



Upcoming Processes

Make sure to attend your Wing, Floor, Suite and Apartment Meetings which will be occurring the week of November 9th-16th. November 20th is the last day of in person classes for Fall 2020, classes will resume virtually on November 30th. Residence Halls and Apartments close at 9am on November 25th.

You will receive important information about Closing at this meeting.

This is a friendly reminder that if you wish to live off-campus for the 2021-2022 academic year, you must re-apply for a Residency Requirement Exception. All of our traditional reasons for exception will be available to apply for (this will not include the COVID-19 reason for exception). All documentation for reasons for exception will be required.

Our office is strongly advising you to not sign an off-campus lease for the 2021-2022 academic year under the assumption you were released from the Residency Requirement for this year. If you are not released for the 2021-2022 academic year you will be assigned

Golden Paw

We sincerely hope that our First and Second Year Program was beneficial to you in your transition to KU this semester. We look forward to sharing with you our resources and programs in the Spring semester!

First Year Students (Maroon Path)

Get a Room Program:

Calling all First Year Students and First Year Transfer Students: Want to save \$75? Participate in the Get a Room Program to earn your \$75 Housing Processing Fee waived! Forms can be found on the Residence Life Webpage or you can email hotalen@kutztown.edu to get a form. All Forms are due Friday **November 13th by 4PM** and can be emailed to [hotalen@kuttown.edu](mailto:hotalen@kutztown.edu)

Bear Tracks Workshops

Check out our awesome Bear Tracks workshops each week to meet new people and learn some new skills/learn about KU. All students are welcome to attend these workshops. Students who are participating in the Get a Room Program must attend at least 5 of these workshops. See the remaining schedule below:

-Monday November 2nd - 8PM Performative Allyship

Zoom Information:

ID: 922 3766 5591

Password: 232836

-Tuesday November 10th - 11AM Safe Space Training

Zoom Information:

ID: 913 4307 5626

Password: 908895



Dining Services

Thanksgiving 2020 Hours of Operation

	Fri. 11.20	Sat. 11.21	Sun. 11.22	Mon. 11.23	Tues. 11.24	Wed. 11.25
Floor 1 South Dining Hall	7am-1am	7am-1am	7am-1am	7am-1am	Closed	Closed
Floor 2 South Dining Hall	7am-8pm	7am-7pm	7am-7pm	7am-8pm	7am-8pm	7am-9am
Bear's Den Starbucks MSU	7am-8pm	11am-8pm	11am-8pm	7am-4pm	7am-4pm	Closed
Cub Cafe MSU	10:30am-3:30pm	Closed	Closed	Closed	Closed	Closed
Forum Food Court Academic Forum	10:30am-3pm	Closed	Closed	Closed	Closed	Closed
Chick-fil-A Academic Forum	7am-8pm	Closed	Closed	Closed	Closed	Closed

 facebook.com/kutztowndining  [@KU_Dining](https://twitter.com/KU_Dining)  [@kutztowndining](https://instagram.com/kutztowndining)
kutztown.campusdish.com



KUTZTOWN UNIVERSITY
IGNITE YOUR INNER GOLDEN BEAR
RESIDENCE LIFE

Departmental Programs

11/9 at 7:30PM – Leading Through Uncertainty,
<https://zoom.us/meeting/register/tJcvceCrrjotGtE4h1PieDSVwWZvF9e4xg8x>

11/11 6:30PM – Trivia, South Dining Hall room 1, doors open at 6PM

11/12 at 7PM – Dorm Room Scavenger Hunt
https://docs.google.com/forms/d/1xRcZGgCxEOka0BUPatMNDuZju2i385hNDt2zIABIGRE/viewform?edit_requested=true

