

Upward Bound Newsletter



2019

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Message from the Director

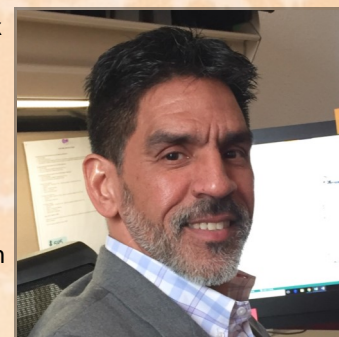
Welcome to the start of a new school year. As we prepare to embark on the 2019-2020 school year, I want to reflect back on and acknowledge the many successes our students experienced during the prior school year. I am very happy with the fact that 32 Upward Bound seniors graduated from high school last year and that most of them are now enrolled and attending college across the state and beyond. These students, along with the other student participants, established themselves as leaders at William Allen High School and in the Allentown community.

One of the many accomplishments they experienced was the planning, follow through and delivery of their Service Learning Project. As a group, they worked with Upward Bound and Allen High School staff to put together a Student vs. Staff Basketball Fundraiser. This event was an overwhelming success. Family members, community leaders and school staff attended the game. Teachers, administrators and even the Superintendent of Schools played in the game. The culmination of this Service Learning Project was a student victory over the staff and over \$1,200 raised for the Upward Bound Senior Scholarship Fund. We are planning to hold this event again during the 2019-2020 school year.

This past summer, the students participated in a six-week summer program. During the first five weeks, students attended classes at Allen High School and participated in college visits. During the sixth week, the students participated in an on campus residential experience at Kutztown University. The residential experience allowed for the students to move into a college dorm room, attend lectures and presentations, dine in the student dining hall, participate in social and recreational activities and get an overall college student experience.

I am very excited about the start of a new school year. My staff and I are looking forward to continuing to get to know our new students and continuing to provide support services and creating new opportunities for all of our students. We are also very excited about our new Service Learning Project. This summer, the students and staff began working on planning for a Poetry Coffee House event. Over the summer, students worked with their teachers to write poems and plan a Poetry Coffee House Night. The event was intended to provide students with an opportunity to plan and experience what it is like to organize and experience such an event. The Poetry Coffee House Night was held during the residential experience at Kutztown University. We are planning to host a Poetry Coffee House Fundraiser at Allen High School during the spring of 2020.

We are very excited about the start of the new school year and all of the many different experiences and opportunities that will our students will benefit from.



*Mr. José Rosado
Director, Upward Bound*

-Mr. Rosado



Staff Reflections



Ms. Jennifer Richter
Coordinator, Upward Bound

Upward Bound Students, Welcome Back to School!

It's hard to believe that summer has already come and gone! It seems like yesterday we were just starting our summer program. You should all be very proud of your commitment to Upward Bound and yourselves, taking the initiative and time to better your future. Looking back at the summer program, we had so many amazing moments! This past summer program was packed with new experiences for students. Upward Bound welcomed two new teachers, Mr. Tempio and Mr. Eempio, who were great additions to our team. We visited all new colleges and universities which included: Lehigh Carbon Community College, Temple University, Wilkes University and Albright College. Our Kutztown University residential week included new lectures from faculty, a tour of the Pennsylvania German Cultural Heritage Center, a KU Athletics presentation as well as a Pool Party/Movie Night. Each year, we develop our program based on students' needs and interests. A few of my favorite memories from this year's program include: Dr. Heineman's "singing" Biology lecture and the impromptu talent show before Poetry Night. The summer program was a great experience for not only students but staff as well! Upward Bound has the best students, and our staff genuinely enjoys teaching and working with you all!

With the new school year beginning, I encourage students to continue to participate in Upward Bound. Remember, Upward Bound is a year-round program. Our program offers many educational opportunities and fun during the school year as well. You can look forward to Upward Bound Lunch Meetings, Saturday Sessions, College Visits and Individual Coaching Sessions! I wish you all a productive and successful school year!

-Ms. Richter

Upward Bound takes on Temple University



Ms. Amelia Colon
Graduate Worker, Upward Bound

Hello Community! My name is Amelia Colon and I am a student worker for Kutztown University Upward Bound. I was born and raised in the Lehigh Valley. I am a Temple University alumna with a Bachelor's degree in Education. I will be a graduate student this Fall at Kutztown University working on my Master's in School Counseling. I am very excited and very motivated to begin this next chapter of my life. I am also looking forward to professionally contributing to the Upward Bound program.

