

Kelly Junco Krista Oscapinski Lauren Hillen Lynne McGeehan Meg Gooding Megan Uczynski Melissa West Morna lyobhebhe Nancy Valerio Nicole Pawling Portia Durden **Ouameer Francis** Samantha Enck Samantha Wagner Savannah Aykol Savannah Buckley Savannah Spohn



Honorary Speaker:
Dr. Carl Sheperis
Vice Provost and Dean of
Graduate Studies

Presenting Certificates:
Dr. Rebecca West Burns
Dean of College of
Education



### Two Raffle Basket Winners:



Savannah Spohn



**Carly Comando** 



Dr. Cohen and Alex Reed at the International Society for the Study of Trauma and Dissociation (ISSTD)

Conference in Boston, MA

March 14, 2025.





Undergraduate Assistant Alex Reed, at KU Presentation



Dr. Brenner Chillin' at the Garden



# Dr. Sally Hyatt Presents Research on ChatGPT

Hyatt, S. E. (2024, March). Teaching AI within a student affairs graduate program: A classroom study on incorporating ChatGPT. Constituent Group Sponsored Session at the National Association of Student Affairs Administrators in Higher Education (NASPA). Seattle. WA.

Hyatt, S. E. & Owenz, M. (2024, August). Can ChatGPT increase accessibility? Results from a classroom study. Paper presented at the International Teaching and Learning Cooperative, LLC. (Lilly) Asheville, NC.



#### MORE ABOUT PET THERAPY AND EMOTIONAL SUPPORT ANIMAL CERTIFICATION:

- How to Certify an Emotional Support Dog
- <u>Effect of pet therapy on sleep and life quality of elderly individuals Yilmaz 2025 Geriatrics & Gerontology International Wiley Online Library</u>
- <u>Animal-Assisted Stress Management for Veterinary Staff. EBSCO</u>

# Thanks to Our 2024-2025 Site Supervisors! Thank You for Everything That You Do!

Allison Chruscial Alycha Boehm Amber Karom Amy Yusella Andrew Johnson Angela Keller Antoinette Lyle Breanne Gillease Brenda Wacik Brianna M. Leonard Cara Sanfilippo Carl Navarrete Cheryl Anderson Cheryl Kindler Christina Heister Christina Powell Christine Nerney Christine Schuler Christopher J Carbo Cori White Dana M. Greene Danene Krenicky Danette Seidel David Hilbert Deadra Clewell Dianne Michels Dina Flickinger Dr. Angela Colistra Dr. Gloria Velazquez Eleanor Benner Elizabeth Kieffer Elizabeth Swierczek **Emily Wisti Emily Zimmerer** Erin Rodgers Estela Valera

Fatima Kerr Heather Hudock Heather L. Hoppes-Spoh Jaclyn Troia-Warren Jamie Wagaman Jennifer Roberts Jessica Janiszewski Jessica L. Kocher Jill K Harle John Goldman John Williams Julie Gersch Justine Benscoter Kaitlyn Stahl Karen Potharaju Kate Petcavage Kayla Morgan Kelly Abraham Kelly Hipp Kelly Snow Kimberly Ann Ernst Ganey Kristen Vazquez LaTasha Thomas Laura Jones Laura Russo Laura Troxel Laura Zaharakis Liayn Morris Linda Groff Linda Messner Maddy Osarczuk Maria Foster Maria Mussoline Maria Schaffer

Maria Valeri de Colina

Marilyn Bereski Matt Shollenberger Meagan Good Megan Cline Melanie Unangst Melissa Gillard Melissa Holland Merrie Smith Michael Judkins Michelle Brand Nicole Tausendfreund Nicole Zensky-Ortt Olga Cosme Oriana Kramer Almquist Pamela Lambert Porscha D. Adams Renee Stout Robert Florian Sabrina Logozzo Sara Edwards Sarah Horst Sia Glassberg Stacey Campbell Stacy Pimentel Stephanie Berlin Stephanie Conner Stephanie Steigerwalt Sue Fuller Susan L. Mangold Tania Brannon Thomas Smith Tori Mackley Tracy E. Hill Valery Will Wendy Kalamar Zakiye Abboud

