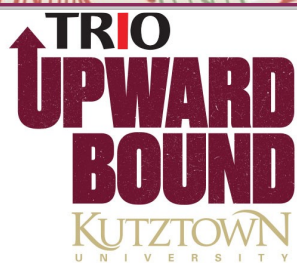


# Upward Bound News



MARCH 2019

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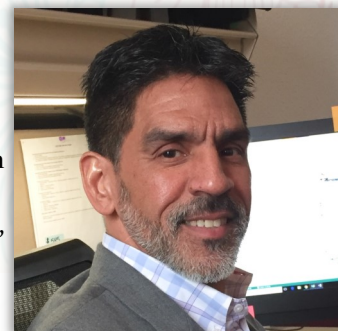
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*Upward Bound students at LaSalle University in January*

## **Message from the Director**

As we enter the spring season, we are quickly approaching the end of the academic school year and preparing for our summer program. We are very pleased with the fact that we have thirty-one seniors participating in the Upward Bound Program. We know that these students are looking forward to graduating from William Allen High School as part of the class of 2019. As these students prepare to transition into the next chapter of their lives, for many of them that means preparing for college.



*Mr. José Rosado  
Director, Upward Bound*

Given that we are graduating so many students, we will soon begin recruiting current 8th, 9th and 10th grade students to join the Upward Bound Program. Students that apply and are accepted into the program will be eligible to participate in our 6 week summer program. The Upward Bound summer program includes a 1 week on-campus experience at Kutztown University as part of our Upward Bound – Kutztown University Camp Week.

It's been very gratifying for me and our staff to see our students engage and benefit from the services we offer. With only a few months of school remaining, we still have many fun and educational activities and events scheduled.

On Friday, March 29th at 6:30 PM, we will host a Students VS. Staff basketball game in the William Allen High School gymnasium. This event will serve as a fundraiser to provide a scholarship for one of our graduating seniors. This will be a very fun event for the entire family. If you are unable to attend the game, but would like to contribute toward the scholarship, please contact me.

Our students have shared with us that they have enjoyed and have benefitted from the many college visits that they have participated in. These college visits took place last summer and during our Saturday Sessions. Given the favorable student feedback regarding the college visits, we are planning to schedule another college visit during one of our two remaining Saturday Sessions.

We look forward to continuing to provide the many services we offer to our students. We also look forward to strengthening our partnerships with parents, community leaders, community-based organizations and others so that we can expand on the opportunities we offer our students.

Best Regards,  
José Rosado







## Program Events

### ***UB Students Plan Students vs. Staff Basketball Game for March 29***



*Jasmine, Nick, Nicolle, Catherine, and Caniyah organize raffle prize baskets for the basketball game after school*

We would like to invite students, family and community members to our first Upward Bound Students vs. Staff Basketball Game on March 29<sup>th</sup>, 2019 at 6:30pm in the William Allen Gymnasium. This exciting event will include a performance by the WAHS Hip Hop Team, concessions, a bake sale and raffle basket drawings. The idea for this event was sparked by Upward Bound students during our six-week summer program. Students were interested in creating a fundraiser event that would encourage school spirit and promote positivity within their school and community. Students have spent countless hours planning and promoting this event.

Please join us in making it a success!

*—Ms. Richter*

### ***Saturday Trip to LaSalle University***

Typically, our Saturday Sessions are held at William Allen, but for one of our recent events we wanted to give our students a change of pace and get them out of the Lehigh Valley. On Saturday, January 26th about 30 Upward Bound students and staff took a bus trip to visit La Salle University in Philadelphia. Students were treated to a tour of the campus by undergraduate tour guides, where they saw academic buildings, dorms, dining facilities, and the student union building.

After the tours, staff and students from the Bilingual Undergraduate Studies for Collegiate Advancement program—BUSCA—presented to our group. The BUSCA program may appeal to many of our students as there is a satellite campus for the program in Allentown where students can complete earn their associate degree and/or begin their college program prior to transferring to the LaSalle main campus. This option allows students to stay in the Allentown area their first two years prior to transferring. There is also tuition reduction available. For the winter we had, the group was fortunate to have a mild day with lots of sunshine for the visit. The all-you-can-eat lunch spent chatting with a LaSalle BUSCA program senior was a great way to end the day!



*—Mr. Metzger*

*Elias Sanchez and Mr. Metzger make a face at the LaSalle University visit.*



# Senior Features

## ***Paola Nicolle Jimenez Gonzalez Shares Experience of Getting Into College***

What inspires me to go to college is my family, especially my grandmother. She never went to college, but she always gave her best effort to put me into a good place in life. I want to work hard to give back to her all she gave me. I want to give her everything because she deserves the best.