Overhearing the students discuss their desire to visit Temple University prompted the immediate planning of a road trip to Philadelphia. As an alumni, I was eager take on the role of highlighting this university. Upon completing the itinerary, on July 12th we ventured to Temple University. Stopping at the Student Center, getting acquainted with Broad Street, providing important information about the different programs, and taking them back to where it all began in 1884, Conwell Hall; were just some of the specifics of this tour. Many of the students enjoyed seeing the campus and learning about the many things Temple offers, especially the equal opportunities for all. The students were able to get a little taste of the diverse academic institution that exist in the City of Brotherly Love. It is my hope that after sharing my personal experiences of being a "Temple Owl", the students continue to strive to learn and grow into productive and successful individuals. There is a place for everyone and as I always state, "Great things never came from comfort zones." It's not a race, it's about the journey that molds us into who we are or will be tomorrow. Be the best version of yourself that you can be.

— Ms. Colon

UB Student Feature

Hi, My name is Cianni Janae' Garcia. I am in 9th grade and attend Building 21. The schools I have attended throughout the years were Luis A. Ramos Elementary School, two years in McKinley Elementary School, half a year in Dodd Hiram W. Elementary School and a half year in Mosser Elementary School. For middle school, I went to Trexler Middle School. The teacher that inspired me the most was my 8th grade teacher, Mrs. Trainer. She always looked out for any student and emphasized how important it was to tell a teacher if there was a problem that you needed help with.

I joined the Upward Bound Program because it allows me to explore colleges and learn more about what different colleges have to offer. The program also allows me to figure out what types of colleges are right for me. My Upward Bound experience was absolutely amazing. I learned a lot and had a lot of fun.

In my family, I have two sisters and two brothers. I am the second child. My mom is very funny and is also a great cook. My grandmother is very kind and understanding. My hobbies include babysitting my two sisters, creating random different things, painting, coloring, and a whole lot more.

My future goals and aspirations are to adopt and foster kids that do not have homes and provide them with the love that they need. My goal is to guide them to reach their own dreams, graduate high school, and move on to college. Something else about me is that I am a rainbow baby. A rainbow baby is a baby born after a still birth or miscarriage. Another fact about me is that I am very creative and love crafts.



Cianni Janae' Garcia, UB Freshman

My name is Celine Espinoza and I am a 10th grader at William Allen High School. I have gone to Jefferson Elementary School and South Mountain Middle School. I started Jefferson Elementary when I was in Pre-K. In my final year of South Mountain Middle School, I was selected to be a part of the National Junior Honors Society.

During my freshman year at William Allen, I had the opportunity to meet Mrs. Leskosky, a 9th grade Biology teacher. She has gone above and beyond in her studies and has a M.Ed and B.S. degree. Mrs. Leskosky was also a research scientist for the National Institute of Health and then moved forward to become a teacher. She is currently the head Science teacher at William Allen High School. She has become such an inspiration to me and has encouraged me of all the possibilities to come in my future. I joined the Upward Bound program in hopes of getting more opportunities and learning more about college universities. So far, Upward Bound has been very fun and educational. I was able to visit many colleges and go on tours. The college visits have provided me with some insight on what to expect and has also made me think about what I should look for in a university in the future.

My family and I are from Ecuador, Guayaquil. I have divorced parents and three siblings. I also have two step brothers, one older brother, and expecting another sibling soon in our family. My older brother had recently completed college. He is currently making decisions on what his next step will be. I have a lot of admiration for him and he is my role model. My hobbies consist of a variation of taking naps, cleaning stuff, and sometimes drawing or even drowning myself in a really good book. I am a very organized and a clean person. I am always organizing and cleaning.

My future goals have always been to go to a college that offers the education I need. I would like to be a veterinary technician and attain a Bachelor's degree. As of right now, I am planning on starting at LCCC and then transferring to a big university. An interesting fact about me is that I am in the Navy Junior ROTC and Student Government at William Allen High School.



Celine Espinoza, UB Sophomore

Student Feature & Program Announcements

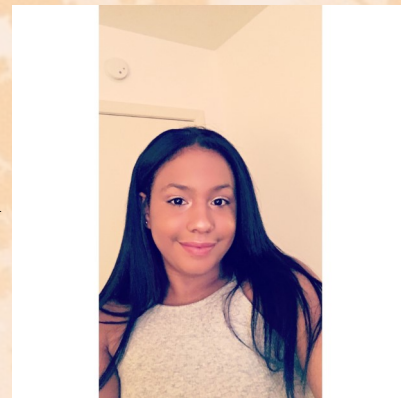
UB Senior Discusses College Plans

Hello, my name is Karla Gonzalez and I am a graduate from William Allen High School. High school was an amazing experience. I learned so much throughout the years and also grew as a person. I have so many great memories at William Allen High School such as the summer programs with Upward Bound and all the interesting things I learned in my Criminal Justice class at LCTI. Both of these programs provided me the tools needed to help me grow and achieve my goals.

During my time at Allen High School, I met amazing people along the way who not only supported me but also believed in me. Some of the people who left a positive impact in my life during the years were Ms. Richter, my Upward Bound counselor, and my English teacher Ms. Breidenbach. These two individuals inspired me to be better and do better. Most importantly, I am blessed to have a supporting mother who always motivated me and never doubted me. I am who I am because of her.

