



KUTZTOWN UNIVERSITY

ELEVATED



eats

KUTZTOWN UNIVERSITY

ALL-DAY PACKAGES

All Day Delicious \$35.29

Relax. We'll keep the food coming! These four (4) selections will keep your energy up throughout the day. All prices are per person and available for 20 guests or more.

Delicious Dawn

✓ Assorted Muffins	400-510 Cal each
✓ Assorted Scones	430-470 Cal each
✓ EW PF Seasonal Fresh Fruit Platter	40 Cal/2.5 oz. serving
Assorted Juice	110-170 Cal each
Iced Water	0 Cal/8 oz. serving
Seattle's Best Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

AM Perk Up

✓ Granola Bars	130-220 Cal each
✓ Assorted Yogurt Cups	80-150 Cal each
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Seattle's Best Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

Power Up Lunch

VG Tomato and Cucumber Couscous Salad	120 Cal/3.75 oz. serving
✓ EW Orange Fennel Spinach Salad	210 Cal/3.2 oz. serving
✓ Bakery-Fresh Rolls with Butter	160 Cal each
✓ EW PF Green Beans Gremolata	70 Cal/3 oz. serving
EW Three Pepper Cavatappi with Pesto	280 Cal/7.5 oz. serving
EW Grilled Chicken and Artichokes with a Lemon Tarragon White Wine Sauce	210 Cal/5.75 oz. serving
✓ New York Cheesecake	440 Cal/slice
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

PM Pick Me Up

✓ Chilled Spinach Dip with Tortilla Chips	230 Cal/2.25 oz. serving
✓ EW PF Grilled Vegetable Tray	70 Cal/3 oz. serving
✓ Bakery-Fresh Brownies	250 Cal/2.25 oz. serving
Iced Water	0 Cal/8 oz. serving
Seattle's Best Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

Meeting Wrap Up \$29.99

Serve these favorites and success is a wrap! This All-Day Package includes the following four (4) delights. All prices are per person and available for 20 guests or more.

Morning Mini

✓ Miniature Muffins	80-120 Cal each
✓ Miniature Danish	140-170 Cal each
✓ Miniature Scones	100-110 Cal each
✓ Yogurt Parfait Cups	360-400 Cal each
Iced Water	0 Cal/8 oz. serving
Seattle's Best Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

The Energizer

✓ Donut Holes	45-90 Cal each
✓ EW PF Bananas	110 Cal each
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Seattle's Best Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

It's a Wrap

Chicken Caesar Wrap	640 Cal each
Pepper Jack Tuna Wrap	610 Cal each
Cran-Apple Turkey Wrap	650 Cal each
✓ PF Grilled Vegetable Wrap	620 Cal each
✓ EW PF Seasonal Fresh Fruit Salad	40 Cal/2.5 oz. serving
Choice of One (1) Salad:	
✓ EW PF Traditional Garden Salad	50 Cal/3.5 oz. serving
✓ Grilled Vegetable Pasta Salad	120 Cal/3 oz. serving
✓ Individual Bag of Chips	100-160 Cal each
✓ Assorted Craveworthy Cookies	210-260 Cal each
✓ Bakery-Fresh Brownies	250 Cal/2.25 oz. serving
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

Mid-Day Munchies

✓ Tortilla Chips	90 Cal/1 oz. serving
Choice of Two (2) Salsas:	
✓ Salsa Roja	20 Cal/1 oz. serving
✓ Salsa Verde	20 Cal/1 oz. serving
✓ Pico De Gallo	10 Cal/1 oz. serving
✓ EW PF Assorted Whole Fruit	50-100 Cal each
✓ Assorted Craveworthy Cookies	210-260 Cal each
Iced Water	0 Cal/8 oz. serving
Seattle's Best Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

ALL-DAY PACKAGES

Simple Pleasures \$22.59

Easy does it-casually tasteful fare. This All-Day Package includes three (3) of our favorites. All prices are per person and available for 20 guests or more.

Simple Continental

Assorted Donuts	190-490 Cal each
Assorted Bagels	290-450 Cal each
Orange Juice	120 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
Seattle's Best Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

Box Lunch

Choice of Sandwich accompanied by Chips, Mustard, Mayo, Assorted Craveworthy Cookies and Bottled Water

Choice of One (1) Sandwich:

Tuna Salad Ciabatta	540 Cal each
Ham and Swiss Sub	380 Cal each
Turkey and Swiss Sandwich	490 Cal each
Assorted Roasted Pepper and Mozzarella Ciabatta	530 Cal each
Individual Bag of Chips	100-160 Cal each
Assorted Craveworthy Cookies	210-260 Cal each
Iced Water	0 Cal/8 oz. serving

Mid-Day Munchies

Tortilla Chips	90 Cal/1 oz. serving
Choice of Two (2) Salsas:	
Salsa Roja	20 Cal/1 oz. serving
Salsa Verde	20 Cal/1 oz. serving
Pico De Gallo	10 Cal/1 oz. serving
Assorted Whole Fruit	50-100 Cal each
Assorted Craveworthy Cookies	210-260 Cal each
Iced Water	0 Cal/8 oz. serving
Seattle's Best Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving



Choose one of these 3 packages to sustain you throughout the day.