When I was in 8<sup>th</sup> grade I didn't understand how important school was. I didn't even have career goals. When I came to Allen, things were difficult because I didn't know English, but with time I started to understand and learn more about the language.

In 11<sup>th</sup> grade, I heard about Upward Bound. I was so excited about the idea of being part of something. I had some difficulties getting in, but I'm glad they accepted me. During the Saturday Sessions and the summer program I really got interested in the idea of going to college. It really helped me to focus on college and now I am giving my best effort in school.

I am so excited to say I am accepted to Bloomsburg and I am going to study nursing there!



*Paola Nicolle Jimenez Gonzalez*  
UB Senior



*Corey Stanley*  
UB Senior

## ***Corey Stanley Has Big Plans for His Future***

Out of all the clubs and organizations I have joined in my life, Upward Bound has been the most helpful and supportive for me and my future career. The students and staff here have been a positive influence with their generosity and great snacks to keep us all fed. My family has also been supportive of me going to college, whether it was by helping me look for colleges or just giving me useful college tips.

A list of hobbies I'm interested in are playing video games, watching TV, playing basketball with friends, and eating. At college I will be able to not only do the activities I enjoy, but I will find other hobbies for myself as well. The idea of going to college didn't concern me until my 10<sup>th</sup> grade year. I truly never started my college search until my 11<sup>th</sup> grade year. I plan to major in video game design and development at the college of my choice because I always loved to play video games. My curiosity has always made me ask and wonder about how fun and enjoyable works of art could be made just for the amusement of the consumer.

I plan on going to Rochester Institute of Technology (RIT) or Quinnipiac University, but I am still waiting to hear if I am accepted. I would like to thank Upward Bound for all that they did for me as I don't think I would be here without them.



# Student & Teacher Reflections

## UB Student Shares School and Career Goals

Hello, my name is Nicholas Cruz and I am in 11th grade at Building 21 High School. I have attended school in the Allentown School District since kindergarten. I went to Central Elementary School and then Harrison Morton Middle School. At Central Elementary School I received the Sourcing Eagle Award in 3rd, 4th and 5th grade. The Sourcing Eagle Award is for recognition of student leadership qualities. I really felt good about getting the award because it made me feel like I was on top as a leader and it made me shine.

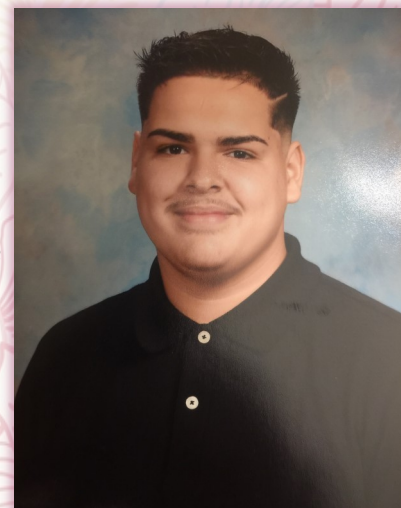
At Harrison Morton Middle School, I really struggled with my behavior in 6th and 7th grade. I got in trouble at school and I did not feel good about school or myself. My 8th grade year was my turnaround year. My behavior was so much better and I got a plaque at the end of the year for most improved student in the 8th grade class. It felt good because I knew that I could change. I knew that I was going to be more mature, more positive and a more improved Nick. I changed and I got straight A's.

I really enjoy attending Building 21. This school has provided me many new experiences. Here at Building 21, students can stand out and be recognized for many good things and be recognized for who they are. Many student accomplishments are recognized by the school. I'm noticed, people know me for the good things I do. I'm on Student Government and serve as a Student Ambassador. As a Student Ambassador, I give tours of the school to people that visit our school. I'm also a student leader on our Student Council and serve as the Building 21 Student Representative with the Allentown School District Board of Directors.

My family is also very important to me. I am the youngest of six brother's and sister's raised by my mom. My mom has been both mom and dad for all of us.

I'm a free spirited person. I like to have fun, laugh and have good vibes. I also like to take long walks by myself. My church is also important to me. I'm a youth leader at my church and I like to sing and preach at my church.

My career goal is to become a defense attorney. I want to be a lawyer to help give people a second chance. To help people that have made mistakes in life have another opportunity to turn their lives around. I plan on applying to Ivy League Colleges as well as Temple and Kutztown University. I want to come back as a lawyer and help people in my community.



Nicholas Cruz,  
UB Junior



Mrs. Melissa Roehrich  
WAHS & UB Teacher

## Mrs. Roehrich's Quote Corner

"If you always do what you've always done, you always get what you've always gotten" -- Jessie Potter

“ ”

In my wonderful years teaching at Allen High School, I have encountered so many young people who are hungry for change. Many students want a new start, a better life, or a successful future. Your dreams are so fresh, so powerful, and so inspiring!

