

JESSICA FILPE

GRADUATE STUDENT

COUNTRY: GERMANY

MAJOR: CLINICAL MENTAL HEALTH
COUNSELING

ACTIVITIES: INTERNATIONAL STUDENT
ORGANIZATION, NAMI (NATIONAL
ALLIANCE ON MENTAL ILLNESS, SELF
CARE ACTIVITIES, SUPPORT GROUP,
SUICIDE PREVENTION ACTIVITIES)

JOBS/INTERNSHIPS: SMALL BUSINESS
DEVELOPMENT CENTER GRADUATE
ASSISTANT, SUMMER CAMPS
ASSISTANT, GRADUATE ASSISTANT
WITH THE INTERNATIONAL OFFICE,
COUNSELING INTERN AT THE KU
COUNSELING CENTER

**Why did you choose to study at
Kutztown University?**

KU offered the counseling program
I was looking for, and KU is very
affordable.

**What is your favorite memory or
accomplishment from your time at
Kutztown University?**

When I returned from my home
country to Kutztown at the end of
the last winter break, I realized that
Kutztown felt like home. This was a
precious moment.

**What are your post-graduation
plans? (Ex. OPT, graduate school,
employment overseas, etc.)**

I want to go for Optional Practical
Training.



**Is there a Kutztown employee that you'd
like to recognize for support they
provided you?**

Dr. Carl Sheperis has been a life saver
during my last year. He listened to me and
gave me the moral, mental, and
professional support that I needed.

Dr. Fred Redekop helped me settle in and
was the best teacher I ever had in my long
academic journey. I will be forever
thankful for his guidance and support. He
helped me become the counselor I am
today.

**What advice would you give future
international students?**

Never be shy to ask for support or help -
you usually get it and it helps with building
connections to feel settled in.