*All packages include necessary accompaniments and condiments

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



BREAKFAST

Breakfast Collections

All prices are per person and available for 12 guests or more. All appropriate condiments included.

Basic Beginnings \$5.99

Choice of One (1) Breakfast Pastry:




- Assorted Danish 120-530 Cal each
- Assorted Muffins 400-510 Cal each
- Assorted Scones 400-440 Cal each
- Assorted Bagels 290-450 Cal each

Iced Water 0 Cal/8 oz. serving
Seattle's Best Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

Quick Start \$8.59



Choice of Three (3) Breakfast Pastries:

- Assorted Danish 210-530 Cal each
- Assorted Muffins 400-510 Cal each
- Assorted Scones 400-440 Cal each
- Assorted Bagels 290-450 Cal each

   Seasonal Fresh Fruit Platter 40 Cal/2.5 oz. serving
Assorted Juice 110-170 Cal each
Iced Water 0 Cal/8 oz. serving
Seattle's Best Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

Healthy Choice Breakfast \$8.29

Whether in combination with one of our other Breakfast Packages or alone, a healthy way to start your day

- Individual Cereal Cups 120-230 Cal each
- Milk 120 Cal each
-   Bananas 110 Cal each
- Assorted Yogurt Cups 80-150 Cal each
- Iced Water 0 Cal/8 oz. serving
- Seattle's Best Coffee, Decaf and Hot Tea 0 Cal/8 oz. serving

À la Carte Breakfast


Assorted Bagels Served with Butter, Cream Cheese and Jam \$2.09 Per Person 290-450 Cal each

Cinnamon Rolls \$2.09 Per Person 350 Cal each

Assorted Pastries \$1.99 Per Person 210-530 Cal each

   Seasonal Fresh Fruit Platter \$2.69 Per Person 40 Cal/2.5 oz. serving

Assorted Individual Yogurt Cups \$2.59 Each 50-150 Cal each

  Vegan Blueberry Banana Breakfast Bread \$12.99 Serves 12 260 Cal/3 oz. serving

*All packages include necessary accompaniments and condiments

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

BREAKFAST

Hot Breakfast

All prices are per person and available for 12 guests or more. All appropriate condiments included.

American Breakfast \$10.99








Choice of One (1) Breakfast Pastry:

Assorted Danish	210-530 Cal each
Assorted Muffins	400-510 Cal each
Assorted Scones	400-440 Cal each
Assorted Bagels	290-450 Cal each
Breakfast Potatoes	120-140 Cal/3 oz. serving
Bacon	60 Cal each
Breakfast Sausage	60-180 Cal each
Cage-Free Scrambled Eggs	180 Cal/4 oz. serving
Iced Water	0 Cal/8 oz. serving
Seattle's Best Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

Triple B (Breakfast Bowl Buffet) \$14.99

   Seasonal Fresh Fruit Platter 40 Cal/2.5 oz. serving

Choice of Two (2) Breakfast Bowls:

  Vegan Breakfast Fried Rice with Diced Just® Egg, Onion, Red Pepper, Cabbage, Hash Browns and Cauliflower Rice	310 Cal each
  Southwest Vegan Breakfast Bowl with Cauliflower Rice, Vegan Chorizo, a Just® Egg Scramble, Vegan Cheddar Cheese and Black Bean Corn Salsa	290 Cal each
 Tzatziki Quinoa Bowl with Pork Sausage, Feta Cheese, and Cucumber Tomato Salad	550 Cal each
  Tzatziki Quinoa Veggie Bowl with Feta Cheese, and Cucumber Tomato Salad	470 Cal each
Korean Breakfast Bowl with Diced Bacon, Roasted Broccoli and Spinach over Jasmine Rice with Gochujang	570 Cal each
Chorizo and Pepper Breakfast Bowl with Yukon Potatoes and Cajun Spiced Hollandaise	450 Cal each
Iced Water	0 Cal/8 oz. serving
Seattle's Best Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving



French Toast Breakfast \$11.39

Breakfast Potatoes	120-140 Cal/3 oz. serving
Bacon	60 Cal each
Breakfast Sausage	60-180 Cal each
Orange Cinnamon French Toast	100 Cal each
Maple Syrup	70 Cal/1 oz. serving
Iced Water	0 Cal/8 oz. serving
Seattle's Best Coffee, Decaf and Hot Tea	0 Cal/8 oz. serving

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request - Nominal Fee May Apply



BREAKFAST

Breakfast Enhancements

All prices are per person and available for 12 guests or more.