# **Current & Recent Sites for School Counseling**

10th and Penn Elementary School 13th & Union Elementary School Amanda E. Stout Elementary School BCIU Learning Academy at Thomas Ford Brandywine Heights High School Brandywine Heights Middle School Brecknock Elementary School Central Elementary STREAM academy Daniel Boone Area Middle School Easton Area High School Emmaus High School

Eyer Middle School

Freedom High School Governor Mifflin High School

Greenwich-Lenhartsville Elementary School

Harrison-Morton Middle School

Ironton Elementary School

Jefferson Elementary School

Jim Thorpe Area High School

Kutztown Elementary School

Liberty High School

Louis E. Dieruff High School

Lower Macungie Middle School

Luis A. Ramos Elementary

Muhlenberg High School

Nitschmann Middle School

Northern Lehigh High School

Northern Lehigh Middle School

Northwestern Lehigh Middle School Northwestern Lehigh High School

Notre Dame High School

Oley Valley High School

Orefield Middle School

Parkland High School

Pennridge High School

Pennridge South Middle School

Perry Elementary

Phillipsburg Primary School

Pine Grove Area High School

Reading High School

RKAA - Glenside

Shawnee Elementary Sheridan Elementary School

The Lehigh Valley Charter High School for the Arts

Upper Moreland Middle School William Allen High School

Wilson High School

#### Recent Sites for Clinical Mental Health, Addiction, & MCFC Programs

4 Directions Counseling, LLC A.M.A.Counseling Services, LLC

Access Learning Academy

Access Services: Children + Youth Services Program
Adolescent Transitions (Youth Partial Program)

Advanced Counseling and Research Services

Affiliates In Clinical Services

Albright College

Alianzas de Phoenixville

Allentown Comprehensive Treatment Center

Alternative Consulting Enterprises

Alternatives PHP (Youth Partial Program)

Alvernia University

AMA Counseling Services (Private Practice)

Anathallo

Aspire to Autonomy, Inc.

Associate Dean, Student Assistance Office, KU

BCIU Learning Academy at Thomas Ford

Behavioral Health Associates, INC

Berks Counseling Center

Berks Therapeutic Alliance

Berkshire Psychiatric & Behavioral Health Services

Bet El Counseling Services

Bucks County Community College

C. Snyder Counseling & Wellness, LLC

California University of Pennsylvania

Calm Space, LLC

Cancer Support Community

CAP of PA College Aid

Carbon Lehigh Intermediate Unit \*21

Care Link Community Support Services - STAR

Caron Outpatient Treatment Center

Caron Treatment Center

Cedar Crest College

Clare of Assisi House

Clear Water Wellness

Clearbrook Manor Treatment Center

Clinical Outcomes Group, Inc

**CONCERN Professional Services** 

Counseling Center @ Marywood University

Creative Health Services

Dana M. Green, LPC

Deadra Clewell Counseling

Department of Family Medicine, LVPG

Dept of Counseling and Psych. Services, ESU

DeSales University Counseling Center

Devereux Foundation

Diakon-Family Life Services

Dynamic Counseling Associates, LLC

**Emotional Compass** 

Ethos Clinic Bethlehem

Everlasting Wellness, LLC

Familicare Counseling Center

Family Guidance Center

Find Yourself, & Be That, LLC

Gaudenzia Montgomery County Outpatient

Gaudenzia Pottsville Outpatient

Glenn R. Koch and Associates, LLC

Grace Abounds Counseling, LLC

Harle Counseling + Associates

Haven Behavioral Hospital Haven House Heart 2 soul LLC

Holcomb Behavioral Health Systems

Irie Wellness

KidsPeace Outpatient

KidsPeace Children's Hospital

KidsPeace Residential

King's College Counseling Center

Knit Psychotherapy Collective

Kutztown University Counseling Center

Lafayette College

LGBT Center of Greater Reading

LVHN Alternatives

Main Line Center for Eating Disorders

Malibu Wellness Ranch

Malvern Community Health Services

MARS (Mid-Atlantic Rehabilitation Services)

Merakey: Schuylkill Mountian Center

Mind Matters Coaching, Counseling & Psychological Assoc.