I have noticed that the people who are hungry for these life changes tend to fall into two categories: people who change their behavior to get different results, and those who keep doing the same thing and hope for change.

The above quotation gets to the heart of this reality: If you want success, you need to make good choices. If you are not satisfied with where you are, you need to change your habits. Doing the same thing over and over again will not lead to a different outcome.

Hope is a marvelous thing to have, but it is not enough! You also need to make good choices and have confidence in yourself. You have the ability to have a great life, and the power is in you!

Upward Bound is a strong program and the students involved are the absolute best Allentown has to offer. I am honored and lucky to know all of you. Listen to your dreams, set your goals, and make each day a step closer to your amazing future.



# Upward Bound Extras

## Stay Sharp!

### SAT Brainteaser

**Math:** If  $\frac{x-1}{3} = k$  and  $k=3$ , what is the value of  $x$ ?

- (A) 2  
(B) 4  
(C) 9  
(D) 10

*(Stop by the UB office to see if you came up with the right answer!)*

## Spring Inspiration!

Spring is the time  
of **plans** +  
**projects.**

— LEO TOLSTOY

No winter lasts forever;  
no spring skips its turn.

— Hal Borland

“Springtime is the  
land awakening.  
The March winds are  
the morning yawn.”

— LEWIS GRIZZARD

A **life** is not important except in the **impact**  
it has on **other lives.**

— Jackie Robinson —

## Happy Birthday! February—April

UB wishes a happy birthday to all students who are celebrating a birthday this Spring!

### February

Kyla Gonzalez — 2/1  
Geedy Batista — 2/9  
Dontae Johnson — 2/12  
Kendra Lopez — 2/13  
Elexandria Seals — 2/22  
Fragni Polanco — 2/23  
Caniyah Marshman — 2/27

### March

Nicholas Cruz — 3/5  
Stephanie Swanson — 3/6  
Yamarieliz Silberberg — 3/7  
Vianka Colon — 3/9  
Leh-Azah Ingram — 3/10  
Heaven Maisonet — 3/10  
Karla Gonzalez del Rio — 3/11  
Jasmine Chauca — 3/21  
Yulitza Castillo — 3/23

### April

Jomayra Santiago — 4/4  
Omar Young — 4/21

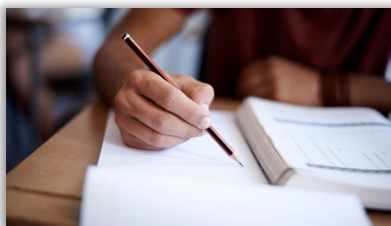
## Important College Entrance Exam Dates

### SAT:

Date	Registration Deadline
5/4/19	4/5/19
6/1/19	5/3/19

### ACT:

Date	Registration Deadline
4/13/19	3/8/19
6/8/19	5/3/19
7/13/19	6/14/19



## Save the Dates!

Date	Event	Time	Location
3/29/19	Students vs. Staff Basketball Game	6:30PM (Doors Open 5:45PM)	WAHS Gym
5/4/19	Saturday Session	9am to 1pm	WAHS, NGC
6/1/19	Saturday Session	9am to 1pm	WAHS, NGC
Monday, 6/24—Friday, 8/2	Summer Academy	TBD	WAHS & KU
Monday, 6/24—Friday, 7/26	Summer Academy @ Allen	TBD	WAHS
Monday, 7/29—Friday, 8/2	Summer Academy: KU Camp Week	TBD	Kutztown University

## Contact Upward Bound

### WAHS Office Hours:

**Mr. Rosado:** M/Th 8:30-4:00 (or by appointment)

**Ms. Richter:** M/T/W 8:30-4:00 (or by appointment)

UB Administration Cell Phone (voice/text): 484-705-8343

UB Email: upwardbound@kutztown.edu

WAHS UB Office: 9<sup>th</sup> Grade Center (NGC) 8-007

WAHS UB Office Phone: 484-765-5275

**Mr. José Rosado, Director**

Phone: 484-646-4107 Email: rosado@kutztown.edu

**Ms. Jennifer Richter, Coordinator**

Phone: 484-646-4101 Email: jrichter@kutztown.edu

**Mr. Daniel Metzger, Instructional Assistant**

Phone: 484-646-4101 Email: dmetz571@live.kutztown.edu

**Visit us on the web:** <https://www.kutztown.edu/about-ku/administrative-offices/academic-enrichment/upward-bound.htm>

**NOW ACCEPTING APPLICATIONS!**

**Come by our office to pick one up or visit our website!**



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**Upward Bound**

**PO Box 730**

**Kutztown, PA 19530**