11/17 at 6:30PM – Bingo, South Dining Hall room 1, doors open at 6PM



Programs Around Campus

- 11/2 at 2pm – Creating Your Personal Brand,
<https://kutztown.zoom.us/j/95359441182>
- 11/2 at 7pm – Partners in Crime Scavenger Hunt,
https://thevirtualdetective.zoom.us/meeting/register/tJUqcumrQTwoH9cg7uS_p_1IEGtlfFT06OAh
- 11/2 at 7pm – Leadership Workshop:
Think Outside the Box, MCC 206
- 11/3 at 11am and 11/6 at 1pm – Soft Skills: What Employers Want,
<https://kutztown.zoom.us/j/95359441182>
- 11/4 at 6pm – Writing Your Personal Statement,
<https://kutztown.zoom.us/j/95359441182>
- 11/4 at 7pm – Open Mic Night, <https://engage.kutztown.edu/event/6145698>
- 11/5 at 11am – Mask Painting Event, MCC Unity Room
- 11/5, 11/19, and 12/3 at 7pm – Gender Talks,
Zoom ID: 984 0475 7764
- 11/9 at 7pm – Food for Thought: How Has Society Changed from the 60s to Now?, MCC 206 or <https://kutztown.zoom.us/j/92794015499?pwd=L082NzdVYWVXM2dZU1ovZUxYbkcZQT09>
- 11/9-11/23 – Ongoing Meditation options,
<https://engage.kutztown.edu/event/6494619>
- 11/10 at 11am – Finances & Future Employment,
<https://kutztown.zoom.us/j/95359441182>
- 11/11 at 12pm – Blood Drive, O'Pake Field House, Must
<https://donor.giveapint.org/donor/schedules/drive/schedule/81779>
- 11/11 at 3pm – Designing Your Career Path, <https://kutztown.zoom.us/j/95359441182>
- 11/12 at 11am – Internship & Job Search Strategies,
<https://kutztown.zoom.us/j/94687576485>
- 11/12 at 11am – Civil Civic Discourse,
<https://engage.kutztown.edu/event/6482352>
- 11/12 and 11/16 at 11am – Choosing a Major,
<https://kutztown.zoom.us/j/95359441182>
- 11/13 and 11/19 at 2pm – Using Social Media in Your Job Search,
<https://kutztown.zoom.us/j/95359441182>
- 11/13 and 12/4 at 2pm – Feminist Fridays Arts and Crafts, Zoom Meeting ID: 943 4502 3939, Passcode: 373470
- 11/16 at 7pm – Leadership Workshop:
Button Design, MCC 206
- 11/17 at 11am – Designing Your Career Path,
<https://kutztown.zoom.us/j/94687576485>
- 11/17 at 11am – Writing Your Resume and Cover Letter,
<https://kutztown.zoom.us/j/95359441182>
- 11/18 at 2pm – Going Global Searching in the US & Abroad,
<https://kutztown.zoom.us/j/95359441182>
- 11/19 at 11am – Successful Interviewing,
<https://kutztown.zoom.us/j/95359441182>
- 11/20 at 11am – Coping with Covid,
Zoom ID: 929 3961 4029 Password: CWC



KUTZTOWN UNIVERSITY
IGNITE YOUR INNER GOLDEN BEAR
RESIDENCE LIFE

Campus Resources

Our Core Value this month is Community Engagement. There are a number of offices on campus that can help students learn more about how to get involved and engaged in the campus and surrounding communities.

- The Office of Residence Life - 106 Old Main
- The Office of Student Involvement - MSU 153
- The Community Outreach Center - MSU - Next to the info desk

And More!



Community Engagement

In Kutztown University's Office of Residence Life, we have 6 core values that we relate all our programs and initiatives to. For the month of November, we are highlighting Community Engagement, the ways we help with the core value, and ways that you can embrace it.

In our department, we understand that you are more than just a number on a piece of paper and that what you put into a community is what you receive. We understand that the best way to get your engagement is through asking you what you want! In our department we have you complete interest surveys in the beginning of the year so we can best program tailored to your needs, however, make sure you are also getting involved outside of the residence halls to fit your wants as well! Every student has a role on this campus and each student helps create and impact the community even with just their day to day activities. The Residence Life Office works closely with many other offices on campus who assist with getting students further engaged on campus such as the Office of Student Activities (OSI). The mission of Student Involvement is to enrich the student experience by providing engaging co-curricular opportunities in areas of intellectual, cultural, social, personal, civic and leadership development in the KU community. Students can find ways to get involved and find fun events to attend by utilizing OSI's online database of organizations and programs called ENAGE@KU!