Yogurt Parfait Bar \$6.99

Choice of Two (2) Yogurt Flavors:

● Greek Yogurt	60 Cal/4 oz. serving
● Strawberry Yogurt	80 Cal/4 oz. serving
● Vanilla Yogurt	80 Cal/4 oz. serving
● Diced Pineapple	30 Cal/2 oz. serving
● Fresh Strawberries	20 Cal/2 oz. serving
● Walnuts	90 Cal/0.5 oz. serving
● Granola	110 Cal/1 oz. serving

Traditional Sandwiches \$4.99

Choice of Two (2) Sunrise Breakfast Sandwiches:

● Egg and Cheese English Muffin	260 Cal each
● Egg and Cheese Croissant	370 Cal each
Sausage, Egg and Cheese Biscuit	520 Cal each
Ham, Egg and Cheese Biscuit	450 Cal each
Bacon, Egg and Cheese Bagel	370 Cal each
● Spicy Veggie Sausage Biscuit with Maple Sriracha Syrup	450 Cal each
Bacon, Lettuce, Tomato, Avocado and Egg Bagel	460 Cal each

Just Pancakes \$3.69

● Silver Dollar Pancakes	50 Cal each
● Maple Syrup	70 Cal/1 oz. serving

Egg Whites, Turkey Bacon and Turkey Sausage are Available Upon Request - Nominal Fee May Apply

*All packages include necessary accompaniments and condiments

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

SANDWICHES & SALADS

Classic Collections

All prices are per person and available for 12 guests or more.

Deli Express \$11.29

Build your own Sandwich. Includes Two (2) Side Salads, Chips and Beverages.

Choice of Two (2) Side Salads	30-240 Cal each
🍷 Individual Bags of Chips	100-160 Cal each
🍷 Assorted Baked Breads and Rolls	110-230 Cal each
Deli Platter (Sliced Oven-Roasted Turkey, Sliced Roast Beef, Deli Ham and Tuna)	25-80 Cal/1 oz. serving
🍷 Cheese Tray (Cheddar and Swiss)	110 Cal/1 oz. serving
🌱 Relish Tray (Lettuce, Tomato, Onion, Pickles, Pepperoncini)	10 Cal/1 oz. serving
🍷 Assorted Craveworthy Cookies	210-260 Cal each
Choice of Two (2) Beverages:	
Lemonade	90 Cal/8 oz. serving
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

Premium Box Lunches

Thai Beef Salad \$15.99

Flank Steak, Rice Noodles and Vegetables on Greens with Chopped Peanuts and a Thai Vinaigrette	570 Cal each
🍷 Bakery-Fresh Roll with Butter	160 Cal each
🌱 🍷 🥥 🥑 Fresh Fruit Cup	40 Cal/2.5 oz. serving
🍷 Lemon Cheesecake Bar	300 Cal/2.75 oz. serving
Bottled Water	0 Cal each

Mojito Shrimp Salad \$16.49

Grilled Marinated Shrimp on a Bed of Romaine tossed with Tomato, Jicama, Radish and Mojito Vinaigrette	300 Cal each
🍷 Bakery-Fresh Roll with Butter	160 Cal each
🌱 🍷 🥥 🥑 Fresh Fruit Cup	40 Cal/2.5 oz. serving
🍷 Lemon Cheesecake Bar	300 Cal/2.75 oz. serving
Bottled Water	0 Cal each

Mediterranean Quinoa Salad \$14.99

🍷 🥥 🥑 Quinoa, Toasted Chickpeas, Cucumber, Tomato and Kalamata Olives with Hummus and Pita	470 Cal each
🍷 Bakery-Fresh Roll with Butter	160 Cal each
🌱 🍷 🥥 🥑 Fresh Fruit Cup	40 Cal/2.5 oz. serving
🍷 Lemon Cheesecake Bar	300 Cal/2.75 oz. serving
Bottled Water	0 Cal each

Classic Box Lunch \$10.99

Your choice of Classic Sandwich served with Mustard, Mayo, Potato Chips, Assorted Craveworthy Cookies and Bottled Water

