



#### 21st Annual Community Forum

# Exploring the Social Determinants of Mental Health: Policy and Practice Implications

#### Friday, March 28, 2025

Moderator: Dr. Edward P. Hanna, DSW, MSW, LCSW, Kutztown University of Pennsylvania



8:45-9:00 a.m. Welcoming Remarks

Dr. John Vafeas, DSW, Chair, Department of Social Work

Dr. Laurie McMillan, Dean, College of Liberal Arts & Sciences, Kutztown University

9:00—10:00 a.m. **Keynote Speaker** 

Role of Social Determinants in Prevention, Trauma, Crisis, and

Recovery

Dr. Ron Manderscheid, Ph.D., Executive Director of the National Association of County Behavioral Health and Developmental Disability Directors and Professor at Johns Hopkins Bloomberg School of Public Health

10:00-10:15 a.m. Question & Answer Discussion

10:15-10:30 a.m. BREAK

10:30-11:15 a.m. Morning Speaker

The Status of Mental Health Services in Pennsylvania: What Do WE

Think?

Dr. Kathy Quick, LSW, CPS, CRS, CFRS, CPSS, Executive Director, PMHCA

11:15—11:30 a.m. **Question & Answer Discussion** 

11:30—12:30 p.m. *Lunch & Meetings* 

DSW Information Session Luncheon—Blue Room, Old Main

General Seating Lunch-Georgian Room, Old Main

### **Conference Agenda**

12:30—1:00 p.m.	Diversity Prize, Scholarship Awards, Social Work Month Proclamation  Dr. FangHsun Wei, Ph.D., MS, Professor, Department of Social Work, Kutztown University  Dr. Heather LaBarre, Ph.D., LCSW, Assistant Professor, Department of Social Work, Kutztown University  Senator Judith Schwank
1:00-1:30 p.m.	Afternoon Speaker  Burnout Among Social Workers in Integrated Care  Kyle McGee, MS, MSW, LCSW, DSW Student, Instructor, School of Social  Work, Temple University
1:30—2:00 p.m.	Afternoon Speaker  State of the Student: Are Nonacademic Needs of Students Being Met?  Dr. Hollie Gibbons, DHS, MPH, RD, Associate Professor and MPH Program Director, Cedar Crest College, Adjunct Professor, Lehigh University
2:00-2:15 p.m.	BREAK
2:15—2:45 p.m.	Afternoon Speakers The Picture of Mental Health: Snapshots of Data Dr. Laura R. Dimino, Ph.D., Assistant Director, Center for Rural Pennsylvania Kaitlyn Goode, Data Visualization Specialist, Center for Rural Pennsylvania
2:45—3:15 p.m.	Afternoon Speakers  Screening for Needs: A Trauma-Informed Approach to Family Support & Social Needs in Inpatient Pediatrics  Autumn Zackowski, MSW, Child Protection Program Coordinator, Lehigh Valley Reilly Children's Hospital  Emily McDevitt, BSW, PMH-C, Inpatient Pediatric Social Worker, Lehigh Valley Reilly Children's Hospital
3:15-3:45 p.m.	Question & Answer Panel Discussion
3:45—4:00 p.m.	<ul> <li>Evaluation and Closing</li> <li>Dr. Edward Hanna, DSW, MSW, LCSW, Associate Professor, Department of Social Work, Kutztown University</li> <li>Dr. Heather LaBarre, Ph.D., LCSW, Community Forum Chair, Assistant Professor, Department of Social Work, Kutztown University</li> </ul>

#### **Evaluation and CE Request Forms**

A maximum of 6 continuing education credits are available for Social Workers, Marriage and Family Therapists, and Professional Counselors. (3 credits for morning only, 3 for afternoon only, or 6 for full day.) **3 Ethics credits will only be available for those who attend the full-day session.** 

Continuing education credits will be forwarded via email after the event. Please allow two-three weeks' processing time.

Please note, in order to **receive your CE certificate you must complete the CE verification survey** at the end of the Community Forum and provide email address as well as the verification codes provided during the conference.

#### **Evaluation Survey**

Please complete the Evaluation survey at the end of the conference:

https://www.surveymonkey.com/r/ CF25Eval



#### **CE Requests**

If you are requesting CEs, please remember to complete the CE Verification survey:

https://www.surveymonkey.com/r/ CF25CE

#### Social Work Textbook Lending Library and Licensure Preparation Course

Our program is dedicated to providing students with the support they need to succeed academically and professionally. While seminars and CEs are offered to our community for FREE, we are asking that you kindly consider donating to our social work department's fund that, among other projects, is working to sustain a Textbook Lending Library that facilitates access to educational materials/resources throughout social work students' educational career. The Library is operated through the department and provides a lending service of essential textbooks to our students. Last year the Textbook Lending Library supported 128 BSW students with 393 books.





In a continuous effort to support the profession of social work, we are also raising funds to provide a Licensure Preparation Course for all MSW students. All funds raised during this campaign support social work students at Kutztown University. With your generous donations, we can support both our BSW students as they earn their degree, and your contribution will also enhance the profession by graduating MSW students ready for professional social work. Thank you for your continued support of Textbook Lending Library, the next generation of licensed social workers, and the profession of social work.