You can embrace Community Engagement with our office by reaching out to our staff members to see what programs and opportunities are upcoming in the hall! Remember that Hall Council is an in-hall organization the students can join at any time in the year so ask our Desk Receptionists and Community Assistants for more information on this organization! Residence Life, the Office of Student Involvement, and Recreational Services are just a few options on campus who are an excellent resource for students to get engaged with the community and figure out what it means to be a Golden Bear. We hope to see you using our resources and remember to never be a stranger! Stay Golden!



KUTZTOWN UNIVERSITY
IGNITE YOUR INNER GOLDEN BEAR
RESIDENCE LIFE

Learn More

To read more about International Day of Tolerance please follow the link below.

<https://www.un.org/en/events/toleranceday/background.shtml>



Social Justice International Day For Tolerance

With the holiday season quickly approaching, this day often gets overlooked. While, it is not a holiday, it is still a day that deserves more recognition. In 1996, following the United Nations Year for Tolerance, the United Nations declared November 16th International Day of Tolerance. This day is to promote and celebrate the rich variety of our world's cultures, recognize the fundamental human rights and freedoms of all people, and declares that tolerance is a moral duty of all people and should be a legal and political requirement for all groups and states. Why mark a day international? These days are used to educate people on the issues, create solutions for global problems by sharing resources and mobilizing political action, and to celebrate the achievements of humanity.

So what does intolerance look like? Unfortunately, there are many forms of intolerance that we witness from an individual scale, all the way up to systemic and institutional intolerance. Some examples are; injustice and violence, discrimination, marginalization, bigotry, and more.

How can we combat intolerance?

1. **Awareness**- educate yourself on what intolerance is and looks like. If you hear insults, racial jokes, people engaging in spreading stereotypical ideals and stigmatizing opinions, speak up. "Intolerance breeds intolerance." Evaluate your own bias's and ask yourself if you practice tolerance in your daily life.
2. **Education**- educate yourself on the countries laws, policies and Human Rights Campaign efforts.
3. **Be apart of solutions**- volunteer, campaign, confront, and act against intolerance in your local community as well as national and global communities when you can.



KUTZTOWN UNIVERSITY
IGNITE YOUR INNER GOLDEN BEAR
RESIDENCE LIFE

Leadership

Get Involved

It is never too late to join a club, especially Hall Council! Check out the info below on how you can get involved.

Hall Council

Hall councils meet every Mondays at 9:30PM via Zoom for the Fall 2020 semester. Please check with your front desks for the Zoom information that is specific for your Hall. Now that Executive Boards have been filled, Hall Councils will start planning events for the semester. Be sure to join them! Some Residence Halls may still have positions available! Reach out to your Resident Directors to secure those leadership positions!

RHA

RHA or the Residence Hall Association is the overarching student organization for the Hall Councils. Hall Councils send two representatives (the Presents and RHA reps) to the meetings each week. However, any student is welcome to join our meetings! RHA meets every Monday at 6PM via Zoom for the Fall 2020 semester.

Zoom Meeting ID: 9715 293 6779

Password: RHA2020

Follow RHA on our social media & Engage Page!

Instagram: ku_rha

Facebook: Kutztown Residence Hall Association

NRHH

The National Residence Hall Honorary (NRHH) is an organization made up of student leaders across campus who strive to recognize others and serve their community. Our chapter provides students with leadership development opportunities and opportunities to serve our campus, local, and global community. NRHH is a branch of the National Association of College and University Residence Halls. Check out our virtual booth at the Involvement Fair!

"Things that excite you are not random. They are connected to your purpose. Follow them."