My hobbies are singing, reading, and cooking. College has always been a dream of mine not only because I am a first generation college student but because I've always strived to be successful and continue my studies. I am going to be attending LCCC this Fall and plan on continuing my academic journey at Kutztown University in 2 years. The reason I chose both colleges is because I like the opportunities they give their students and I feel that I will gain the most out of these institutions. I will be majoring in Criminal Justice; I find the criminal justice system so fascinating and I cannot see myself doing anything else. My goal is to become a defense attorney.

For all upcoming graduates, always remember to encourage others and stick up for yourselves. High School seems so big to us but it's such a small chapter in our lives because after high school we have so many things to experience. When you feel discouraged remember to make your life a masterpiece and imagine no limitations on what you can be, what you can have, and what you can do.



Karla Gonzalez, UB Graduate



UB Extras

Let's Stay Sharp!

Brainteasers to Stretch Your Brain

1. What can be seen once in a minute, twice in a moment, and never in a thousand years?
2. What travels around the world staying in the same corner?
3. I have no doors but I have keys, I have no rooms but I do have a space, you can enter but you can never leave. What am I?
4. What word begins and ends with an E but only has one letter?
5. What is so delicate that saying its name breaks it?

(Drop by the UB office to see if you came up with the right answers!)

Success Tip

- Be mindful of your time.
- Set short-term and long-term goals
- Be active outside the classroom
- Take care of yourself
- Find your passion
- Earn leadership roles
- Use all your resources and seek support



Celebrating Birthdays! May-July

UB wishes a very happy birthday to all students who have celebrated a birthday this school year!

May

Princess Rodriguez — 5/01
Alexandra Cintron Perez — 5/03
Raiza Cardona — 5/05
Alondra Rivera Neris — 5/07
Jasmine Bermudez — 5/15
Paola Jimenez — 5/20
Karimah Mcknight — 5/29
Jose Medina Ferrer — 5/31

June

Princess Santana — 6/14
Valerie Colon — 6/18

July

Celine Espinoza — 7/07
Nicholas Gabriel — 7/07
Ciera Cauthen — 7/09
Shadirah Anderson — 7/13
Tianna Williams — 7/13
Jamaris Salinas — 7/15
Ajhani Esbrand — 7/25
Eric Fernandez Carpio — 7/31

Important Testing Dates

SAT:

Date	Registration Deadline
10/5/19	9/6/19
11/2/19	10/3/19
12/7/19	11/8/19

ACT:

Date	Registration Deadline
9/14/19	8/16/19
10/26/19	9/20/19
12/14/19	11/8/19



Math—For the FUN of it!

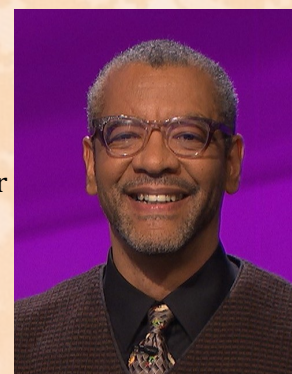
We did have fun in math this summer, didn't we? You can admit it, it's okay!

While some of those dreaded story problems (puzzles?) seemed impossible, we unlocked strategies (kind of like cheat codes) that gained us entry, and helped us make sense of the words to create some cool equations. And when some of those other complicated equations (quadratics? anyone?) looked unintelligible, by exploring their graphs, we saw how a picture really is worth a thousand words, even in math! Even taking practice SAT sections was more interesting because without the pressure being on, we could focus on new tactics to be successful.

If we approached math during the school year the way we approached it during our summer at Upward Bound - exploring without fear of failure, trying multiple strategies and then looking at what worked and didn't work and why, and talking about our thinking - what difference could that make in our classrooms and in our own math achievement? There really shouldn't be a difference between summer math and school year math at all!

Sure there's homework - just additional opportunities to try out new strategies - and grades - just additional feedback to make sure we're on the right track - but the math is still the math! Created by human curiosity and the desire to understand the world (and the universe) around us, doing math is like visiting a playground for minds. And just as on a physical playground, we and our friends try to swing and climb higher and move faster and throw farther, if we "play" math the same way, we will naturally push ourselves and our classmates to new levels of achievement.

So remember to keep the fun in FUNctions this school year. Make all the necessary mistakes that make learning more meaningful, give and get help when needed, and enjoy your time in math class!



Mr. Chris Temprow
WAHS & UB Teacher

Saturday Sessions!

- ♦ **October 5th**
- ♦ **November 9th**
- ♦ **December 14th**



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Visit us on the web: <https://www.kutztown.edu/about-ku/administrative-offices/academic-enrichment/upward-bound.htm>