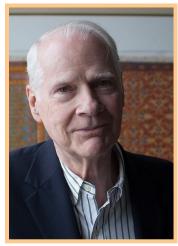
For more information and to donate visit:

https://give.kuf.org/ku-social-work-program





#### **Keynote Speaker Biography**



Dr. Ron Manderscheid, Ph.D. — Executive Director of the National Association of County Behavioral Health and Developmental Disability Directors and Professor at Johns Hopkins Bloomberg School of Public Health

Ron Manderscheid, Ph.D., has a life-long commitment to social good and social justice. This is reflected through a career that spans national work with the Congress and Administration, federal agencies, NGOs, and university teaching. He serves currently as Partner and Director at Capstone Solutions Consulting Group, Adjunct Professor at the Bloomberg School of Public Health, Johns Hopkins University, and at the Suzanne Dworak-Peck School of Social Work, University of Southern California. Until recently, he was President/CEO, National Association of County Behavioral Health and Developmental Disability Directors and National Association for Rural Mental Health. Both organizations represent county and local authorities in

the DC community. Concurrently, Dr. Manderscheid serves on the boards of the Global Leadership Exchange, the NASMHPD Research Institute, and the Danya Institute. He also served until recently as the Co-Chair of the National Coalition for Whole Health and on the boards of the American Academy of Social Work and Social Welfare and the National Grand Challenge for Social Work Initiative. Past appointments include Director of Mental Health and Substance Use Programs at the Global Health Sector of SRA International and several federal leadership roles at the National Institute of Mental Health, the Substance Abuse and Mental Health Services Administration, and the Office of the Assistant Secretary for Health, U.S. Department of HHS. Throughout his career, he has emphasized and promoted the concerns of peers with behavioral health conditions and their family members. Dr. Manderscheid was a Member of the HHS Secretary's Advisory Committee on Healthy People 2020; the Clinton Healthcare Reform Task Force; President of the Federal Executive Institute Alumni Association (FEIAA) and Foundation; Chair of the APHA Mental Health Section and Governing Council, and a member of the post-9/11 Work Group; Chairperson of the Sociological Practice Section of the American Sociological Association; President of the Washington Academy of Sciences and the District of Columbia Sociological Society; and President of The College for Behavioral Health Leadership. He edited eight editions of Mental Health, United States, co-edited Outcome Measurement in the Human Services, and contributed to Public Mental Health, First and Second Editions. He also published more than 550 scientific and professional papers on services to persons with mental illness and substance use conditions. He currently serves on several editorial boards and prepares a periodic blog. For almost two decades, he served on the editorial board of Behavioral Healthcare Executive (www.behavioral.net).

### **Speaker Biographies**



Dr. Laura R. Dimino, Ph.D. — Assistant Director, Center for Rural Pennsylvania

Dr. Laura R. Dimino is Assistant Director at the Center for Rural Pennsylvania, where she oversees the faculty and student research grant programs and supports the Executive Director in representing the Center and promoting the legislative agency's mission. She is a member of the Advisory Board for the Mid-Atlantic Telehealth Resource Center (MATRC), represents the Center at the Pennsylvania Department of Environmental Protection Public Water System Technical Assistance Center (TAC) Board meetings, and serves as an alternate on the Pennsylvania Broadband Development Authority (PBDA) Board of Directors.

Laura has a Master's degree and Ph.D. in political science from the University of Rochester; she grew up in Massachusetts, where she completed her undergraduate work at Clark University. Early in her career, teaching and research interests included democratic theory, American politics, state and local politics, elections, and communication and gender. She previously served as a public affairs program analyst at the Pennsylvania Higher Education Assistant Agency (PHEAA) within the state grant and special programs division. She has held several administrative roles in higher education, most recently serving as the associate provost at Central Penn College, a role in which she oversaw assessment, accreditation, mandatory reporting, and compliance.



Dr. Hollie Gibbons — Associate Professor and MPH Program Director, Health Sciences Department at Cedar Crest College and Adjunct Professor, College of Health at Lehigh University

Dr. Hollie Gibbons is an Associate Professor and MPH Program Director in the Health Sciences Department at Cedar Crest College and an Adjunct Professor in the College of Health at Lehigh University. Dr. Gibbons holds a Bachelor of Science in Nutrition and Dietetics from Marywood College, a Master of Science in Public Health from East Stroudsburg University, and a Doctor of Health Sciences from Massachusetts College of Pharmacy and Health Sciences. She has more than twenty years of experience working in public health including program planning and evaluation, social and political determinants of health, community-based research, and conducting

community health needs assessments. She also serves as an executive committee member for the Lehigh Valley Research Consortium.

Dr. Gibbons has presented at several state and national conferences on public health and healthcare topics, including lifestyle medicine interventions, tobacco cessation counseling, mobile HIV testing, and chronic disease prevention and management programs in rural communities. She won a U.S. Environmental Protection Agency National Environmental Leadership Award as part of a pediatric asthma intervention team while working at St. Luke's University Health Network. Her research areas include the intersection of social determinants of health and health status, chronic disease prevention and management strategies, and reducing implicit bias in health professions.