Choice of One (1) Classic Sandwich	130-790 Cal each
🍷 Individual Bag of Chips	100-160 Cal each
🍷 Assorted Craveworthy Cookies	210-260 Cal each
Bottled Water	0 Cal each

Classic Selections Buffet \$13.99

Choice of Three (3) Classic Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

Choice of Two (2) Side Salads	30-240 Cal each
🌱 Dill Pickle Slices	0 Cal/1 oz. serving
🍷 Individual Bags of Chips	100-160 Cal each
Choice of Three (3) Classic Sandwiches	130-790 Cal each
🍷 Assorted Craveworthy Cookies	210-260 Cal each
Choice of Two (2) Beverages:	
Lemonade	90 Cal/8 oz. serving
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

Classic Sandwich Options

(Available Sandwich choices for the Classic Boxed Lunch and Classic Selections Buffet)

Bavarian Ham and Swiss on a Pretzel Roll	580 Cal each
Tuna Salad Ciabatta with Fresh Romaine and Sliced Tomato	570 Cal each
Deli Sliced Turkey and Swiss on Hearty Wheat Bread	510 Cal each
Chicken Caesar Wrap	640 Cal each
🍷 🥑 Grilled Vegetable Ciabatta with Grilled Vegetables, Spicy Hummus and Lettuce	280 Cal each

Additional Premium Box Lunch options available upon request!
Please contact your catering professional




SANDWICHES & SALADS

Classic Collections

All prices are per person and available for 12 guests or more.

The Executive Luncheon \$15.99

Choice of Three (3) Executive Sandwiches and Two (2) Side Salads accompanied by Chips, Mayo and Mustard, Pickles, Assorted Craveworthy Cookies and choice of Two (2) Beverages

Choice of Two (2) Side Salads	30-240 Cal each
 Dill Pickle Slices	0 Cal/1 oz. serving
 Individual Bags of Chips	100-160 Cal each
Choice of Three (3) Executive Luncheon Sandwiches	310-790 Cal each
 Assorted Craveworthy Cookies	210-260 Cal each
Choice of Two (2) Beverages:	
Lemonade	90 Cal/8 oz. serving
Iced Tea	5 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving

















Executive Luncheon Sandwiches

(Available Sandwich choices for The Executive Luncheon Buffet)

Salmon, Cucumber and Cilantro Coleslaw Ciabatta	670 Cal each
Roast Beef, Provolone, Artichoke Relish and Pesto Mayo Baguette	660 Cal each
Tarragon Chicken Salad and Chive Cream Cheese Wrap	580 Cal each
Deli-Style Turkey, Ham and Mozzarella with Pesto Mayo on a Baguette	680 Cal each
  Spicy Grilled Vegetable Wrap Bruschetta and Black Olives	580 Cal each
   Shiitake "Bacon" VLT with Vegan Shiitake "Bacon", Lettuce, Tomato and Mayo	390 Cal each

Side Salad Selections

(Included with Deli Express, Classic Selections, and The Executive Luncheon Sandwich Buffets)

   Traditional Garden Salad with a Balsamic Vinaigrette Dressing	50 Cal/3.5 oz. serving
 Red-Skinned Potato Salad with Egg, Celery and Spanish Onion in a Seasoned Mayonnaise Dressing	240 Cal/4 oz. serving
  Traditional Coleslaw Finely Shredded with Carrots in a Mayonnaise and Celery Seed Dressing	170 Cal/3.5 oz. serving
   Chilled Dill Cucumber Salad with Onions Tossed in Italian Dressing	60 Cal/3.75 oz. serving
   Fresh Fruit Salad	40 Cal/2.5 oz. serving
 Greek Pasta Salad tossed with Tomatoes, Cucumbers, Red Onions, Peppers, Fresh Baby Spinach, Feta Cheese and Black Olives	90 Cal/3 oz. serving
  Herbed Quinoa Side Salad	100 Cal/3.5 oz. serving
 Roasted Corn and Black Bean Salsa with Spanish Onions, Red Peppers, Jalapenos, Fresh Cilantro and Fresh Garlic	120 Cal/4 oz. serving

*All packages include necessary accompaniments and condiments

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

BUFFETS

Themed Buffets

All prices are per person and available for 12 guests or more.
Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

Power Lunch \$13.59

- ✓ Grilled Flatbread 110 Cal each
- ✓ EW PF Seasonal Fresh Fruit Platter 40 Cal/2.25 oz. serving

Choice of Three (3) Salad Platters:

- EW Southwest Chicken with Greens, Corn, Black Beans and Vegetables tossed with a Hearty Grain Blend 470 Cal/13.9 oz. serving
- Chickpea Couscous with Shawarma Beef, Tomato and Cucumber Herb Salad and a touch of Spicy Harissa 590 Cal/16.5 oz. serving
- EW Grilled Salmon with Bulgur Wheat, Lentils and Hummus in a Roasted Garlic Lemon Vinaigrette garnished with Carrot Sesame Hummus and Pea Mint Salad 530 Cal/11.15 oz. serving
- EW Chilled Lo Mein Noodles topped with Grilled Chicken Breast and Veggies in a Spicy Thai Lime Sriracha Dressing 520 Cal/11.88 oz. serving
- EW Rice Noodles and Greens topped with Nam Tok Pork, Stir-Fried Vegetables, Chopped Peanuts and a Spicy Sweet Chili Vinaigrette 310 Cal/6 oz. serving
- ✓ Vegan Aquafaba Chocolate Mousse 230 Cal/2.75 oz. serving

All-American Picnic \$14.49

- ✓ Traditional Potato Salad 240 Cal/4 oz. serving
- ✓ EW Fresh Country Coleslaw 170 Cal/3.5 oz. serving
- ✓ Home-Style Kettle Chips 200 Cal/1.25 oz. serving
- Grilled Hamburgers with Buns 330 Cal each
- Hot Dogs with Buns 310 Cal each
- ✓ Garnish Tray (Lettuce, Onions, Pickles and Tomatoes) 0-10 Cal/1 oz. serving
- ✓ Assorted Craveworthy Cookies 210-260 Cal each
- ✓ Bakery-Fresh Brownies 250 Cal/2.25 oz. serving
- Add on Vegetarian Burgers for an Additional Fee 450 Cal each
- Add on Grilled Chicken Breast for an Additional Fee 160 Cal/3 oz. serving

Taste of Spain \$16.99

- ✓ Mesclun Salad 15 Cal/3 oz. serving
- ✓ Shallot Sherry Vinaigrette 80 Cal/1 oz. serving
- ✓ Rosemary Sea Salt Flatbread 220 Cal/2.25 oz. serving
- ✓ Spanish Rice 110 Cal/3.5 oz. serving
- ✓ EW PF Steamed Asparagus 20 Cal/3 oz. serving
- EW Paprika Chicken 200 Cal/5 oz. serving
- Braised Pork 360 Cal/3.5 oz. serving
- ✓ Lemon Cheesecake Bars 300 Cal/2.75 oz. serving



BUFFETS

Themed Buffets

All prices are per person and available for 12 guests or more.
Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

Yucatan Bowl \$16.99

🍃 Romaine Lettuce Salad	0 Cal/0.25 oz. serving
🍋 Avocado Ranch Dressing	80 Cal/1 oz. serving
Choice of One (1) Rice:	
🍃 Cilantro Lime White Rice	120 Cal/3 oz. serving
🍃 🥬 Cilantro Lime Brown Rice	140 Cal/3.5 oz. serving
🍃 🥬 🌱 Charro Beans	90 Cal/3 oz. serving
Braised Chicken	180 Cal/3 oz. serving
Braised Beef	160 Cal/3 oz. serving
🍃 🥬 🌱 Roasted Portobello Mushrooms	20 Cal/2.25 oz. serving
🍃 Guacamole	40 Cal/1.33 oz. serving
Choice of Two (2) Salsas:	
🍃 Pico De Gallo	10 Cal/1 oz. serving
🍃 Salsa Verde	10 Cal/1 oz. serving
🍃 Salsa Roja	20 Cal/1 oz. serving
🍋 Dulce De Leche Brownie	220 Cal/2.25 oz. serving

Asian Accents \$17.49

Peanut Lime Ramen Noodles	200 Cal/3 oz. serving
Egg Rolls	180 Cal each
Choice of Two (2) Dipping Sauces:	
🍋 Sweet Soy Sauce	50 Cal/1 oz. serving
🍃 Sweet and Sour Sauce	40 Cal/ 1 oz. serving
🍃 Chili Garlic Sauce	45 Cal/1 oz. serving
🍃 🥬 Steamed Brown Rice	210 Cal/5.5 oz. serving
General Tso's Chicken	370 Cal/8 oz. serving
🥬 Teriyaki Salmon with Lemon Green Beans	100 Cal/3 oz. serving
Fortune Cookies	30 Cal each

*All packages include necessary accompaniments and condiments

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



BUFFETS

Themed Buffets

All prices are per person and available for 12 guests or more.
Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

