



WHAT'S UP WEDNESDAYS

Offices of Residence Life and Housing & Dining Services

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❖ Meet Our Panelists

- ❖ Kent Dahlquist – Director of Housing and Dining
- ❖ Des Reasoner – Director of Residence Life
- ❖ Amanda Fretz – Associate Director Housing & Dining
- ❖ Missi Moon – Assistant Director of Residence Life

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❖ Have a Question?

- ❖ Write your question in the Q & A Section! One of our panelists will respond to your question both verbally and in writing!

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All You Needed to Know About Living with a Roommate, You Learned in Kindergarten

- Communication is key! Talking about your expectations, what you need, and how you feel is hard but sets the foundation for any good relationship.
- Engage in an open and honest dialogue even if it is awkward. Be sure you are comfortable in the things you agree to.
- Deal with issues as they arise. No one really enjoys confrontation but addressing issues as they come about will prevent small obstacles from turning into large problems.
- Choose your words and your tone with care. To use song lyrics “Words are like weapons. They wound sometimes”
- Live by the Golden Rule. Respect, compassion, empathy and kindness can and do go along way



All I really need to know...

I learned in Kindergarten

Share everything. Play **fair**. Don't hit people. Put things back where you found them. **Clean** up your own mess. Don't take things that are not yours. **Say you're sorry** when you hurt somebody. **Wash** your hands before you eat. **Flush**. Warm cookies and cold milk are good for you. **Live** a balanced life- **learn** some and **think** some and **draw** and **paint** and **sing** and **dance** and **play** and **work** every day some. **Take a nap** every afternoon. When you go out into the world, watch out for traffic, hold hands, and stick together. Be aware of **wonder**. **Remember** the little seed in the Styrofoam cup" The roots go down and the plant goes up and nobody really knows **how** or **why**, but we are all like that. Goldfish and hamsters and white mice and even **the little seed** in the Styrofoam cup- they all die. So do we. And then **remember** the Dick-and-Jane books and the first word you learned-the biggest word of all-**LOOK**.

author: ©Robert Fulghum

KinderAlphabet.com

What Happens When the Honeymoon Is Over?

Roommate Conflicts are bound to happen:

- It is important to deal with things as they happen. Do not wait.
- Think before you speak. Get ahead of the game, address the problem and offer a solution,
- Keep in mind, all relationships are give/take and require compromise.

Sometimes help is needed to resolve an issue:

- The Residence Life Staff is available to assist you when help is needed.
- Your Community Assistant (CA) can serve as a sounding board and help you to figure out what to say.
- If you cannot resolve the issue, CAs are trained in mediation strategies and can work with you and your roommate to iron things out.
- The Resident Director is also there to assist when necessary.
- Room changes are available as a last resort and are based on availability of space.
- Needing to be best friends with your roommate is a myth.



Prep Work

Communicate with your roommate ahead of time



- My College Roomie is an amazing tool and had provided you with roommate matches, one of which you selected to live with.
- Take it to the next level
 - As stated before communication is key! While adhering to COVID-19 safety guidelines, connecting with your roommate prior to coming to campus is something we recommend.
 - If you can safely meet face to face that would be ideal
 - Facetime or a phone call would be the next best thing
 - Try to go beyond texting and Snap Chat

Residence Life and Housing & Dining's

TRANSITION TIPS TO BEGIN YOUR GOLDEN BEAR JOURNEY

1. Check your KU E-Mail regularly.
2. Know your KU credentials
(student ID number, username and password)
3. Take an active role in YOUR
experience as a student.
4. Communicate with those around
you. *Ask Questions.*
5. Complete tasks prior to moving on
campus (Health paperwork, financial aid).



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