## Kaitlyn Goode — Data Visualization Specialist, Center for Rural Pennsylvania

Kaitlyn is the Center's Data Visualization Specialist. She joined the Center in 2024, and provides data and analysis on rural policy issues, contributes to the Center's bimonthly newsletter and other statewide publications, and maintains and expands the Center's rural database and dashboards. Kaitlyn was born and raised in a small town in rural northwestern Pennsylvania, and she is happy to be able to provide support to communities all across rural Pennsylvania. Formerly, Kaitlyn worked as a STEM Educator for the Community Education Center of Elk and Cameron Counties, and she worked part-time as an Independent GIS Consultant. Kaitlyn holds a bachelor's degree in Meteorology and a bachelor's degree in Environmental Hazards/

Emergency Management from Millersville University of Pennsylvania, and she has her master's degree in Geographic Information Systems from The Pennsylvania State University.



## Emily McDevitt, BSW, PMH-C — Inpatient Pediatric Social Worker, Lehigh Valley Reilly Children's Hospital

Emily McDevitt received a BSW from Temple University in 2019 and has been an inpatient pediatric social worker at Lehigh Valley Reilly Children's Hospital for 3 years. Since being in her role, she has developed and implemented an inpatient screening program for perinatal mood and anxiety disorders (PMADS) on pediatrics for mothers of admitted patients. She recently completed an international PMAD training program required to receive the Perinatal Mental Health Certification (PMH-C). As part of her role as inpatient pediatric social worker, Emily assesses patients and families for social determinants of health needs and connects families with community resources. She continues to work to identify and develop a

pediatric specific social determinants of health screening and create necessary family centered policies within the Children's Hospital.



## Kyle McGee, MS, MSW, LCSW, DSW Student — Instructor, School of Social Work, Temple University

Kyle is currently a full-time instructor at Temple University's School of Social Work. Prior to academia, he accumulated over seven years of social work practice experience in Philadelphia, PA, and Camden County, NJ, most recently as a behavioral health care manager in integrated care. He also has professional experience as a trauma-focused outpatient therapist in addition to providing treatment with a male batter and sex offender population. Additionally, he has served as a drug and alcohol case manager, a clinical care manager, a mental health therapist, and a school mental health practitioner.

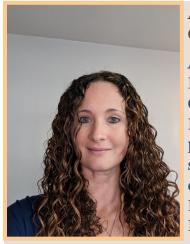
Kyle believes that service engagement has been a valuable aspect of his personal and professional development. He has been previously involved in various professional committees in clinical practice such as serving as co-chair of a health system trauma-informed workgroup while currently serving in various membership roles within higher education committees at Kutztown University and Temple University. In his spare time, he enjoys spending time with his wife and their puppy, Ginger.



### Dr. Kathy Quick, LSW, CPS, CRS, CFRS, CPSS—Executive Director, PMHCA

As the Executive Director of the Pennsylvania Mental Health Consumers' Association (PMHCA), Dr. Quick is very invested in ensuring that individuals in recovery from mental illness and substance use disorder have their voices heard. Dr. Quick is in long-term recovery from mental illness as well as alcohol addiction, and she shares her story to inspire others to embrace recovery and hope. Dr. Quick received her bachelor's degree from Penn State University in 1998, majoring in Criminal Justice. She went on to receive a master's degree in social work from Temple University in 2005, and her Doctorate in Social Work from Capella University in 2020. She has

accumulated over 26 years of experience in providing treatment services in mental health, family treatment, children's services, substance use disorder treatment, and local government before joining PMHCA. Dr. Quick is a resident of Schuylkill County with her husband Ivan and two cats, Molly and Princess Fiona. Dr. Quick's recovery tools include reading science fiction/fantasy, archery hunting, painting, crocheting, counted cross-stitch, and gardening.



### Autumn Zackowski, MSW — Child Protection Program Coordinator, Lehigh Valley Reilly Children's Hospital

Autumn Zackowski currently holds a Master's Degree in Social Work from Kutztown University where she also received a specialized certification in Child Welfare Education Leadership. Autumn is the Child Protection Program Coordinator for the Lehigh Valley Reilly Children's Hospital and previously worked for Lehigh County Children and Youth. Autumn has specialized in Human Trafficking and the Commercial Sexual Exploitation of Children throughout her career, participating in the Lehigh County Human Trafficking MDT, LVHN Human Trafficking Task Force and the Lehigh Valley Anti Trafficking Collaborative. Autumn also completed qualitative research and held focus groups in 2017-2018 with the goal of

educating others on the experiences of youth in foster care and give youth a voice in the Child Welfare System. Autumn is currently working to develop a trauma informed Crisis De Escalation Simulation Training Program for the Lehigh Valley Reilly Children's Hospital to improve hospital responses to high-risk social situations. Throughout her career, Autumn has worked with children and families impacted by trauma and child abuse and neglect. Autumn continues to advocate for trauma informed practice within systems, community partnerships and the importance of including the perspective of children and families at all levels of the change process.