



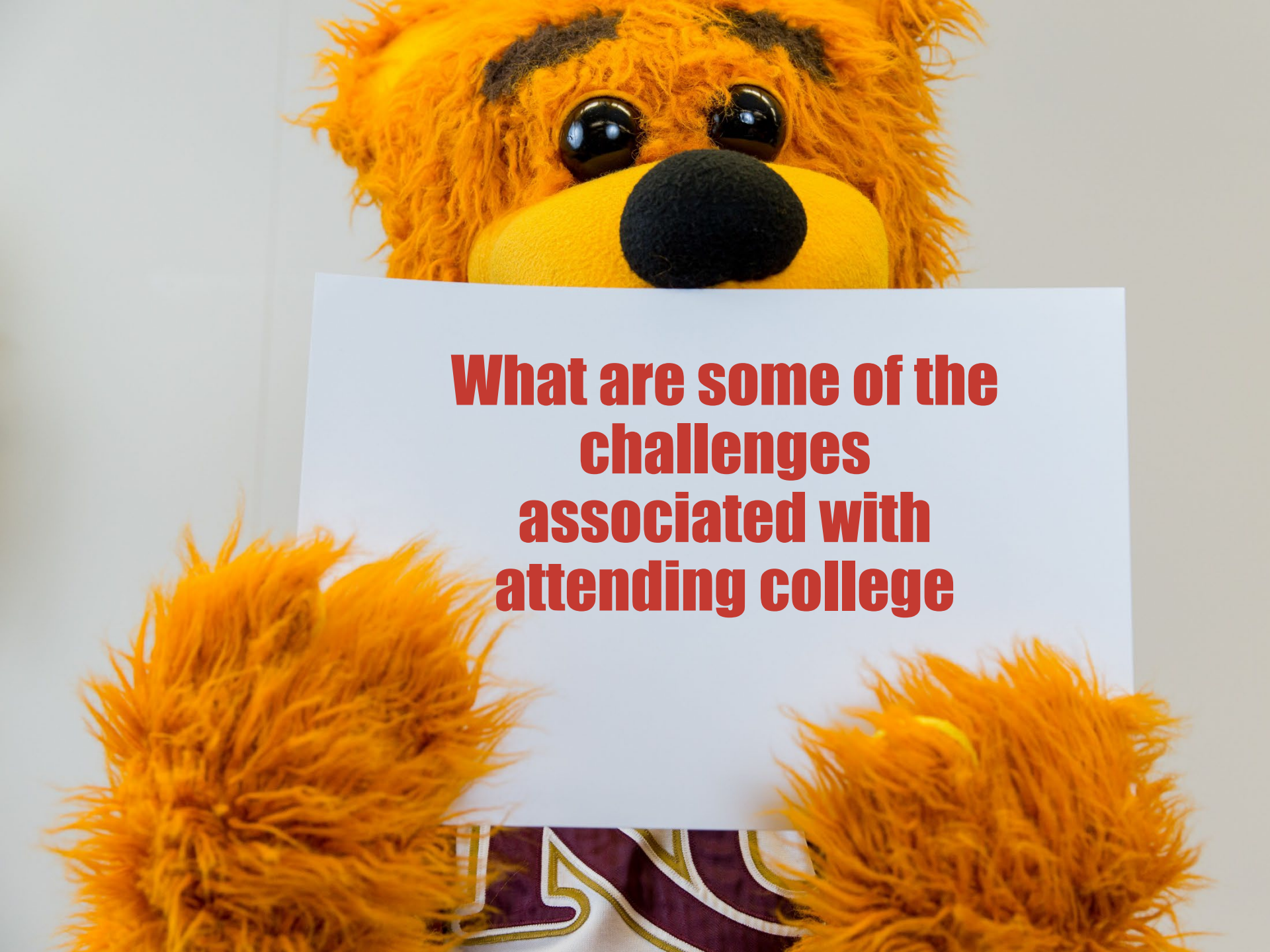
DISCOVER YOUR ACADEMIC SUCCESS AT KU

R. Chad Brown, Ed.D.
Assistant Director For Retention & Student Success
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WHAT IS SUCCESS?

Success is staying on course to your desired outcomes and experiences, creating wisdom, happiness, and unconditional self-worth along the way.





**What are some of the
challenges
associated with
attending college**

STUDENT RESPONSIBILITY

- Successful students attend all classes
- Successful students possess library and internet research skills.
- Need to budget funds for textbooks and other essentials throughout the semester



TIME MANAGEMENT

- You manage your own time
- You must decide whether to participate in extracurricular activities



**YOU BALANCE
RESPONSIBILITIES AND SET
PRIORITIES ON YOUR OWN**



WHAT IS TIME MANAGEMENT?

- ❖ the ability to use one's time effectively & productively.
- ❖ Creating an environment conducive to effectiveness
- ❖ Setting of priorities
- ❖ Carrying out activity around those priorities
- ❖ The related process of reduction of time spent on non-priorities

STUDY HOURS



- You will spend 12 to 16 hours each week in class
- You will need to study at least 2 to 3 hours outside of class for each hour of class
- You will be assigned reading and writing which may not be directly addressed in class



DISTRACTIONS.....



- **Familiar Environments:** (your room, house, apartment) Use a space that promotes study such as the library
- **Movies/ TV:** Use these as rewards for accomplishing your study goals
- **Exercise and Hobbies:** Look at the expectations of your education and schedule around them
- **Friends, Associates, Family:** Share with them the importance of your education and find a balance
- **Internet:** Set and adhere to a limited time
- **Study Buddies:** Set goals for each study session



“Student Success helped me with test anxiety and how to relax before, during and after a test. Additionally, they helped me with time management and how to space out my work and studying comfortably.”

***- Olivia, Communication Studies
Class of 2022***

STUDENT SUCCESS

PERSONALIZED ACADEMIC SUPPORT

Professionals and Graduate Assistants provide personalized academic skills counseling through individual meetings and group presentations.

STUDENT SUCCESS WORKSHOPS

Workshops are offered both in-person and online to help students be successful both academic and personally. Topics include time management, learning styles, test anxiety and many more.

CONNECT STUDENTS WITH CAMPUS RESOURCES

Connect students with resources to support both academic and personal success

FIRST YEAR SEMINAR SUPPORT

Compliment the FYS Seminar by providing In-class presentations



TUTORING SERVICES

1. PEER TUTORING

Free service for undergraduate students having difficulty in their Kutztown University courses. Tutors are available for most 100-200 level courses as well as some upper level courses.

2. SUPPLEMENTAL INSTRUCTION (SI)

Type of academic assistance that targets traditionally difficult academic courses by providing regularly scheduled, out-of-class, peer-facilitated sessions.

3. TUTORING LABS

Drop-in group tutoring in select Business, Computer Science, Math, and STEM courses.

4. FIRST YEAR SEMINAR SI

Helps first-year students to explore factors involving adjusting to college life, campus opportunity and involvement, campus resources, and career exploration. Outside of the classroom, FYS SI's lead students through the welcome week experience and help new students during their first semester at Kutztown University.

5. ACADEMIC PEER MENTORS

A knowledgeable student who has a general understanding of Kutztown University processes, academics, and resources that can enhance a student's academic experience.



ROHRBACH LIBRARY RM 30

P: (610) 683-4207

E: TUTOR@KUTZTOWN.EDU



Rohrbach Library, Room 26
Kutztown University
Phone: (610) 683-4007
success@kutztown.edu
www.kutztown.edu/success