Muhlenberg College

Northeast Treatment Center

Our Whole Living Counseling, LLC

PA Counseling Services Reading

Pathway to Recovery Counseling & Educational Services

St. Luke's Penn Foundation-Mental Health Outpatient

Penn Psychiatric Center

Penn State Scranton Counseling and Psychological Services

Pennsylvania Counseling Services-Renaissance

Pennsylvania Forensic Associates

Pennsylvania Psychiatric Institute

Pinebrook Family Answers

Ponessa Behavioral Health

Progressions Behavioral

Project Transition-Berks

Pyramid Healthcare, Allentown Outpatient
Pyramid Healthcare Hillside Detox & Resid. Trtmnt. for Men

Pyramid Healthcare, Lehigh Valley

Reading Hospital

Recovery Cove

Renewed Hopes Counseling

Renfrew Center

RHA Health Services (prev. Salisbury Behavioral Health)

Safe Berks

Samaritan Counseling Center Lancaster

Sanctuary Counseling, LLC

Sights for Hope (used to be center for vision)

Solstice therapy

SPIN, Inc., Behavioral and Developmental Services

Take Heart Counseling & Equine Assisted Therapy

Threshold Rehabilitation Services

Tower Behavioral Health

Tracy E. Hill PhD & Associates, LLC

Treatment Trends, Inc.-Allentown Inpatient

Treatment Trends, Inc.-Allentown Outpatient

Treatment Trends Center of Excellence

True North Wellness Services-Partial Hospitalization Program

Valley Youth House: Bucks County Shelter

Valley Youth House-Lehigh Valley Shelter

Wellness Council of Boyertown

Widener University

Youth Advocate Programs Inc.

Zen Holistics



Campus
Autism Service

My Place offers specialized support for students on the autism spectrum. The program focuses on executive function skills related to academics, career development, social skills. and independent college living. My Place helps in the adjustment of college life creating a sense of community and helping to foster an individual's connection to their university. They assist in the advancement of selfknowledge and self-advocacy. My Place offers a space to learn and practice classroom etiquette, workplace readiness, and skills necessary for degree and job attainment.

### **Career Development Center**

Offers career planning resources, job searching support, developing a realistic career plan, create effective applications, interviewing prep, workshops, individual career counseling, resume and cover letter review, and practicum and internship search

<u>https://www.kutztown.edu/about-ku/administrative-offices/career-development-center/for-graduate-students.html</u>

#### **Writing Center**

https://kutztownwritingcenter.wordpress.com/

### **Counselor Education and Student Affairs**

<u>https://www.kutztown.edu/academics/colleges-and-departments/education/academic-departments/counselor-education-and-student-affairs.html</u>

### Practicum/Internship Information sheet

<u>https://www.kutztown.edu/Departments-Offices/A-</u>
<u>F/CounselingStudentAffairs/Documents/Handbook/HandbookPracticumAndInter</u>
<u>nship.pdf</u>

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#### **New Associate Counselor License**

On the 28th of March, 2024 Act 4, was signed into law in Pennsylvania. The law allows new professional counselors and marriage and family therapists who hold a master's degree to apply to work as licensed associate marriage and family therapists (LAMFTs) and licensed associate professional counselors (LAPCs). With the new licensure, graduates can now work with various companies beyond traditional behavioral health agencies, potentially leading to better pay and career prospects.

The act is expected to simplify insurance reimbursement processes for professionals aiming for independent licensure.

#### Requirements:

Master's Degree or Doctoral Degree No Examination

No Examination
Submission of
Supervision Plan &
Supervisor's
Credentials

3 Hours of Continuing
Education
\$75.00 Initial Fee
\$95.00 Renewal Fee





# ACA Practicum & Internship Site Finder

https://www.counseling.org/reso
urces/career-center/internshipopportunities

# Managing Stress During Practicum/Internship

https://connect.springerpub.com/content/book/978-0-8261-4303-7/chapter/ch08

# What I've Learned as a New Professional Counselor

https://www.counseling.org/publi cations/counseling-todaymagazine/articlearchive/article/legacy/what-ivelearned-as-a-new-professionalcounselor



# Obtaining Liability Insurance

School Counseling Students can obtain liability insurance through the ASCA website.

<u>https://www.schoolcounselor.org/</u> <u>Membership/Proof-of-Insurance</u>

MA Clinical, Marriage & Family, and Addiction students can obtain the insurance through the ACA website.

https://www.counseling.org/membership/fags

For either ASCA or ACA, in order to get the liability insurance you have to first become a member.

You Got This!!