Pasta Trio Buffet \$16.49

Caesar Salad	170 Cal/2.7 oz. serving
🍷 Garlic Breadsticks	110 Cal each
Manicotti Marinara	130 Cal/3.25 oz. serving
🍷🥚 Chicken and Broccoli Ravioli	330 Cal/8.75 oz. serving
Rigatoni and Meat Balls	300 Cal/7.5 oz. serving
🍷 Lemon Cheesecake Bars	300 Cal/2.75 oz. serving
Add on Grilled Chicken Breast for an Additional Fee	160 Cal/3 oz. serving

Tasty Tex Mex \$16.29

🍷 Tortilla Chips	90 Cal/1 oz. serving
🍷 Mexican Rice	130 Cal/3 oz. serving
🍷🥚🌱 Charro Beans	90 Cal/3 oz. serving

Choice of One (1) Type of Fajitas:

Beef Fajitas with Tortillas,
Shredded Cheddar and Sour Cream 590 Cal/5 oz. serving

Chicken Fajitas with Tortillas,
Shredded Cheddar and Sour Cream 580 Cal/5 oz. serving

Choice of Two (2) Salsas:

🍷 Pico De Gallo	10 Cal/1 oz. serving
🍷 Salsa Verde	10 Cal/1 oz. serving
🍷 Salsa Roja	20 Cal/1 oz. serving
🍷 Cinnamon Crisps	20 Cal each

Heartland Buffet \$15.29

🍷 Baby Spinach Salad with Bacon, Egg, Mushroom and Tomato and Balsamic Vinaigrette	180 Cal/3.75 oz. serving
🍷 Bakery Fresh Rolls with Butter	160 Cal each
🍷 Roasted New Potatoes	110 Cal/2.75 oz. serving
🍷🥚🌱 Fresh Herbed Vegetables	100 Cal/3.5 oz. serving
🍷 Grilled Lemon Rosemary Chicken	130 Cal/3 oz. serving
🍷 Oreo Blondies	270 Cal/1.75 oz. serving

Looking to create your own Themed Buffet
or Unique Custom Buffet?

Contact us at catering@kutztown.edu / 610.683.4680 to
explore more options and personalize your buffet to fit
your event.



BUFFETS

Create Your Own Buffet

Customize Your Own Buffet: Select (1) Starter, (1) Entrée, (2) Sides and (1) Dessert. Served with Assorted Rolls and Butter and Choice of Two (2) Beverages; Iced Water, Lemonade and Iced Tea.

Buffet Starters

Seasonal Garden Salad with Balsamic Vinaigrette	50 Cal/3.5 oz. serving
Classic Caesar Salad	170 Cal/2.7 oz. serving
Baby Spinach Salad with Bacon, Egg, Mushroom and Tomato and Balsamic Vinaigrette	180 Cal/3.75 oz. serving
Antipasto Salad	130 Cal/3 oz. serving
Crudité's with Tzatziki Sauce	40 Cal/5 oz. serving
Seasonal Fresh Fruit Salad	40 Cal/2.25 oz. serving

Buffet Entrees

Grilled Lemon Rosemary Chicken \$15.99	130 Cal/3 oz. serving
Cavatappi with Grilled Chicken, Chorizo, Tomatoes, Mushrooms, Roasted Peppers and Beans \$16.99	770 Cal/18 oz. serving
Honey and Brown Sugar Ham \$16.79	170 Cal/3.5 oz. serving
Potato Crusted Salmon \$19.29	320 Cal/4 oz. serving
Fireside Herbed Steak Marinated in Dijon Mustard, Thyme and Cider Vinegar \$19.99	200 Cal/3 oz. serving
Roast Beef with Demi Glace \$19.99	260 Cal/6 oz. serving
Crispy Five Spice Tofu \$17.99	270 Cal each

Buffet Sides

Fresh Herbed Vegetables	100 Cal/3.5 oz. serving
Italian Seasoned Green Beans	40 Cal/3.25 oz. serving
Sweet Herbed Corn Pudding	350 Cal/4 oz. serving
Mashed Sweet Potatoes	110 Cal/4.25 oz. serving
Marinated Roasted Red Potatoes	120 Cal/2.75 oz. serving
Savory Herbed Rice	140 Cal/4 oz. serving
Broccoli Mac and Cheese	200 Cal/4 oz. serving

Buffet Finishes

Bread Pudding with Caramel Apple Sauce	360 Cal/6.75 oz. serving
Cherry Cheesecake Tarts	170 Cal/1.75 oz. serving
Chocolate Cake	270 Cal/slice
Vegan Zucchini Cake with Raisins and Walnuts	270 Cal/3 oz. serving
Glazed Strawberry Bars	390 Cal each
Assorted Craveworthy Cookies	250-310 Cal each

RECEPTIONS

Hors d'oeuvres

Hors d'oeuvres are priced per dozen. As appropriate hors d'oeuvres are accompanied by delicious salsas, chutneys, remoulades and sauces. Contact your catering team to discuss your options.

