



9th Annual Clinical Updates Colloquium

JANUARY 10, 2025 - 9 A.M.-4 P.M. - VIRTUAL

Conference Agenda

Moderator and Conference Chair

Dr. Stephen W. Stoeffler, Ph.D., LSW, Kutztown University

9:00-9:15 a.m.

Welcome and Introductions

*Dr. Laurie A. McMillan, Kutztown University,
Dean of the College of Liberal Arts and Sciences*

*Dr. John G. Vafeas, DSW, LSW, Kutztown University
Department of Social Work, Chair*

9:15-10:30 a.m.

Evidence-Based Strategies to Reduce Suicide Risk

Dr. Matthew B. Wintersteen

Discussant:

Dr. Lydia DeBiase

10:30-10:45 a.m.

BREAK

10:45 a.m.-12:00 noon

Evidence-Based Strategies to Reduce Suicide Risk, cont. with Q&A

Dr. Matthew B. Wintersteen

12:00 noon-1:00 p.m.

LUNCH BREAK

12:00 noon-

12:45 p.m.

OPTIONAL:

Doctor of Social Work Informational Session

3 CEs Suicide Prevention

Conference Agenda, continued

3 CE's Ethics

12:00 noon-1:00 p.m.	LUNCH BREAK
1:00-2:30 p.m.	Artificial Intelligence & Digital Health for Social Workers: Applications and Ethical Considerations <i>Dr. Carl J. Sheperis</i> Discussant: <i>Dr. Pat McGarry</i>
2:30-2:45 p.m.	BREAK
2:45-3:45 p.m.	Ethical Considerations of Using Artificial Intelligence in Health Care <i>Dr. John Lizza</i>
3:45-4:00 p.m.	Closing Remarks <i>Dr. John G. Vafeas, DSW, LSW</i>

Evaluation Survey

Please complete the evaluation survey at the end of the conference:

<https://www.surveymonkey.com/r/EvalColloquium25>



CE Requests

If you are requesting CEs, please remember to complete the CE Verification survey:

<https://www.surveymonkey.com/r/CEColloquium25>



A maximum of 6 continuing education credits are available for Social Workers, Marriage and Family Therapists, and Professional Counselors. (3 credits for morning only, 3 for afternoon only, or 6 for full day.) Continuing education credits will be forwarded via email after the event. Please allow two-three weeks processing time.

Please note, in order to **receive your CE certificate** you must **complete the CE verification survey** at the end of the event and provide **an email address as well as the verification codes provided during the conference**. **No certificates will be awarded without codes.**

Additional Information

Clinical Updates Colloquium Implementation Team

Dr. John Vafeas, DSW, LSW
Kutztown University Department of
Social Work, Professor, Chair

Andrea Snyder
Kutztown University Department of
Social Work, Secretary

Dr. Lydia DeBiase, Ph.D., MSW, LCSW
Kutztown University Department of
Social Work, Assistant Professor

Dr. Patricia McGarry, Ph.D., LSW
Kutztown University Department of
Social Work, Assistant Professor

Gabriella Wilson, MBA
Kutztown University Department of
Social Work, Management Technician

Samantha Kochanek
Kutztown University Department of
Social Work, Graduate Assistant



Dr. Stephen W. Stoeffler, Ph.D., LSW
Kutztown University Department of
Social Work, Professor,
Clinical Updates Colloquium Chair



Social Work Textbook Lending Library and Licensure Preparation Course

Our program is dedicated to providing students with the support they need to succeed academically and professionally. While seminars and CEs are offered to our community for FREE, we are asking that you kindly consider donating to our social work department's fund that, among other projects, is working to sustain a Textbook Lending Library that facilitates access to educational materials/resources throughout social work students' educational career. The Library is operated through the department and provides a lending service of essential textbooks to our students. We currently have 215 textbooks in circulation, and 80-90 different students on average benefit from this initiative in an academic year.



In a continuous effort to support the profession of social work, we are also raising funds to provide a Licensure Preparation Course for all MSW students. All funds raised during this campaign support social work students at Kutztown University. With your generous donations, we can support our BSW students as they earn their degree. Your contribution will also enhance the profession by graduating MSW students ready for professional social work. Thank you for your continued support of Textbook Lending Library, the next generation of licensed social workers, and the profession of social work.

For more information and to donate visit:

<https://www.kuf.org/give/socialwork>



Presentation Information

Evidence-Based Strategies to Reduce Suicide Risks

Dr. Matthew B. Wintersteen



An understanding of appropriate, evidence-based approaches when working with suicidal individuals is critical in providing effective and safe care. This presentation will briefly highlight a suicide risk assessment approach and then transition to two strategies with ample evidence associated with reducing risk. First, attendees will be introduced to the Safety Planning Intervention, an intentional approach to supporting patients generate tools to promote healthy and live-saving decisions when faced with a suicidal crisis. Second, attendees will learn tips on how to effectively discuss lethal means reduction with patients and families.