- unknown

Habitudes Leadership Series

Habitudes is back! The Residence Life Office is excited to be offering the Habitudes Leadership Program again to our students this upcoming Spring Semester. You will meet with an intimate group of your peers via Zoom for an interactive and innovative way to learn and build new habits and attitudes towards Leadership. Students register to participate in the Fall semester, and will be able to select your preferred time and Facilitator in the beginning of the Spring semester. For more information or questions please email hotalen@kutztown.edu. The registration link is below! Please register by Friday December 4th 2020. <https://forms.gle/MVErLMSPNEC8TgVS8>

Hear from some of our students who have participated in Habitudes in the past:

"What I loved the most about the Habitudes Leadership Series were the personal discussions and self-reflections that helped me figure out my future self. I was surrounded by like-minded facilitators and peers who made leadership a fun activity, and the skills I learned here transformed my professional and personal life. This leadership program stands out from others on campus by their dedication and commitment, while developing and maintaining close relationships to fulfill the needs of the participant. I would highly recommend this program to anyone, regardless of one's leadership experience".

– Eric Y., KU Student

"Habitudes creates strong leaders through a group with an even stronger connection." - Emily L., KU Student

"Habitudes is an incredibly thought-provoking and educational program that taught me a whole lot about interpretation, communication, and everything else that goes in to being a great student and an even better leader." - Cody Hawley, KU Student

RHA will be hosting a Leadership Speaker on Monday November 9th at 7:30pm via Zoom "James Robilotta, Leading through Uncertainty". Join us as we hear a hilarious spin on how to navigated our leadership during this interesting time. <https://zoom.us/join/zoom/register/tJcvceCrriotGtE4h1PieDSVwWZyF9e4xq8x>



KUTZTOWN UNIVERSITY
IGNITE YOUR INNER GOLDEN BEAR
RESIDENCE LIFE

Sustainability



Meatless Monday

Skipping a single quarter-pounder hamburger can save more than 400 gallons of water and the energy it takes to power a smartphone for six months. Do it every week for a year, and the greenhouse-gas savings are equivalent to biking 1,000 miles instead of driving.

Give Up Meat (for a Day, at Least) – Vegetarianism isn't for everyone. But small changes in diet can mean big gains for the climate. By Editorial Board. Bloomberg. September 22, 2019. <https://www.bloomberg.com/opinion/articles/2019-09-22/meat-less-mondays-small-diet-changes-have-big-climate-effects>.

Cold Laundry

Washing clothes in cold water uses 90% less energy than washing clothes in hot water. Wash 4 out of 5 loads of your laundry in cold water and you could cut out 864 pounds of CO2 emissions in a year. That's equivalent to planting 0.37 acres of U.S. Forest. <https://coldwatersaves.org/>

Cold Showers

Cold water showers use about ¼ the energy used in a hot water shower and have a multitude of health benefits:

- Protects the natural oils in hair and skin – reduces dryness and itches
- Improves circulation
- Boosts immune system
- Accelerates metabolism
- Stimulates anti-depression hormones

Benefits of Unplugging

Living in a virtual world has greatly increased our reliance and attachment to technology. Unplugging from all of your devices and technology for an hour a day Improves focus, attention, and overall mood. While unplugging, try actually unplugging your devices and reduce your carbon footprint. 10% of your home energy use comes from appliances and electronics that are just sitting idle. Unplug your devices after they are fully charged and turn off the Wi-Fi connection on your electronics when not in use, or plug your items into a power-strip that you can conveniently turn off and on.

Winter is Coming

Instead of turning up the heat this winter, grab your favorite sweater, blanket, or warm beverage and cozy up. Lowering your thermostat by 1 degree can save almost 10% of your energy consumption during the winter months.

Recycling Aluminum Cans

Aluminum can be recycled an indefinite number of times, and recycling aluminum requires 5% of the energy it takes to produce new aluminum from raw ore. Today, only 33% of aluminum is successfully recycled. Recycle clean aluminum cans, containers, and foil to help reduce emissions and the amount of waste that is sent to a landfill.