Reception Hors d'oeuvres (Hot)

Beef Empanadas \$23.99	70 Cal each
Buffalo Style Chicken Spring Rolls \$20.99	25 Cal each
Coconut Chicken \$20.99	40 Cal each
Coconut Shrimp \$24.99	45 Cal each
Franks in a Blanket \$19.49	40 Cal each
Assorted Mini Quiche \$19.99	70-90 Cal each
🍷 Spanakopita \$19.49	70 Cal each
🍷 Vegetable Empanadas \$19.99	80 Cal each
🍷 Vegetable Spring Rolls \$20.99	15 Cal each



Reception Hors d'oeuvres (Cold)

🍷 Mediterranean Antipasto Skewers \$24.99	70 Cal each
🍷 🌱 🍷 Veggie Hummus Cup \$23.99	190 Cal each
🍷 🌱 🍷 Gazpacho Shooter \$23.99	30 Cal/2 oz. serving
🍷 Bruschetta Crostini \$16.49	50 Cal each
🍷 🍷 Strawberry Ricotta Toast Points \$16.49	60 Cal each
Pimento Cheese and Bacon Toast Points \$16.49	110 Cal each

Unsure of how many items and how much to order for your reception? Contact your catering events specialist to discuss the proper amounts needed for a reception.

*All packages include necessary accompaniments and condiments

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



RECEPTIONS

Reception Platters and Dips

All prices are per person and available for 12 guests or more.

Classic Sliced Cheese Tray \$3.19 Per Person

🍷 Classic Sliced Cheese Tray with Swiss, Cheddar and Pepper Jack Cheeses 290 Cal/2.75 oz. serving

Fresh Garden Crudités \$2.99 Per Person

🍷 🌱 Fresh Garden Crudités with Ranch Dill Dip 120 Cal/5 oz. serving

🍷 🌱 🌿 **Seasonal Fresh Fruit Platter** \$2.69 Per Person

40 Cal/2.5 oz. serving

Chef's Choice Charcuterie Board Market Price Per Person
Calories Vary Per Assortment

House-Made Spinach Dip \$3.19 Per Person

🍷 House-Made Spinach Dip served with Fresh Pita Chips 230 Cal/2.25 oz. serving

May we suggest a Served Meal or Reception?

Our talented chefs are delighted to create special menus that accommodate your culinary preferences and budget. Please contact our Catering Office at (610) 683-4680 to arrange a personal consultation.

*All packages include necessary accompaniments and condiments

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



RECEPTIONS

Reception Stations

Reception Stations may require additional fees for a chef attendant. Please contact your catering professional for details. All prices are per person and available for 12 guests or more.

Dim Sum \$10.99

Egg Rolls	190 Cal each
Pot Stickers	45 Cal each
Choice of Two (2) Dipping Sauces:	
✔ Sweet Soy Sauce	50 Cal/1 oz. serving
✔ Sweet and Sour Sauce	40 Cal/1 oz. serving
✔ Chili Garlic Sauce	45 Cal/1 oz. serving

Sweet and Spicy Boneless Chicken Wings with Celery Sticks	600 Cal/7.5 oz. serving
✔ Gourmet Dessert Bars	300-370 Cal/2.75-3.25 oz. serving

Happy Hour \$13.49

✔ Chilled Spinach Dip served with Pita Chips	230 Cal/2.25 oz. serving
Mini Cheesesteaks	170 Cal each
Buffalo Chicken Tenders served with Blue Cheese Dip	680 Cal/6.75 oz. serving
✔ Pretzels Bites with Beer Cheese	40 Cal each
✔ Assorted Craveworthy Cookies	210-260 Cal each
✔ Gourmet Dessert Bars	300-370 Cal/2.75-3.25 oz. serving

Soft Pretzel Bar \$5.19

✔ Hot Pretzels	170 Cal each
Choice of Three (3) Dipping Sauces:	
✔ Honey Mustard Sauce	130 Cal/1 oz. serving
✔ Spicy Mustard Sauce	30 Cal/1 oz. serving
✔ Yellow Mustard Sauce	20 Cal/1 oz. serving
✔ Nacho Cheese Sauce	40 Cal/1 oz. serving
✔ Vegan Cheddar Cheese Sauce	60 Cal/1 oz. serving
✔ Cajun Cheese Sauce	60 Cal/1 oz. serving
✔ Buffalo Blue Sauce	30 Cal/1 oz. serving
✔ Chocolate Sauce	70 Cal/1 oz. serving
✔ Caramel Sauce	100 Cal/1 oz. serving

Breaks

All prices are per person and available for 12 guests or more.