Matthew B. Wintersteen, Ph.D., is Director of the David Farber Center for the Advancement of Suicide Prevention Intervention, Research, and Education (ASPIRE) and Associate Professor and Director of Research in the Division of Child and Adolescent Psychiatry at Sidney Kimmel Medical College at Thomas Jefferson University in Philadelphia. Since 2019, Dr. Wintersteen has been awarded federal and state research funding amassing over \$28 million to suicide prevention efforts in Pennsylvania, with over \$6.5 million being directed to Jefferson. Over his career, he has received grant support from the National

Institute of Mental Health, the Substance Abuse and Mental Health Services Administration, the Centers for Disease Control and Prevention, the American Foundation for Suicide Prevention, and the Brain and Behavior Research Foundation. Dr. Wintersteen has served on national and international task forces convened by the Suicide Prevention Resource Center, the American Association of Suicidology, the American Foundation for Suicide Prevention, the National Suicide Prevention Lifeline, Suicide Awareness and Voices of Education, and the National Institute of Mental Health. He was a consultant to the National Center for the Prevention of Youth Suicide (NCPYS) and served on Pennsylvania Governor Tom Wolf's Suicide Prevention Task Force. Dr. Wintersteen organized, participated, and moderated a panel of national and international experts on youth suicide tasked with developing an empirically-informed list of warning signs for youth suicide. His Board appointments include Chair of Prevent Suicide PA and President of the Delaware Valley Medical Student Wellness Collaborative (DVMSWC) – a group comprised of the Deans and counseling center directors of the seven Philadelphia-area medical schools to discuss and implement strategies across campuses to improve medical student wellness and reduce suicide deaths.

Artificial Intelligence & Digital Health for Social Workers: Applications and Ethical Considerations

Dr. Carl J. Sheperis

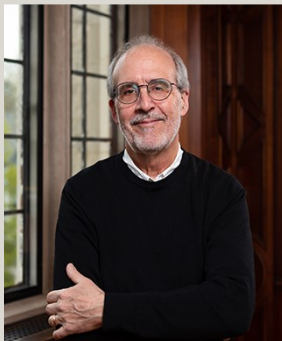


This session explores the roles of digital health and artificial intelligence in healthcare and social work. Through practical example and a guided discussion, participants will examine digital health and AI applications like predictive analytics for risk assessment, automated screening tools, and digital interventions. The session covers fundamental AI concepts, current implementations in social work settings, and critical ethical considerations including bias, privacy, and human-AI collaboration. Participants will evaluate real-world scenarios to develop frameworks for responsible AI adoption in their practice.

Dr. Carl J. Sheperis, Vice Provost and Dean of Graduate Studies at Kutztown University, is a recognized expert in the application of artificial intelligence to the health professions. He has delivered keynote addresses on this topic throughout the world and serves on the AI working group for the Global Forum on Innovation in Health Professional Education for the National Academies of Sciences, Engineering, and Medicine (NASEM). Dr. Sheperis has published articles on AI and is currently writing a textbook on the topic for Cognella.

Ethical Considerations of Using Artificial Intelligence in Health Care

John P. Lizza, Ph.D.



Advances in artificial intelligence bode well for tremendous improvement in the efficiency and quality of health care. However, the use of artificial intelligence in health care also presents a number of ethical challenges, including the possibility of worsening inequity in the distribution of health care, the misuse of private data and confidentiality, a reduction in patient-provider interactions, and dehumanization in care. This session will provide an overview of the ethical challenges in the use of artificial intelligence in health care.

John Lizza (A.B., M.A., Ph.D., Columbia University) is a Professor of Philosophy at Kutztown University of Pennsylvania. His main philosophical interests are in bioethics, metaphysics, and philosophy of mind, particularly issues concerning persons and personal identity. His research has focused on the role that the concepts of humanity and personhood play in the analysis and evaluation of issues in bioethics, such as the moral status of the human embryo and the definition of death. He is the author of *Persons, Humanity, and the Definition of Death* (Johns Hopkins University Press, 2006) and the editor of *Potentiality: Metaphysical and Bioethical Dimensions* (Johns Hopkins University Press, 2014) and *Defining the Beginning and End of Life: Readings on Personal Identity and Bioethics* (Johns Hopkins University

Press, 2009). He was Chair of the Committee for Philosophy and Medicine of the American Philosophical Association from 2007-2010 and an Adjunct Associate of the Hastings Center from 1993-2008.

Information Sessions

Doctor of Social Work Information Session

12 noon **OPTIONAL**

BSW-MSW-DSW

ONE MOVE CLOSER TO ADVANCING YOUR CAREER

BSW

- Internships translate to job opportunities
- Strong regional partnerships
- Minor in Case Management

MSW

- Family-in-Environment perspective
- Flexible schedule (PT/FT)
- Executive schedule
- Advanced Standing status



DSW

- Leaders and teachers
- Part-time, three years
- Weekend residency face to face three times per year
- Dissertation is a final product

SCHOOL SOCIAL WORK CERTIFICATE

- High demand specialty area of practice
- Graduates work in K-12 public schools, intermediate units, and private educational settings
- Instruction offered in hybrid format
- Open to MSW degree holders, current MSW students
- 16-credit curriculum
- School-based field experience
- Approved by PA Department of Education

Jen Hoffa '25 DSW
K-8 School Social Worker
Governor Mifflin School District



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**DEPARTMENT OF
SOCIAL WORK**

Now accepting
applications

UPCOMING EVENTS



**21st Annual
Community Forum
March 28, 2025**

SAVE THE DATE!



SAVE THE DATE:

**14th Annual
Social Work in the Global
Environment Conference**

November 7, 2025



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BSW MSW DSW**

**SAVE THE DATE
10TH ANNUAL
CLINICAL UPDATES
COLLOQUIUM**

January 9, 2026



Thank you for attending the
9th Annual Clinical Updates
Colloquium.



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