Change the Light and Keep it Bright

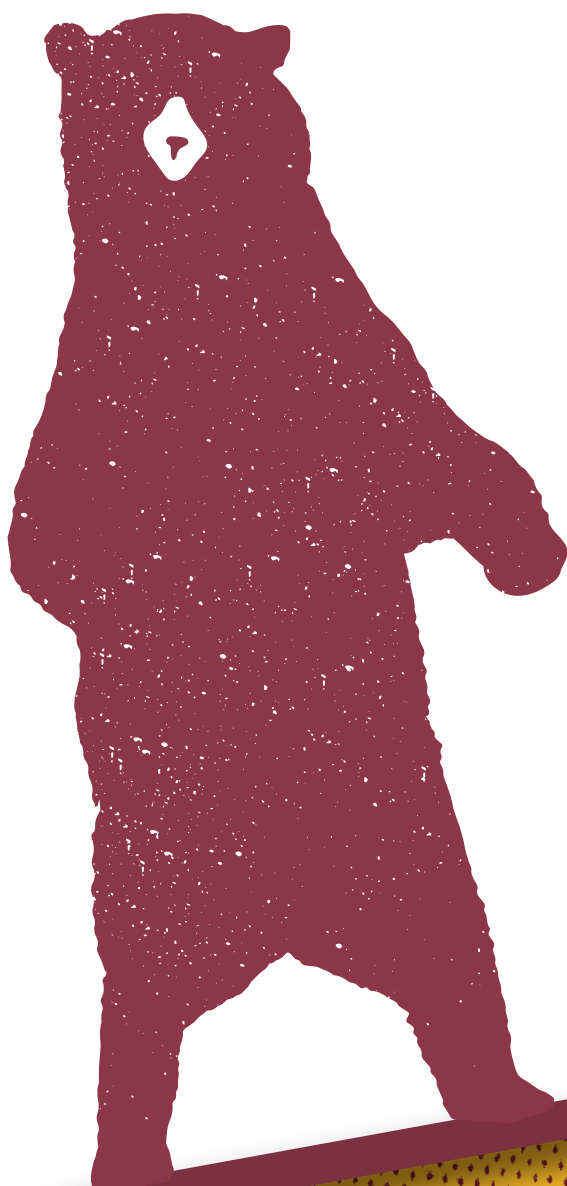
Brighten up your room without lightening up your wallet. While at home, look and see which light bulbs you can replace with LED bulbs. LED bulbs have an average lifetime cost of \$22 dollars for 25,000 hours of light, as compared to an incandescent bulb which costs \$171 dollars. LED bulbs use 90% less electricity, are safer, and have a longer life-span while still maintaining the same amount of light.



KUTZTOWN UNIVERSITY
IGNITE YOUR INNER GOLDEN BEAR
RESIDENCE LIFE

Message from the Director

Des Reasoner



The year 2020 has been a difficult one for all of us. The world has changed in significant ways. Work, school, relationships with family and friends as well as simple things such as going to the grocery store have all changed. Times have been hard and many sacrifices have had to have been made. There have been many challenges and obstacles that we have been forced to face and overcome. If we are lucky, we have not had to overcome them alone. There have been people who have rallied around us and have pushed us through, supported us and loved us so that we could find the strength to power through and come out the other side. As we approach the Thanksgiving holiday, push past all that has been negative and see the pockets of positive. The new relationships you may have made or old ones that got stronger. Memories you were able to create by getting back in touch with the simple, small things that mean so much. While reflecting upon those special moments think about those who made them possible and recognize them for the positive contributions they have made to your 2020. Maybe write them a hand-written note, acknowledge them on your social media, make them dinner, send them a card, participate in an activity they enjoy with them. Whatever you decide to do, it will be appreciated and create a positive memory in their life.

Residence Life, Housing, and Dining Services would like to wish you best of luck on your finals and the happiest of holidays seasons, May 2021 bring us all love, hope, health and happiness. We look forward to seeing you back in the Spring.