Chocoholic \$7.69

✔ Miniature Chocolate Bars	45-70 Cal each
✔ Chunky Chocolate Craveworthy Cookies	230 Cal each
✔ Chocolate Dipped Pretzels	120 Cal each
✔ Chocolate Dipped Strawberries	70 Cal each
Chilled Chocolate Milk	150 Cal/8 oz. serving

Snack Attack \$6.19

✔ Individual Bags of Chips	100-160 Cal each
✔ Roasted Peanuts	170 Cal/1 oz. serving
✔ Trail Mix	290 Cal each
✔ Assorted Craveworthy Cookies	210-260 Cal each
✔ Bakery-Fresh Brownies	250 Cal/2.25 oz. serving

Breads and Spreads \$5.49

✔ Tortilla Chips	180 Cal/2 oz. serving
✔ Pita Chips	140 Cal/2 oz. serving
✔ Crostini	40 Cal each

Choice of Four (4) Spreads:

✔ PP Korean Roja Guacamole	90 Cal/2 oz. serving
✔ PP Ginger Verde Guacamole	90 Cal/2 oz. serving
✔ Chilled Spinach Dip	200 Cal/2 oz. serving
✔ Feta and Roasted Garlic Dip	260 Cal/2 oz. serving
✔ PP Traditional Hummus	80 Cal/2 oz. serving
✔ Artichoke and Olive Dip	140 Cal/2 oz. serving
✔ EW PP Seasonal Fresh Fruit Platter	40 Cal/2.5 oz. serving

Rev'd Up and Ready to Go \$7.29

PP Chocolate Orange Power Poppers	100 Cal each
✔ EW Fruit Skewers with Yogurt Honey Dip	100 Cal/6.5 oz. serving
✔ EW PP Carrots and Celery Sticks with Ranch Dip	100 Cal/6.5 oz. serving
✔ Cinnamon-Honey Granola	340 Cal/3 oz. serving

BEVERAGES & DESSERTS

Beverages

Includes appropriate accompaniments

Regular Coffee, Decaf and Hot Water with Assorted Tea Bags		
\$1.99 Per Person	0 Cal/8 oz. serving	
Bottled Water \$1.19 Each	0 Cal each	
Assorted Sodas (Can) \$1.19 Each	0-150 Cal each	
Assorted Individual Fruit Juices		
\$1.99 Each	110-170 Cal each	
Sparkling Water \$2.49 Each	0 Cal each	
Iced Water (Per Person) \$.29	0 Cal/8 oz. serving	
Sweetened Iced Tea (Per Person) \$1.29	90 Cal/8 oz. serving	
Lemonade (Per Person) \$1.29	90 Cal/8 oz. serving	
Hot Chocolate with Marshmallows (Per Person) \$1.99	160 Cal/8 oz. serving	
Seasonal Punch (Per Person) \$1.79	100-150 Cal/8 oz. serving	

Desserts

Assorted Craveworthy Cookies		210-260 Cal each
\$1.99 Per Person		
Bakery-Fresh Brownies		250 Cal/2.25 oz. serving
\$1.99 Per Person		
Gourmet Dessert Bars		300-360 Cal/2.75-3.25 oz. serving
\$2.39 Per Person		
Custom Artisan Cupcakes \$19.99 Per Dozen		
Chocolate Cupcake with Fudge Icing	480 Cal each	
Vanilla Cupcake	380 Cal each	
Bananas Foster Cupcake	180 Cal each	
Devil's Food Cupcake	380 Cal each	
Vegan Peach-Banana Cake		300 Cal/slice
\$14.99 Serves 8		

Ordering Information

Lead Time

Notice of 5 business days is appreciated; however, we will do our best to accommodate all late orders that are received. We appreciate the importance of your function and will do whatever it takes to exceed your expectations.

Extras

If rental equipment, linens, or service staff are needed, we can take care of it for you with necessary charges. We are delighted to assist you with all of your event needs from rental equipment, linens, florals to service staff and everything in between. - Additional fees may apply

Contact Us Today

610.683.4680
catering@kutztown.edu
<https://kutztown.catertrax.com>

Prices effective until 07/01/2023
Prices may be subject to change

 Vegetarian  Vegan  Eat Well  Plant Forward

The calorie and nutrition information provided is for individual servings, not for the total number of servings on each tray, because serving styles e.g. trays/bowls used vary significantly, in order to accommodate numbers of guests that can range from single digits to thousands. Due to our desire and ability to provide custom solutions, we do not offer standard serving containers. If you have any questions, please contact your catering manager directly.